

September's
Blue Skies:

A Fleeting Pause Amidst

Persistent Air Quality Concerns?

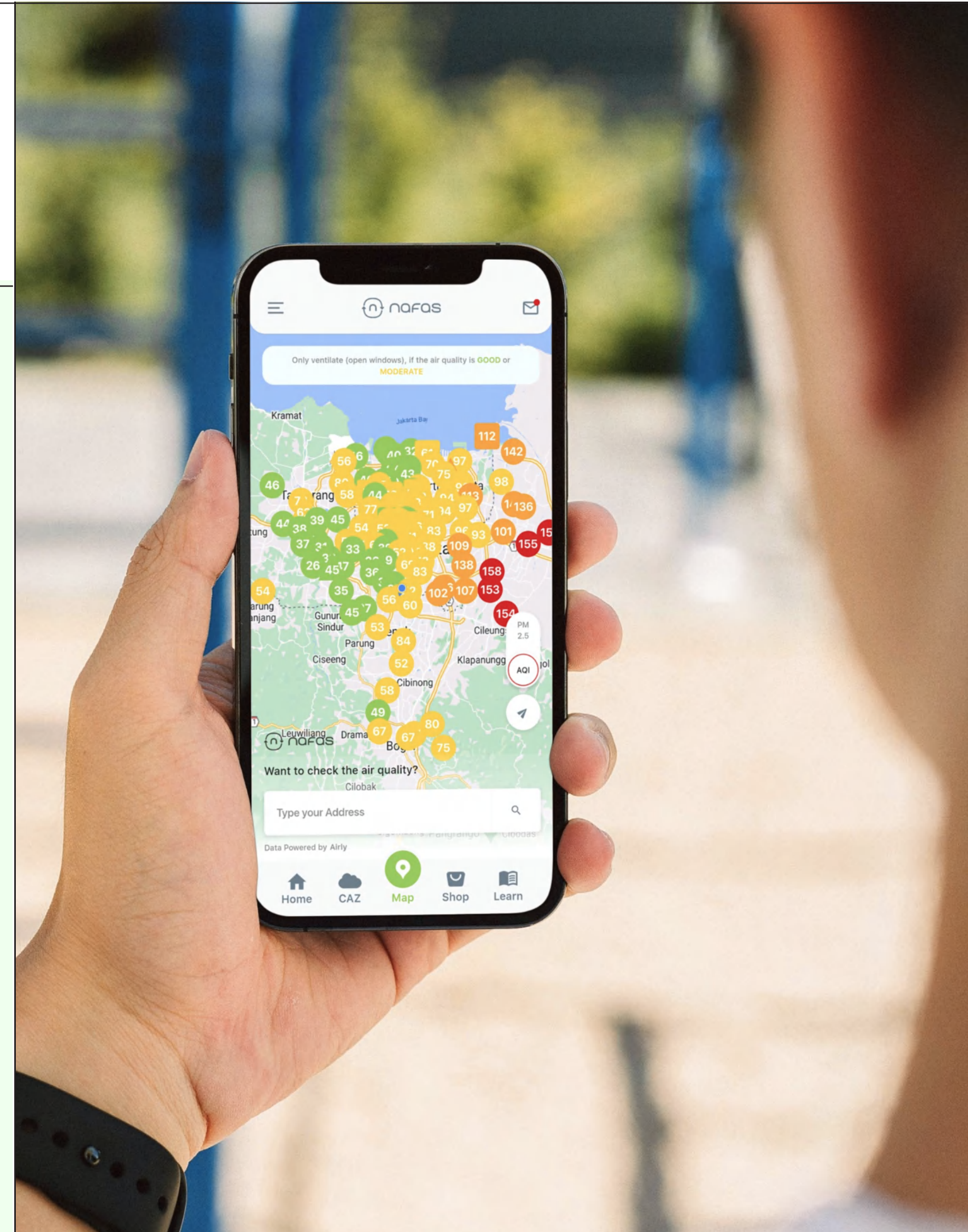
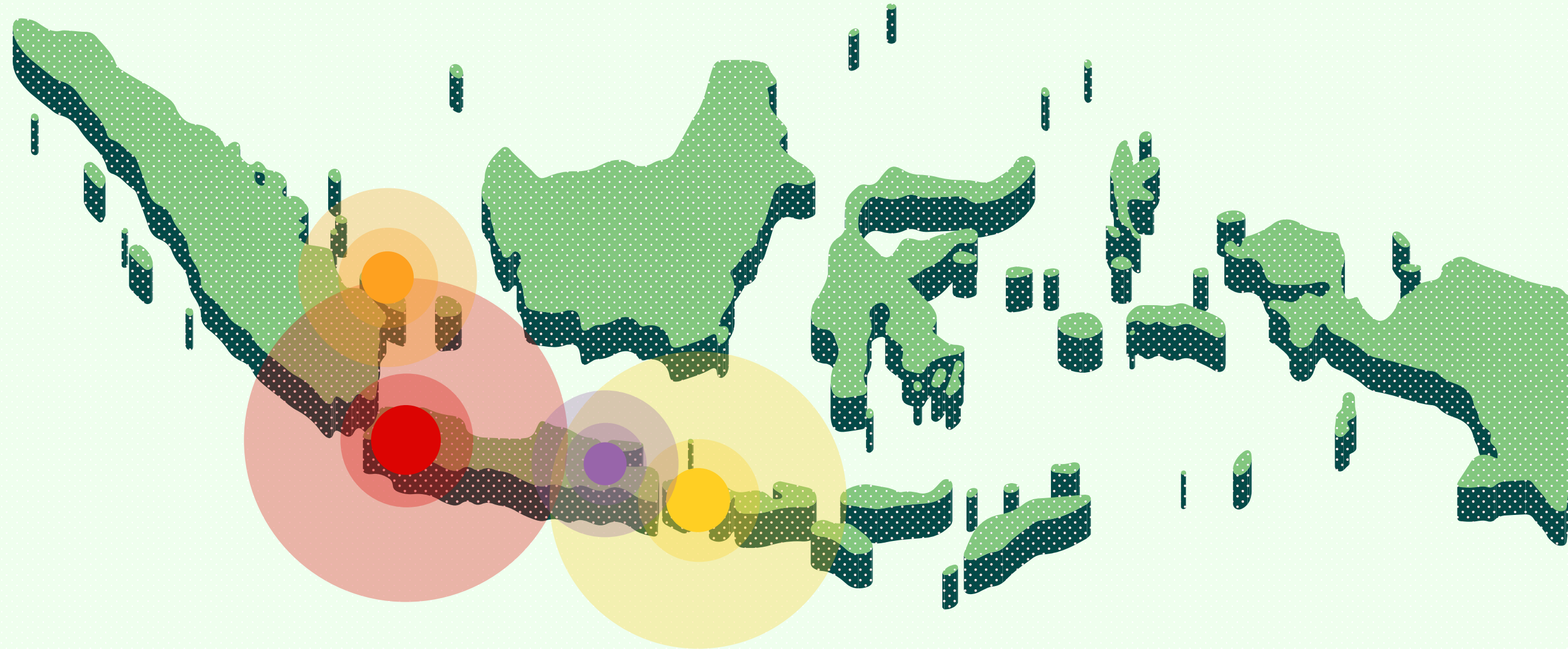
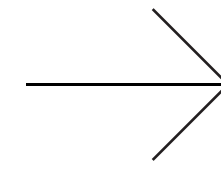
An abstract graphic on the left side of the page. It features a horizontal line across the middle. Three vertical lines extend upwards from the horizontal line. The leftmost vertical line has a green dot at its top. The middle vertical line has a black dot at its top. The rightmost vertical line has a green dot at its top. The background is white.

01

**nafas &
air quality**

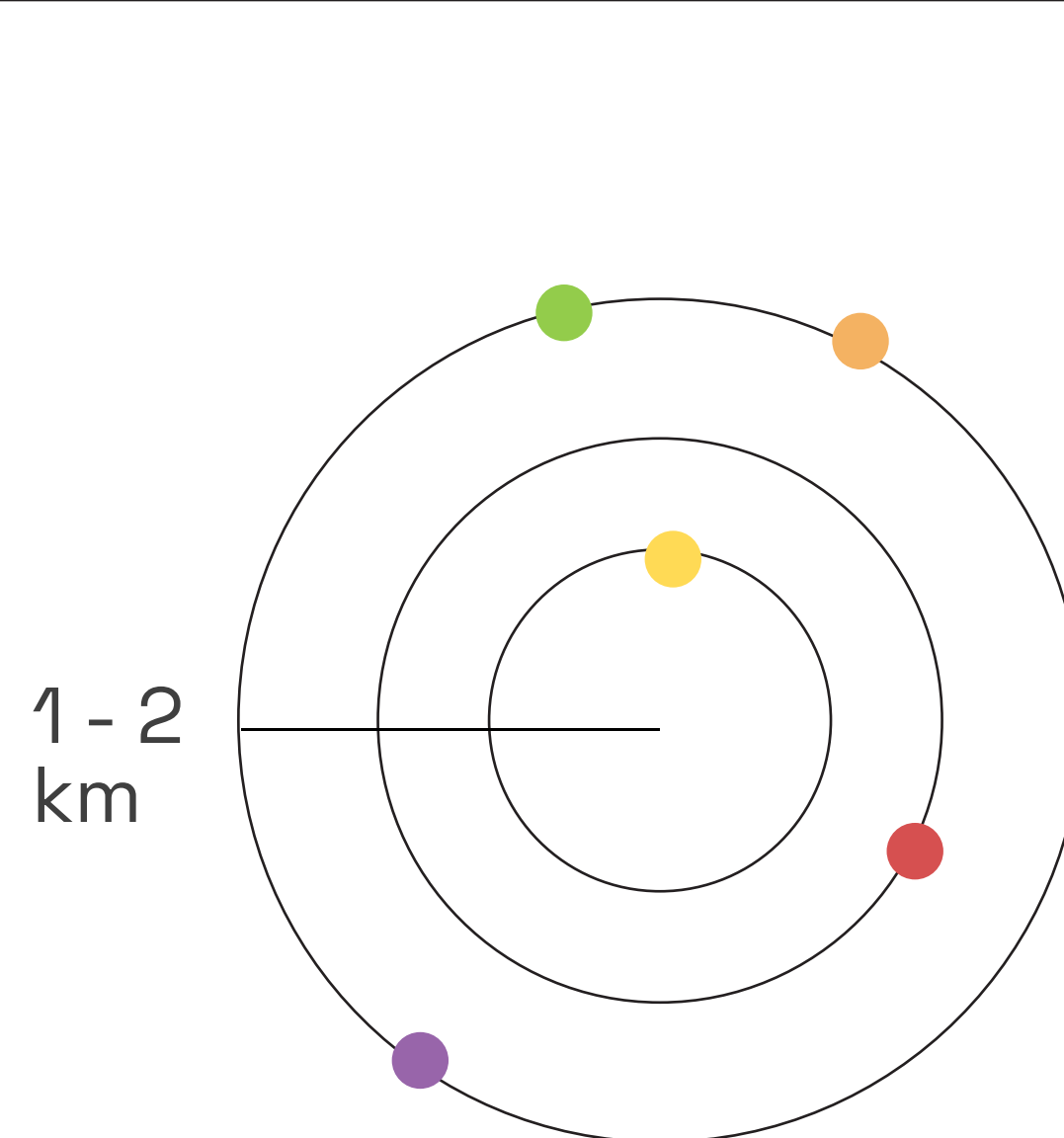
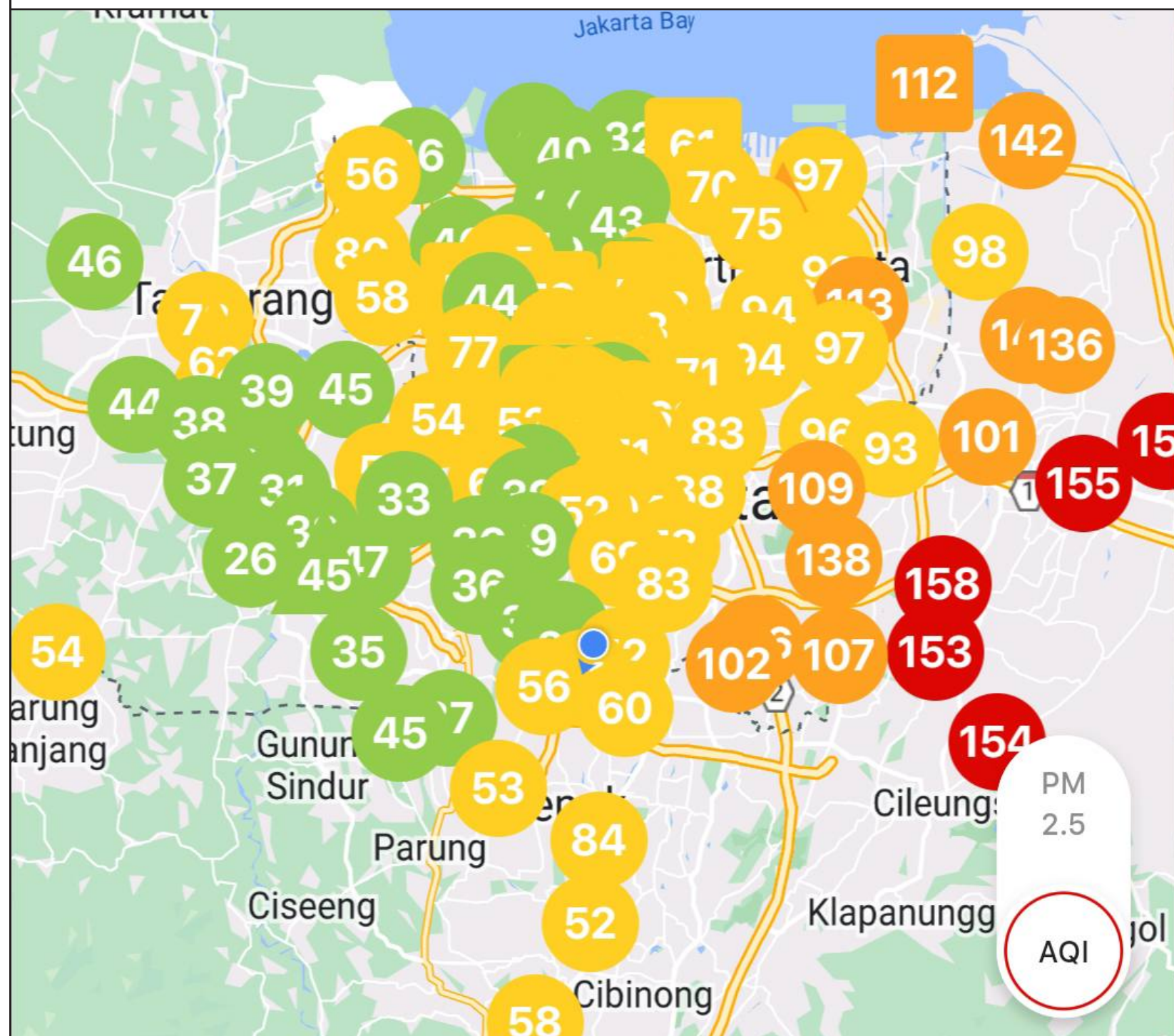
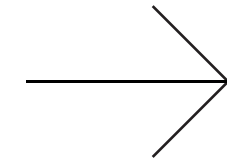
What is nafas?

Nafas is an air quality health and wellness company, developing technologies to help urban citizen breathe healthier air



How does nafas the obtain air quality data?

Nafas obtains air quality data from low-cost sensors installed at over 180 locations on the ground. These sensors represent the air quality conditions within a radius of 1-2 km from each point. The data is received in real-time and can be accessed through the Nafas app.

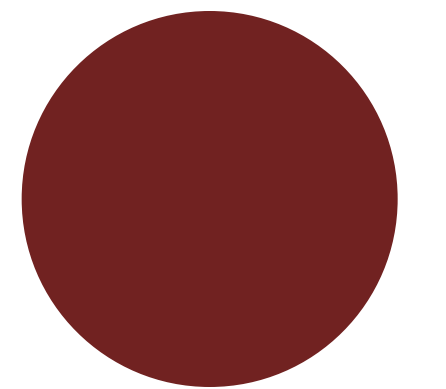
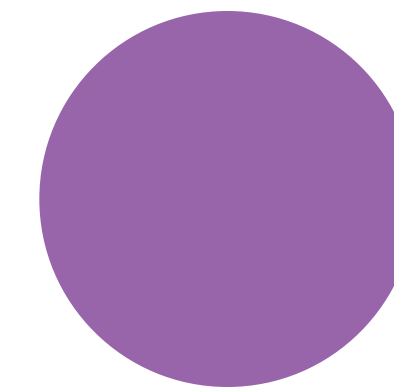
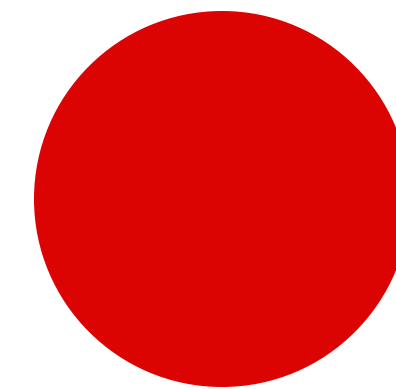
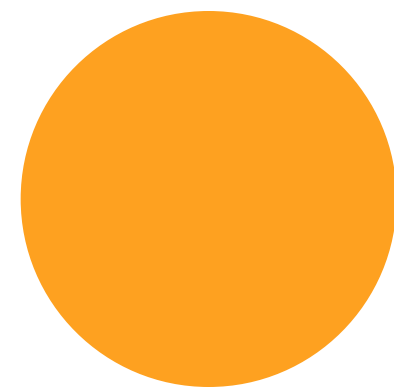
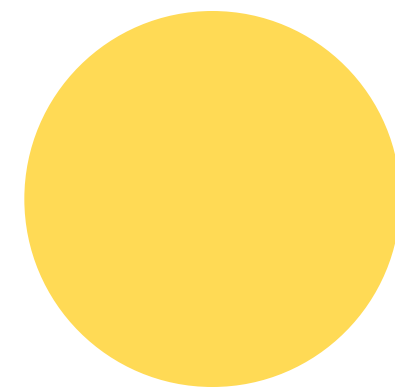
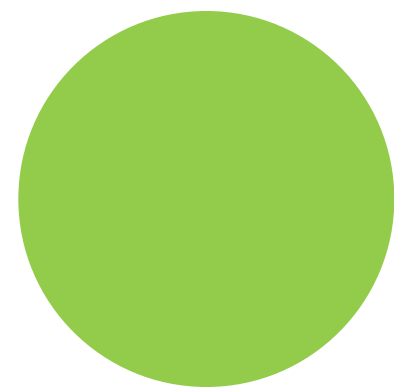


How does nafas interpret the air quality data?

Nafas interprets air quality data using PM2.5 as the primary parameter, following the guidelines set by the US EPA. The results are measured in the unit $\mu\text{g}/\text{m}^3$.

AIR QUALITY INDEX

The Air Quality Index, developed by the US EPA, provides a color-coded system to help us easily understand the quality of the air we breathe.



Baik

Moderat

Tidak Sehat
untuk Kelompok Sensitif

Tidak Sehat

Sangat Tidak Sehat

Beracun

0 - 12

12.1 - 35.4

35.5 - 55.4

55.5 - 150.4

150.5 - 250.4

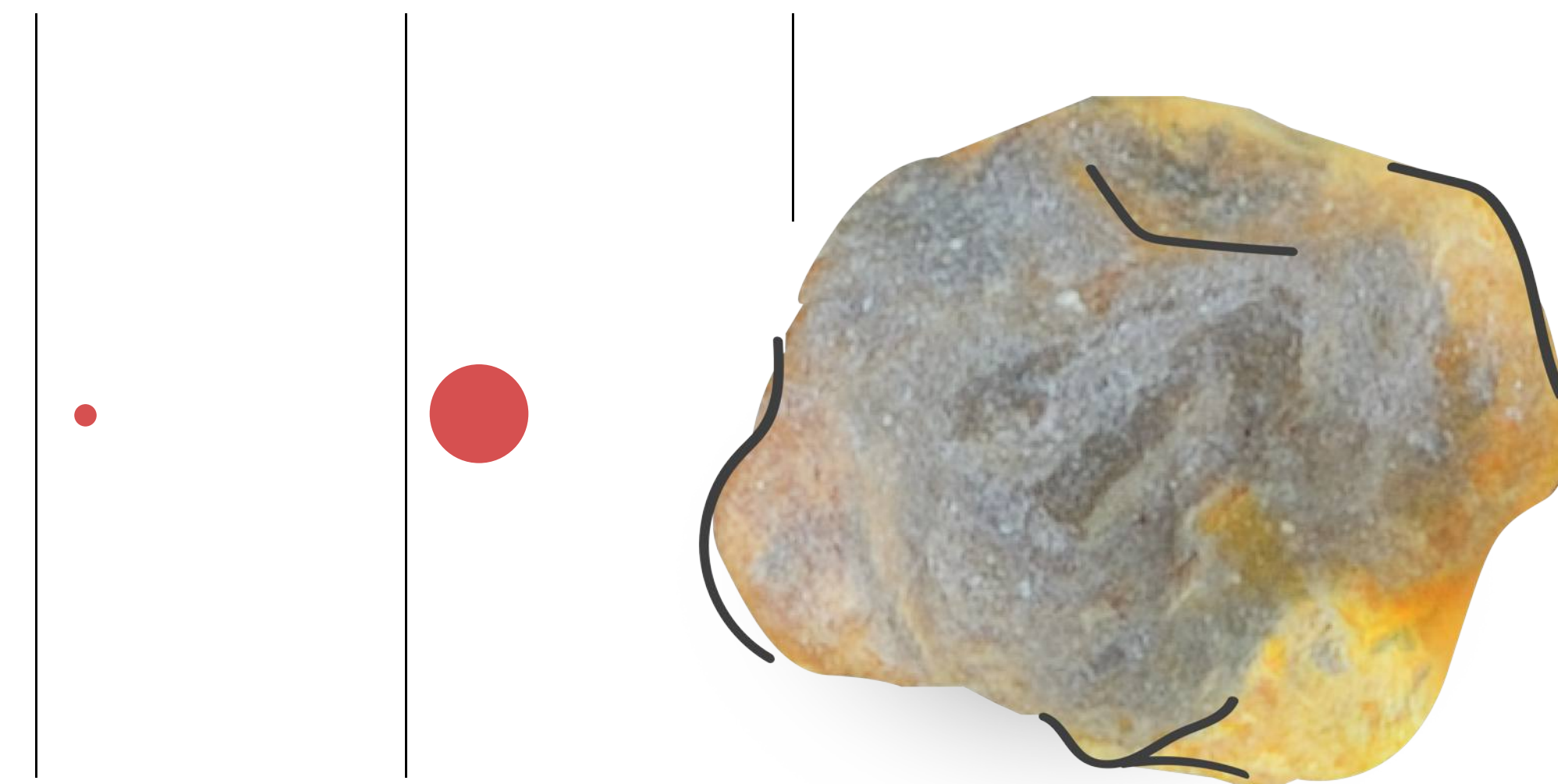
>250.4

What is PM2.5?

PM2.5 refers to air pollution particulate matter with a diameter of less than 2.5 micrometers. This size is about 36 times smaller than the diameter of a grain of sand.

Diameter dalam Satuan Mikrometer

| | | |
|-------------------|------------------|----------------------|
| <2,5 μm | <10 μm | ~90 μm |
| PM2.5 | PM10 | Sebutir Pasir Pantai |

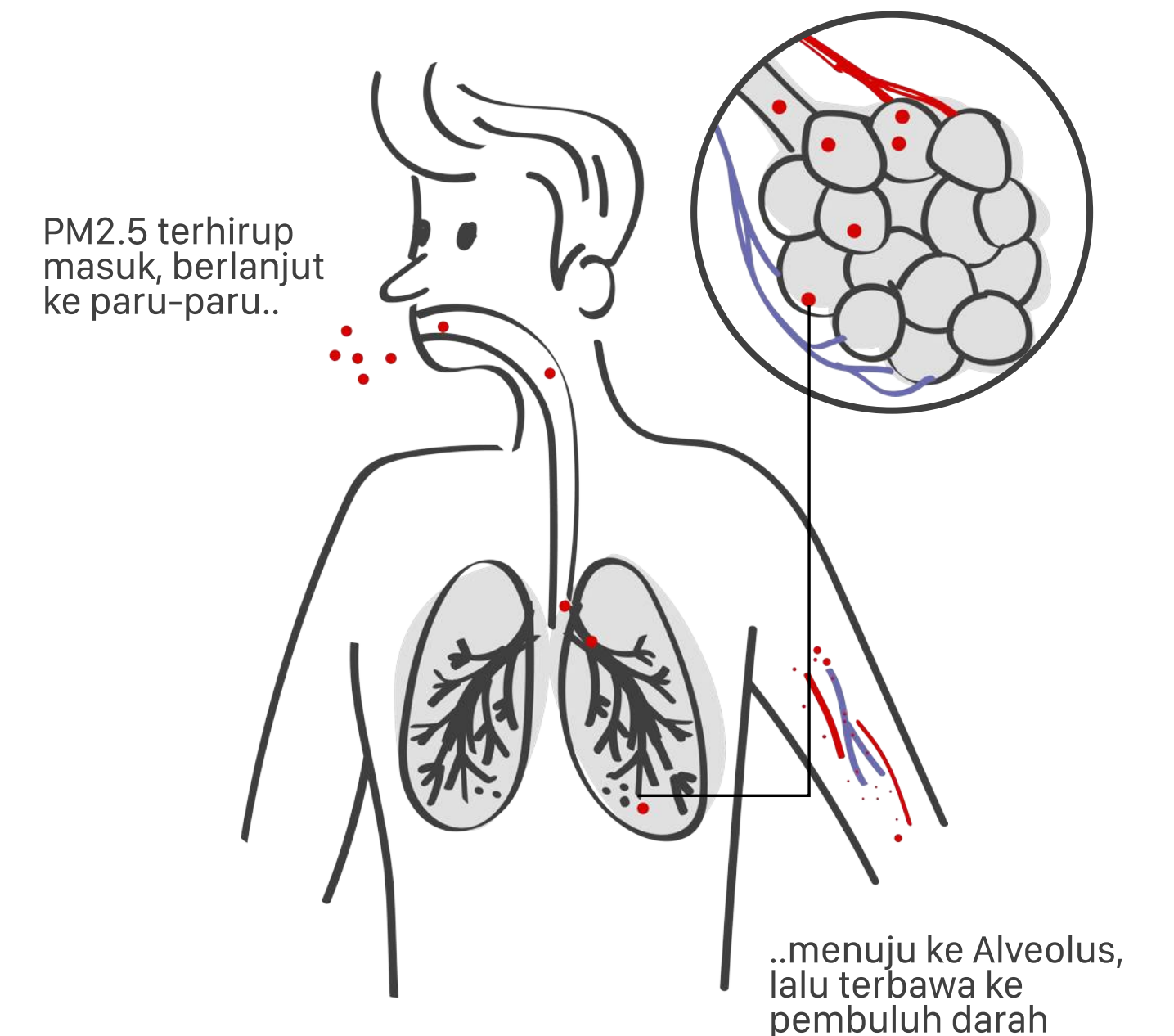


Partikel pembakaran
Senyawa organik
Logam

Debu
Serbuk sari
Jamur

WHY IS PM2.5 HAZARDOUS TO US?

Due to its microscopic size, PM2.5 particles cannot be effectively filtered by our body. Inhaling PM2.5 can lead to serious health issues, including **premature birth, asthma exacerbation, coughing, respiratory distress, coronary heart disease, diabetes, and even lung cancer.**



Sources of Air Pollution

A significant portion of air pollution results from human activities. What are these activities that emit pollutants?

How we mobile



How we produce



How we generate power



How we manage our waste



The nature can also be one of the sources



Properties of Air quality

HYPERLOCAL



Air pollution can change rapidly, increasing when there are pollution sources in the vicinity and the atmospheric conditions are conducive to the buildup of pollutants.

TRANSBOUNDARY



Wind can transport pollutants from their source, carrying them from one area to another, often crossing regional or national boundaries.

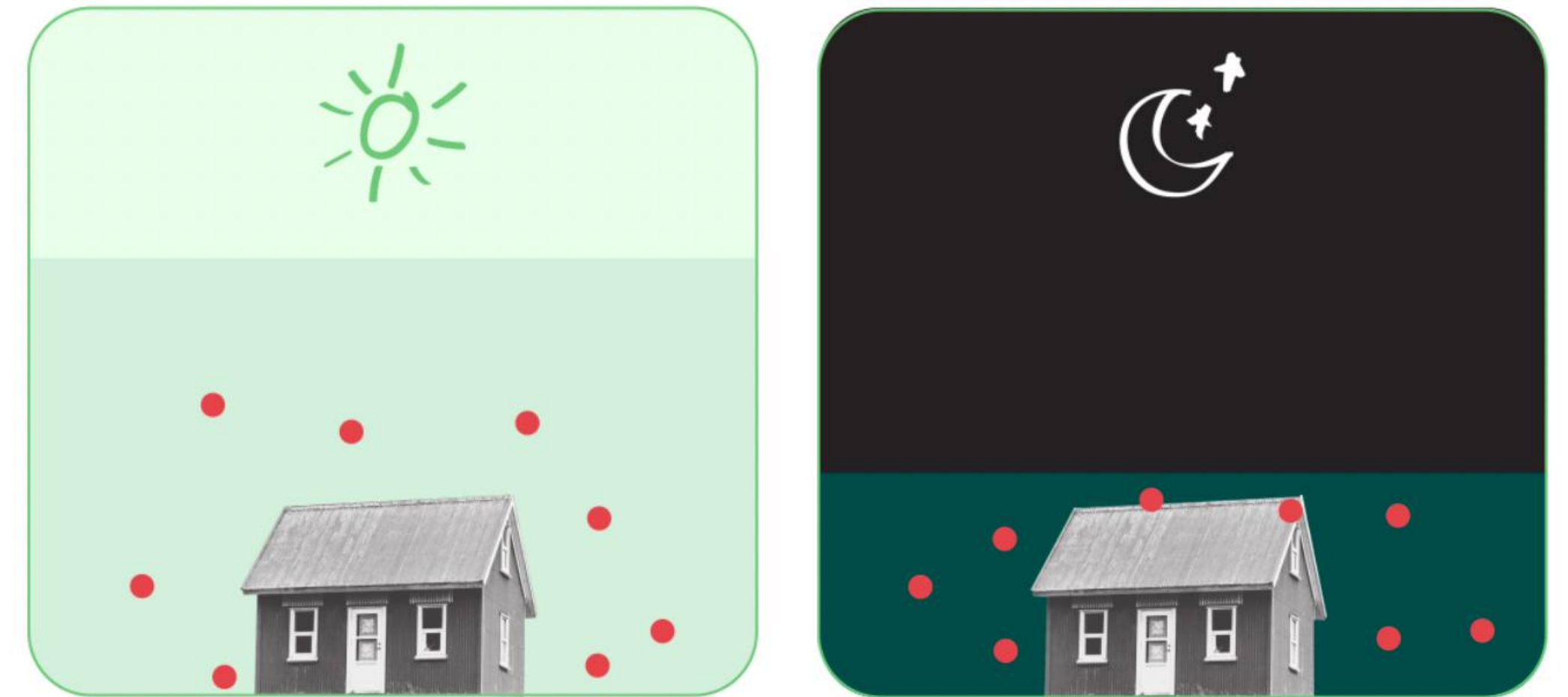
The Influence of Atmospheric Conditions on Air Quality

WIND AND RAIN



The direction and speed of the wind, coupled with rainfall, can either enhance air quality by dispersing pollutants or contribute to the decline of air quality by accumulating them.

PLANETARY BOUNDARY LAYER



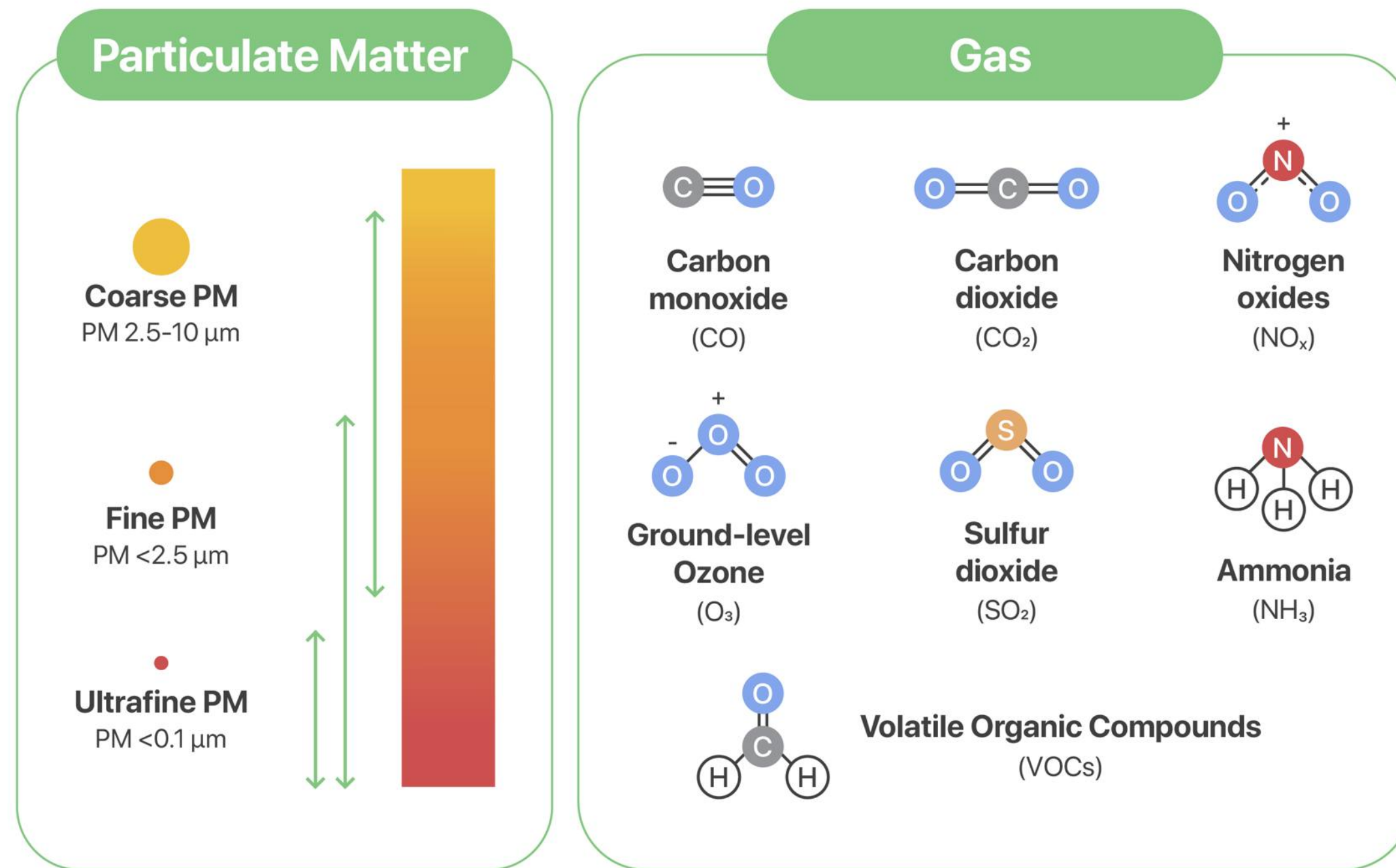
The Planetary Boundary Layer is an atmospheric layer that extends from the Earth's surface up to 800 meters.

The conditions within this layer vary between morning and night. As the sun sets, the layer's altitude decreases. This reduction causes a higher concentration of pollutants due to the accumulation and limited vertical dispersion.

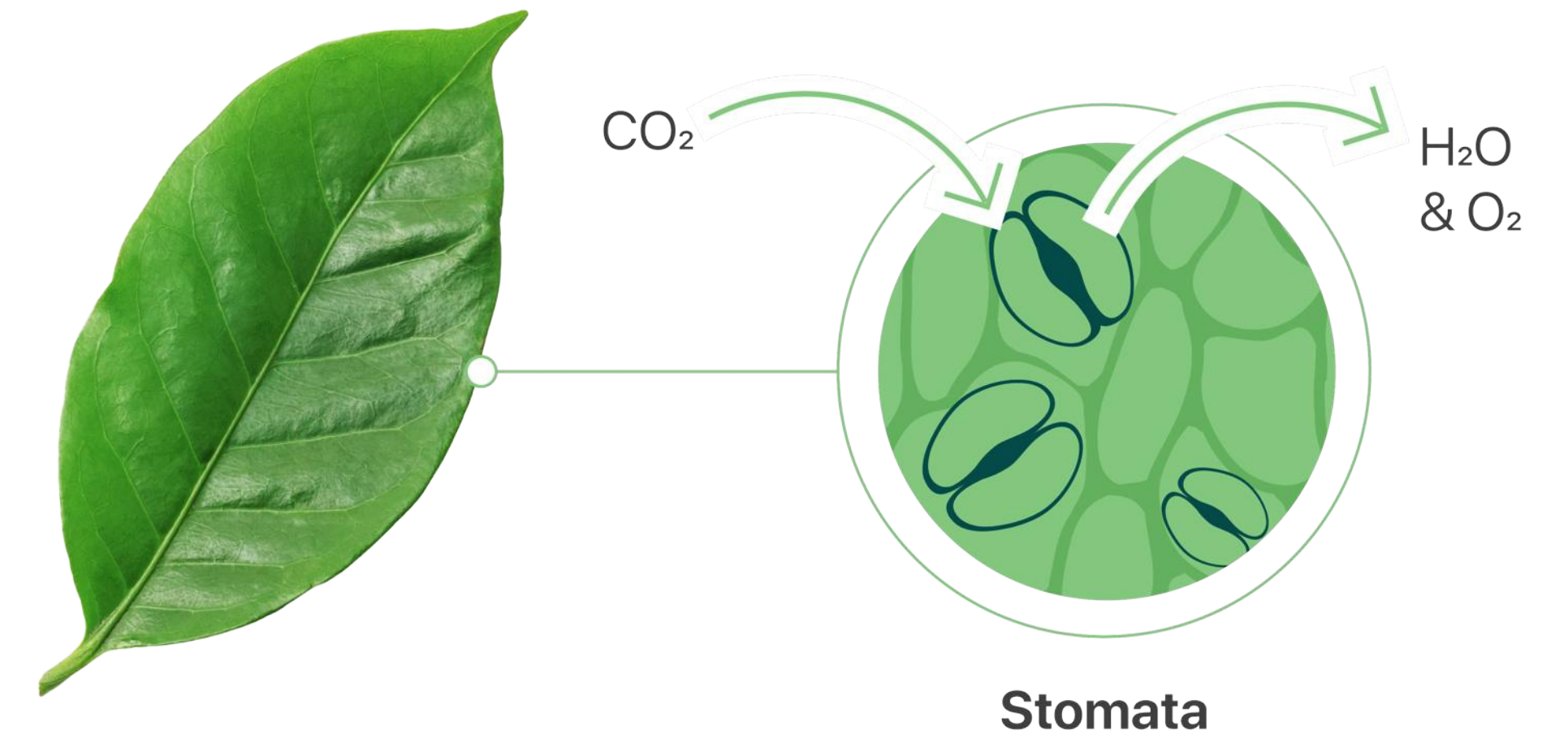
Why 'Greening' Isn't Sufficient to Combat Air Pollution

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Air pollution exists in two primary forms: particulate and gaseous.



Plants and trees can only absorb the gaseous form of pollutants.



However, when these plants take in excessive amounts of certain gaseous pollutants, such as SO₂, NO_x, and CO, **they can weaken over time**. This is because they are not inherently equipped to handle such a 'burden.'

IMPORTANT TO NOTE

Deposition

Deposition is the process where a substance transitions from a gas phase directly to a solid phase without passing through a liquid phase. This mechanism enables plants to 'trap' particulate pollutants, like PM_{2.5}.

Why 'Greening' Isn't Sufficient to Combat Air Pollution

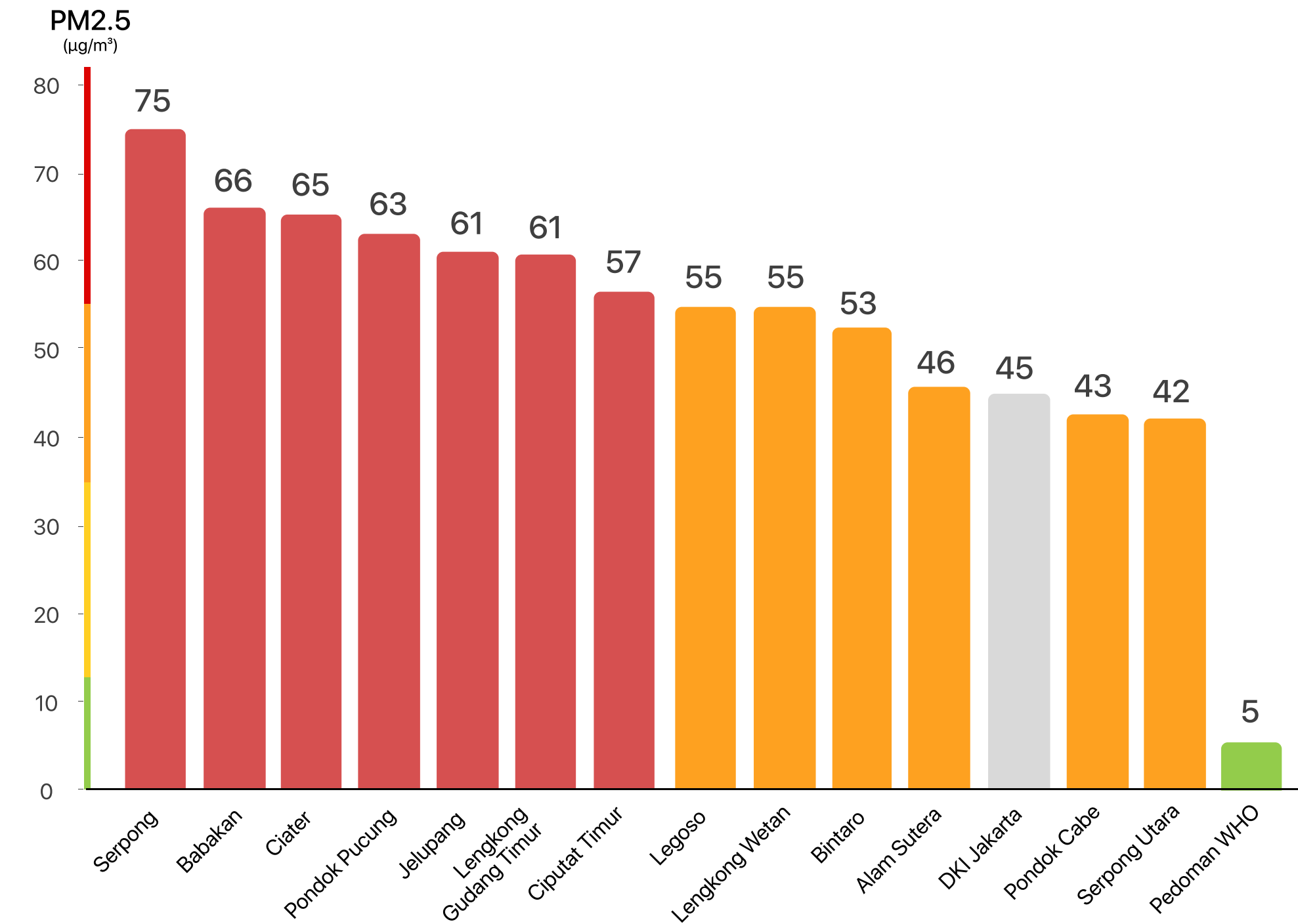
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A study from the US EPA indicates that trees remove only about 0.24% of PM2.5 from the air.

Satellite imagery shows an abundance of green areas in South Tangerang, particularly on the west side.

However, according to the Nafas monthly report from May 2023, despite South Tangerang being synonymous with 'green' residential areas, pollution levels remain high.

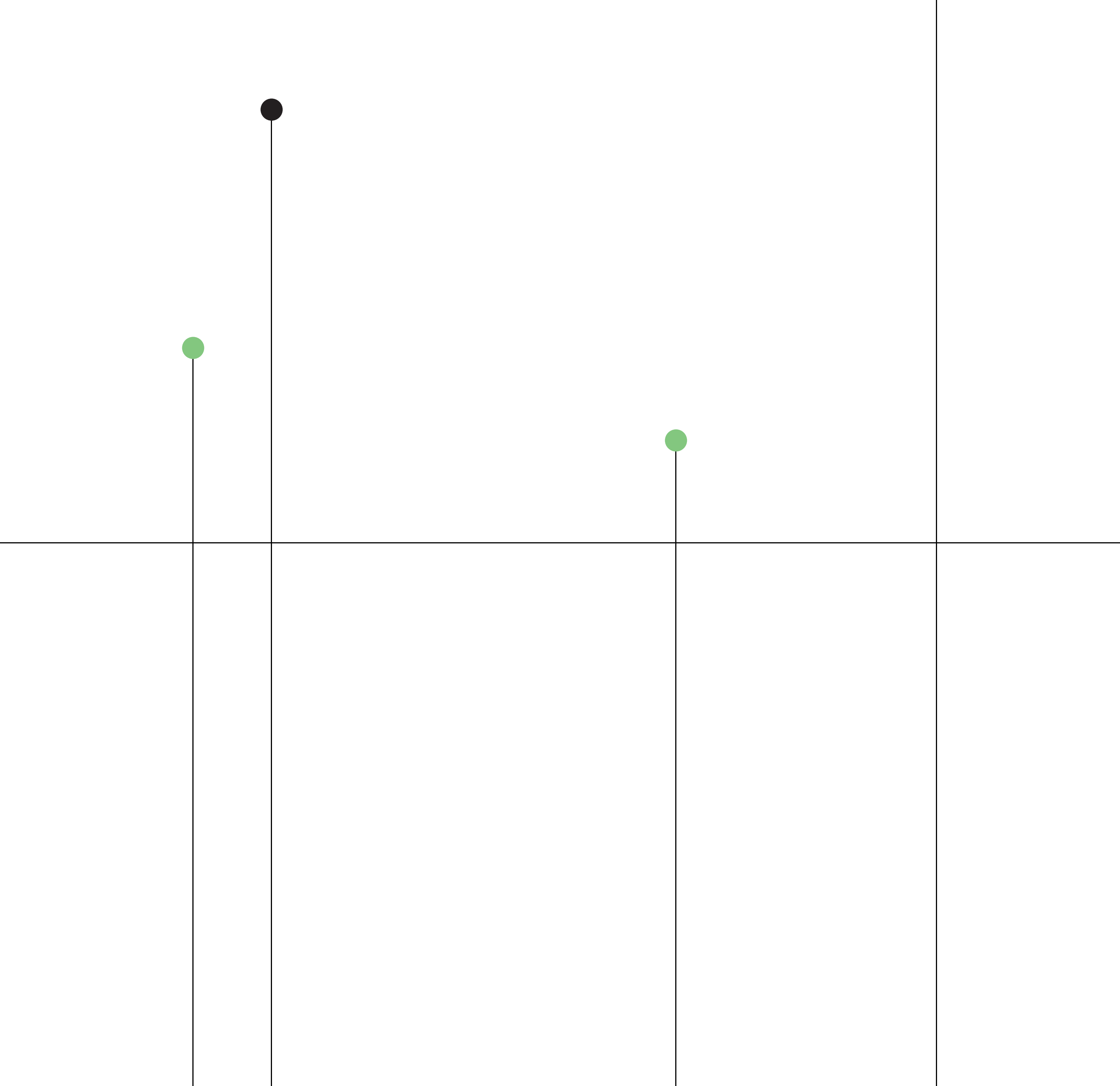
Sumber: fs.usda.gov



● Baik ● Moderat ● Tidak Sehat Bagi Kelompok Sensitif ● Tidak Sehat ● Sangat Tidak Sehat

What is the conclusion?

SIMPLY GREENING AN AREA IS NOT AN EFFECTIVE SOLUTION TO THE AIR POLLUTION PROBLEM.



Thousands of studies have conclusively demonstrated that prolonged exposure to air pollution can adversely affect the physical and cognitive development of children.

Health Impacts of Air Pollution

SHORT-TERM EFFECT

Brain

ADHD (From infancy to childhood)

Respiratory

Influenza, Rhinitis

Heart

Heart attack, arrhythmia

Lung

Asthma, Bronchiolitis

Skin

Atopic dermatitis (eczema), acne, early aging

LONG-TERM EFFECT

Brain

Alzheimer, Parkinson's, stroke, cognitive degradation

Lung

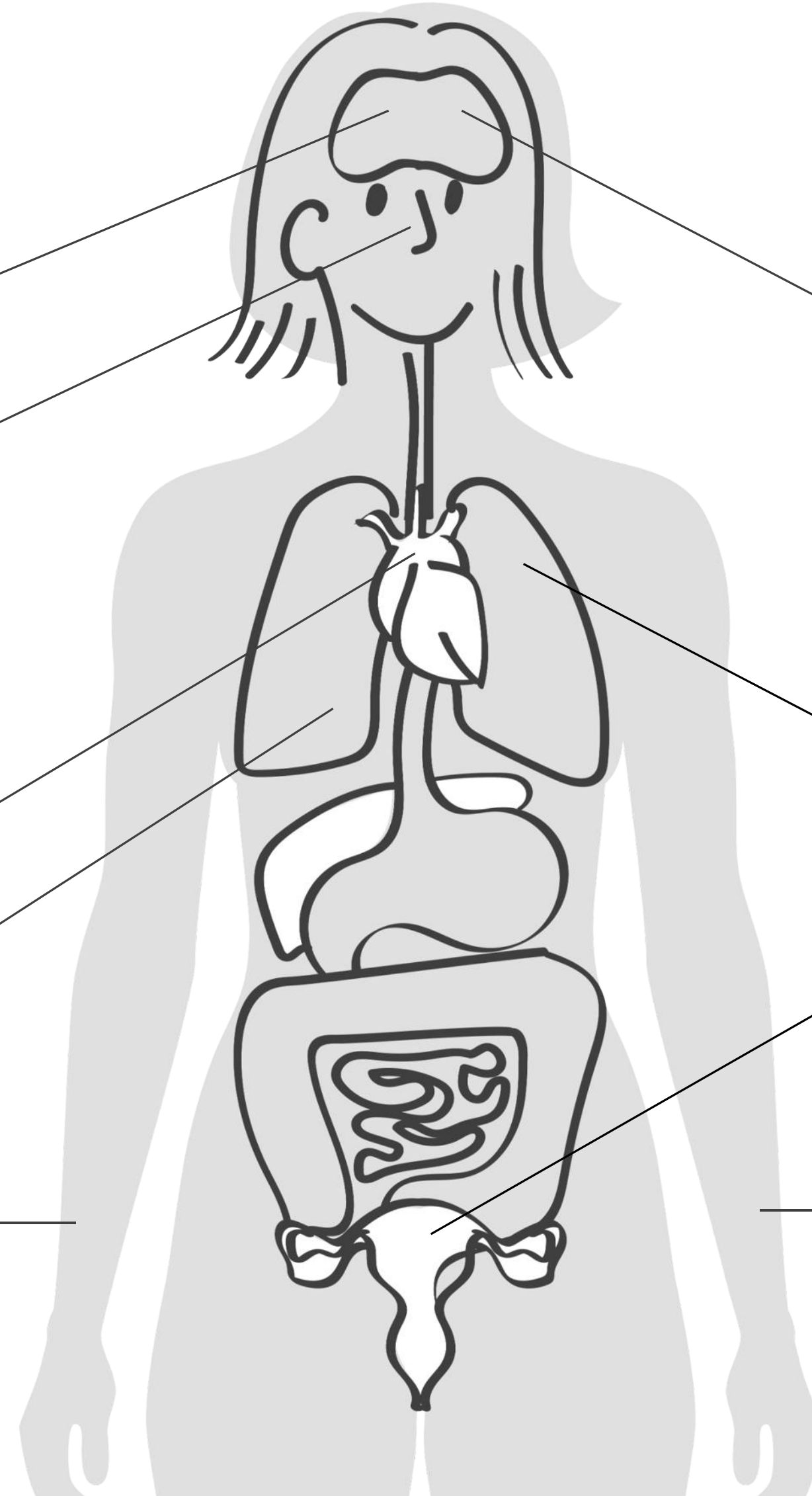
Pneumonia, lung cancer, asthma

Ovary

Premature birth

Whole Body

Blood blockage



Sumber: Dikumpulkan dari berbagai jurnal penelitian.

*Konten ini bertujuan untuk edukasi. Kami sarankan untuk berkonsultasi langsung dengan dokter jika merasakan satu atau lebih dari gejala penyakit-penyakit berikut.

ADHD, influenza, and heightened asthma attacks are just three of the numerous adverse effects of PM2.5 on Children



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16 $\mu\text{g}/\text{m}^3$

Increased risk of ADHD

Children exposed to PM2.5 concentrations of $16 \mu\text{g}/\text{m}^3$ during their first three years have heightened risk potentials. This risk escalates further when PM2.5 levels surpass $50 \mu\text{g}/\text{m}^3$.

Source

15%

Increased risk of influenza

There's a 15% higher risk with every exposure to PM2.5 levels exceeding $10 \mu\text{g}/\text{m}^3$ over a span of 6 days.

Source

3.6%

Increased risk of asthma attack

There's a 3.6% increased risk for every $10 \mu\text{g}/\text{m}^3$ rise in PM2.5 exposure.

Source

Glosarium

a

ATMOSPHERE

A layer of gases that envelops our Earth. We reside in the lowermost layer of the atmosphere, known as the troposphere, which extends from the Earth's surface up to about 12 km.

b

ANNUAL THRESHOLD LIMIT VALUE

This is an air quality standard established by the World Health Organization (WHO). In 2021, the WHO revised the annual threshold limit value, reducing it from $10 \mu\text{g}/\text{m}^3$ to $5 \mu\text{g}/\text{m}^3$. The daily threshold limit value (covering a 24-hour period) is set at $15 \mu\text{g}/\text{m}^3$.

BOUNDARY LAYER

This atmospheric layer extends from the Earth's surface up to 2 km and can vary over time.

g

GROUND-LEVEL AIR POLLUTION

Refers to air pollution that is found very close to the Earth's surface

h

HYPERLOCAL POLLUTION

A phenomenon where air pollution is highly concentrated in a specific, limited area due to the presence of local pollution sources within that vicinity.

p

PM_{2.5}

articles in air pollution that are 2.5 micrometers in size, which is about 36 times smaller than the diameter of a grain of sand.

s

SENSITIVE/VULNERABLE GROUP

This refers to individuals who are particularly susceptible or at a higher risk of being affected by certain conditions. Examples include children, the elderly, individuals with allergies, and those suffering from asthma.

t

TRAPPING LAYER

An atmospheric layer that has the capacity to hold or trap pollutants near the Earth's surface, thereby increasing detectable pollution levels in that area. This is commonly known as the inversion layer.

Nathan
Roestandy

Co-founder &
CEO of nafas

Piotr
Jakubowski

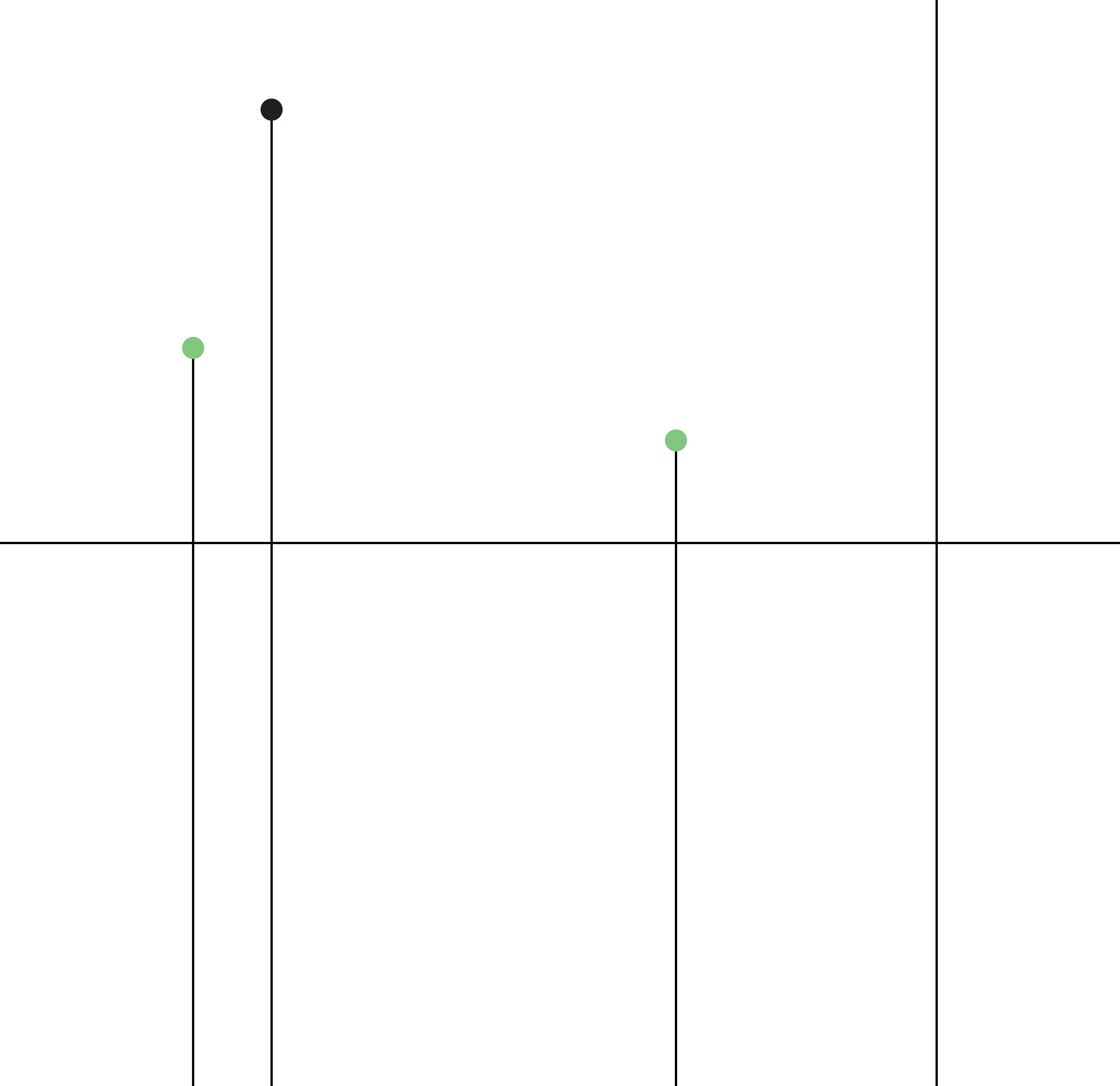
Co-founder &
CGO of nafas



September is undeniably a month buzzing with excitement. With a slew of outdoor events, from music festivals to sporting activities, there's something for everyone. Although the average monthly pollution levels seem to have seen a slight dip compared to the previous month, daily bouts of pollution persist in various areas. This indicates that the overall air quality hasn't seen significant improvement. Stay alert!

02

september
2023
air quality
data

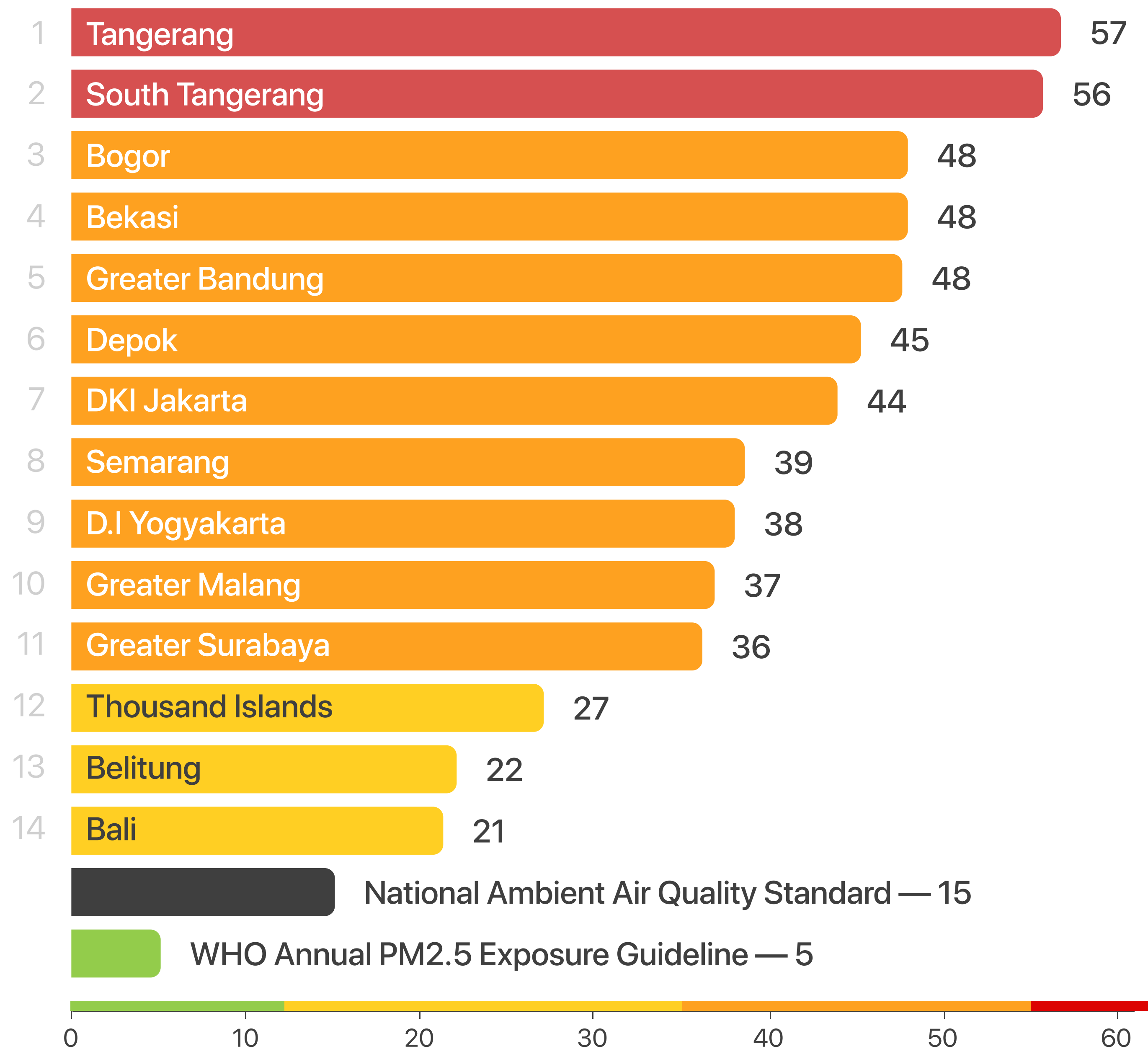




City Rankings

This ranking is determined by the cities with the highest PM2.5 concentration levels in September 2023.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

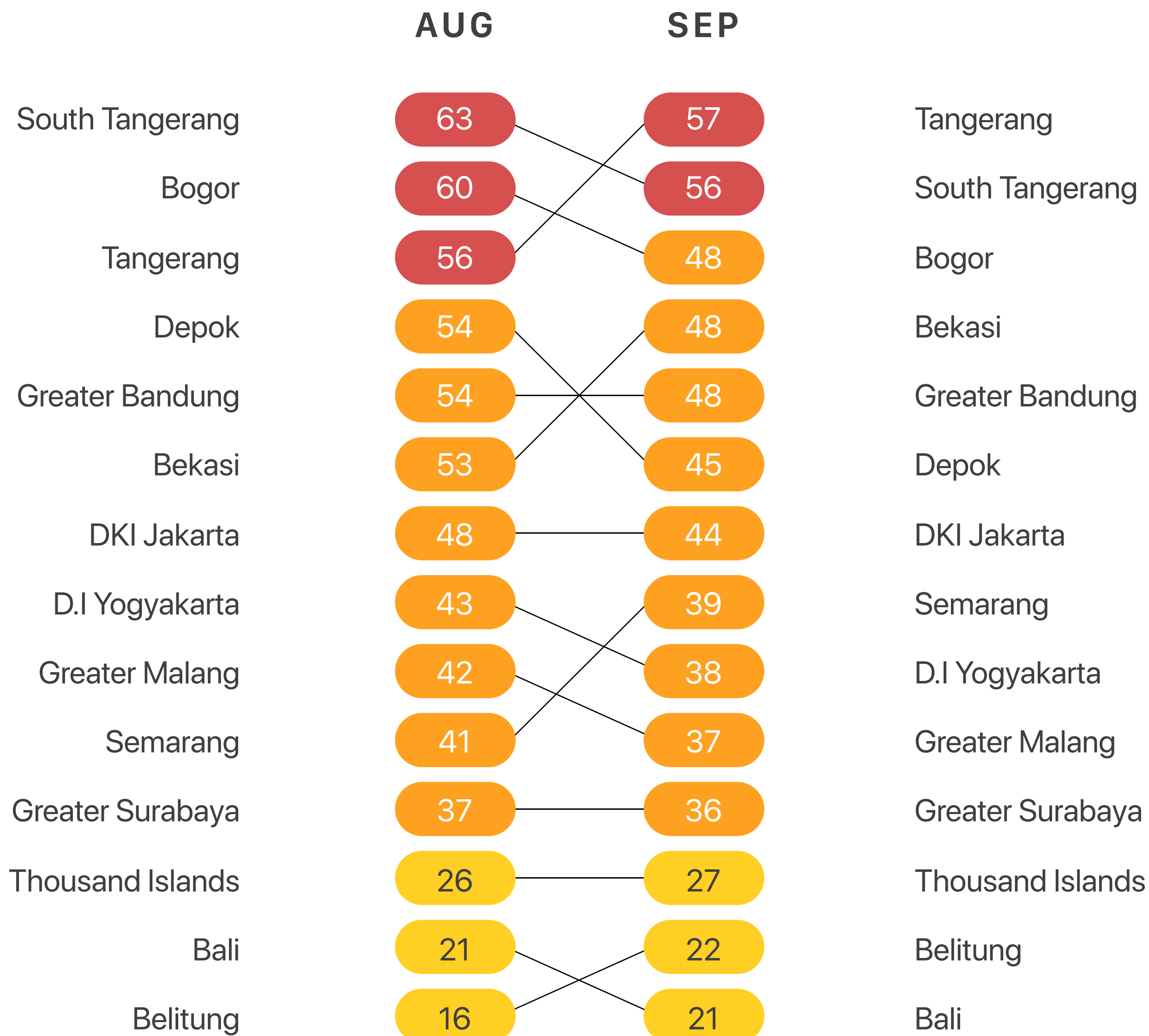




City Rankings

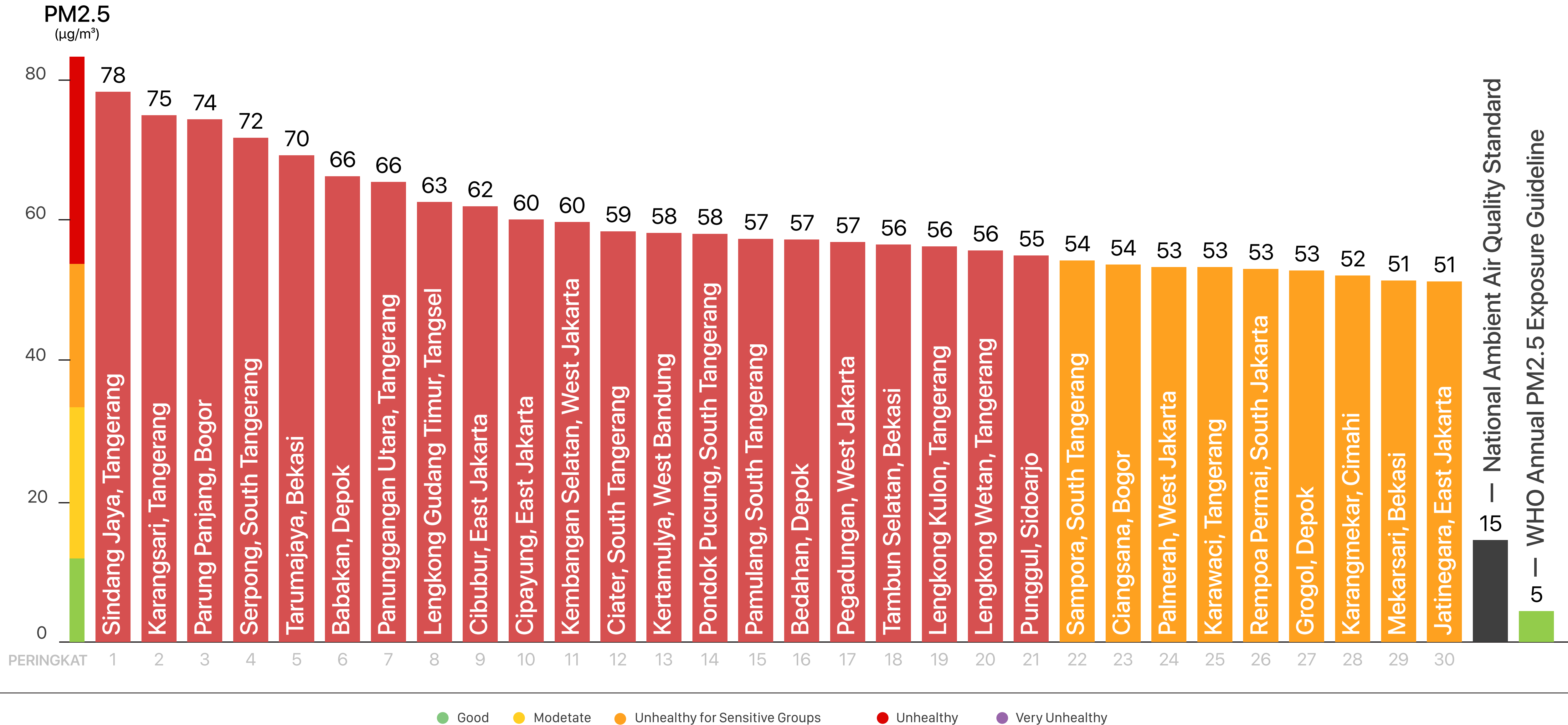
This displays the rankings of cities based on their PM2.5 pollution levels, providing a comparison with the previous month's data.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



- Tangerang
- South Tangerang
- Bogor
- Bekasi
- Greater Bandung
- Depok
- DKI Jakarta
- Semarang
- D.I Yogyakarta
- Greater Malang
- Greater Surabaya
- Thousand Islands
- Belitung
- Bali

30 Most Polluted Locations

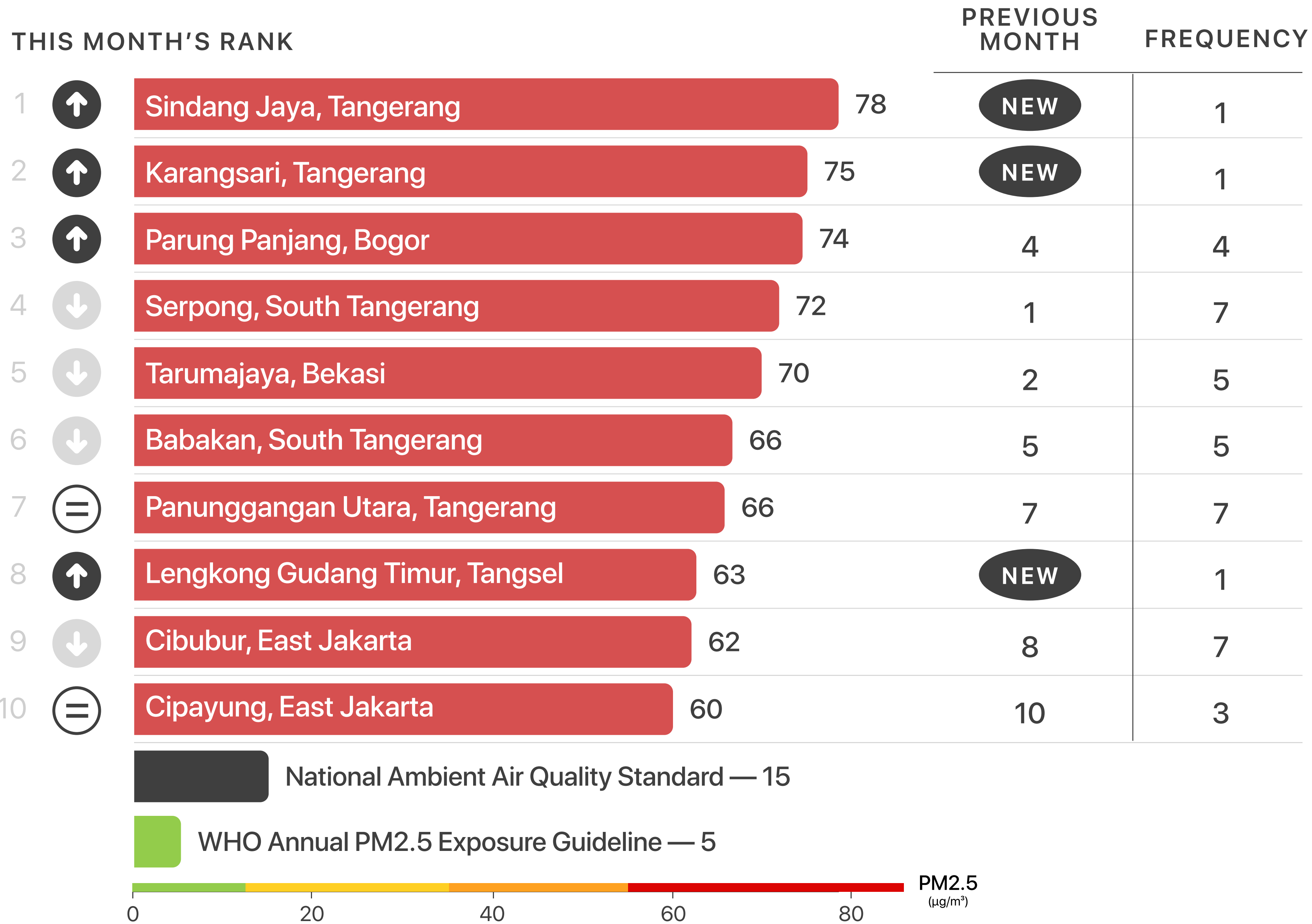




Top 10 Most Polluted Location

This ranking identifies the sensor points with the highest PM2.5 concentrations in September 2023 and compares them with the conditions from the previous month.

- Good
- Moderate
- Unhealthy for Sensitive Groups
- Unhealthy



Cigarettes Equivalence

The equivalence to cigarette smoke is determined by the daily average of PM2.5. A concentration of 22 $\mu\text{g}/\text{m}^3$ is equivalent to the exposure from one cigarette.

*) Measurement methodology is based on berkeleyearth.org



NUMBER OF CIGARETTES



| | | | |
|----|------------------------------------|--|-----|
| 1 | Sindang Jaya (TNG) | | 107 |
| 2 | Karang Sari (TNG) | | 104 |
| 3 | Parung Panjang (BGR) | | 101 |
| 4 | Serpong (TANGSEL) | | 98 |
| 5 | Tarumajaya (BKS) | | 95 |
| 6 | Babakan (TANGSEL) | | 91 |
| 7 | Panunggangan Utara (TNG) | | 89 |
| 8 | Lengkong Gudang Timur (TANGSEL) | | 85 |
| 9 | Cibubur (JAKTIM) | | 85 |
| 10 | Cipayung (JAKTIM) | | 82 |

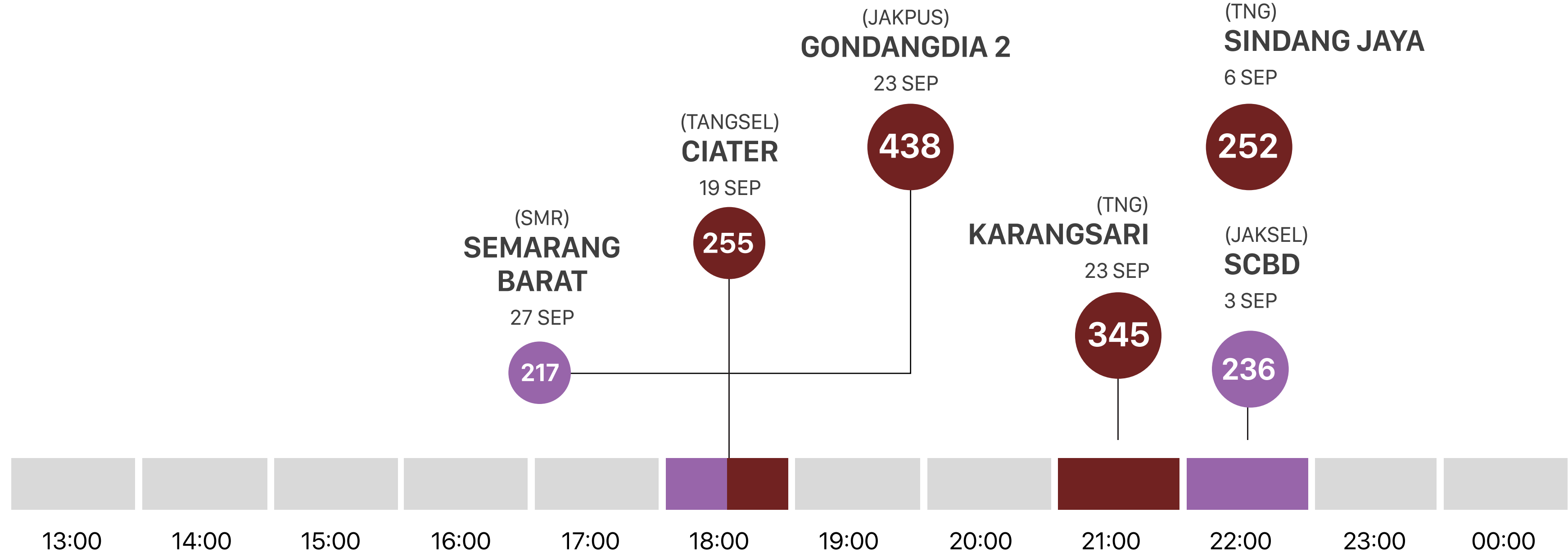
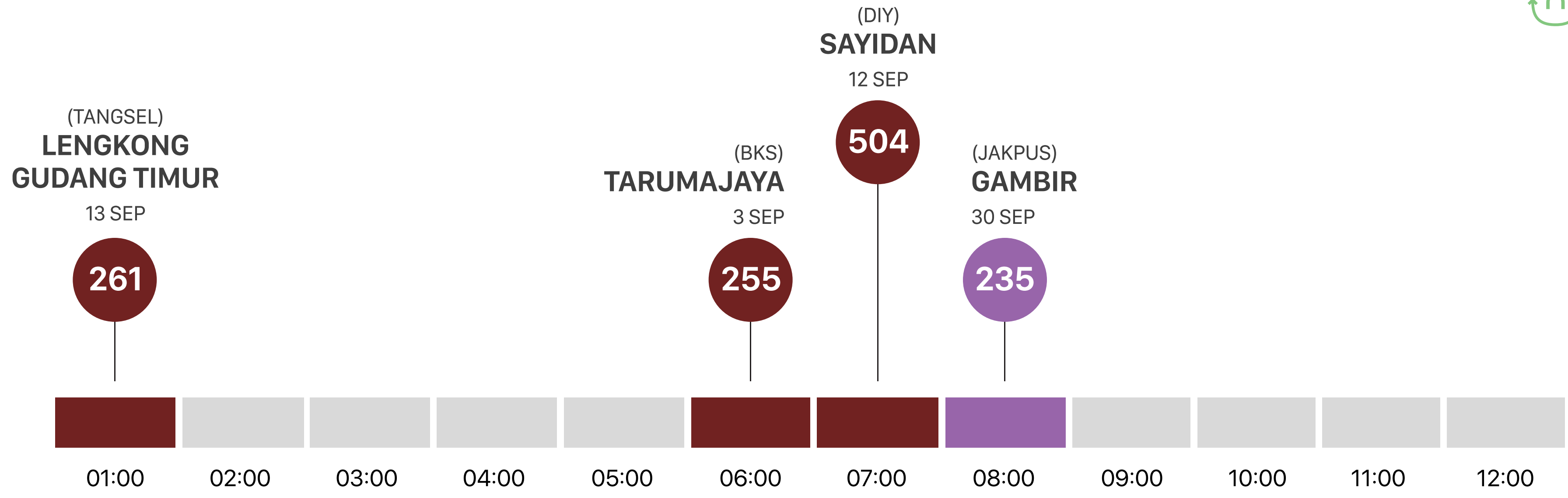


Top 10 Most Polluted Hours

The ranking is based on the time when the worst PM2.5 pollution occurs on September 2023

Should PM2.5 levels reach the "Hazardous" category, do not panic. Stay alert to notifications, such as those related to mosquito fogging activities. However, remember that spikes in PM2.5 levels can result from various factors, not just one. Stay informed and vigilant!

- Good
- Moderate
- Unhealthy for Sensitive Groups
- Unhealthy
- Very Unhealthy
- Hazardous



The increase in PM2.5 levels may caused by anti-mosquito fumigation activities


Nafas Alert





LATEST UPDATE ON THE NAFAS APP

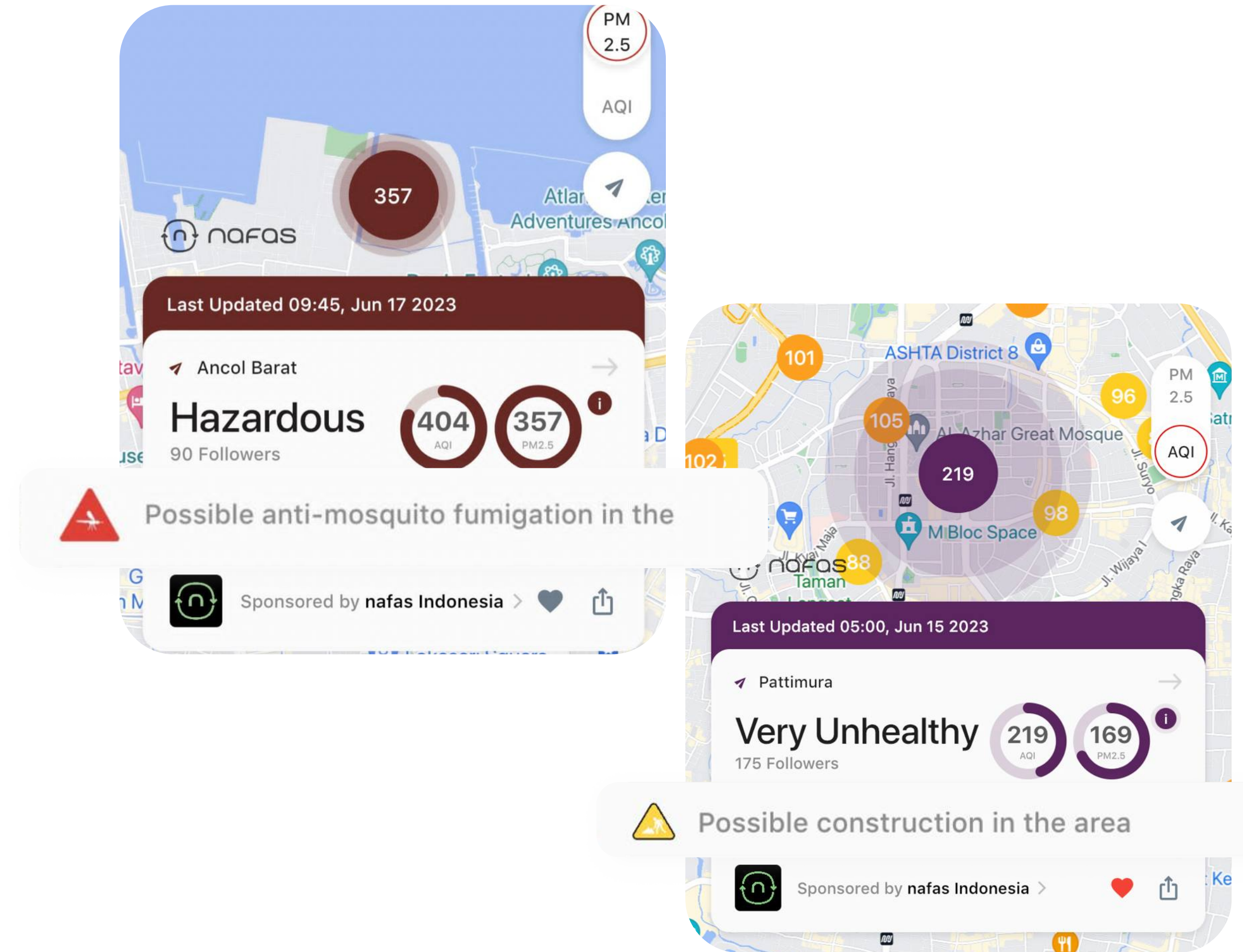
Apart from the **Anti-mosquito Fumigation Alert**, now we have added **Construction Alert** so you can find out why the air quality might dip in certain areas.

WHAT YOU NEED TO KNOW

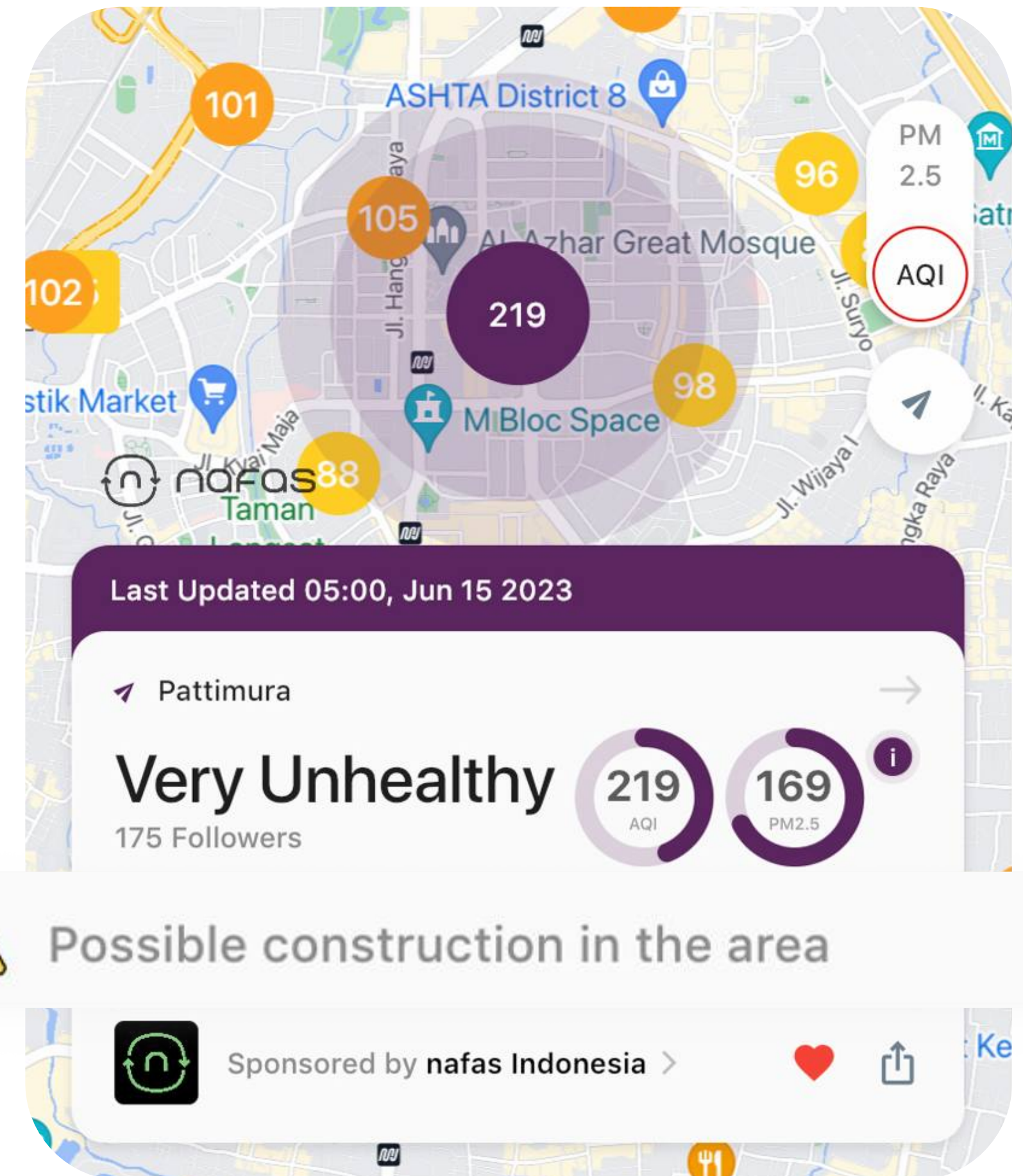
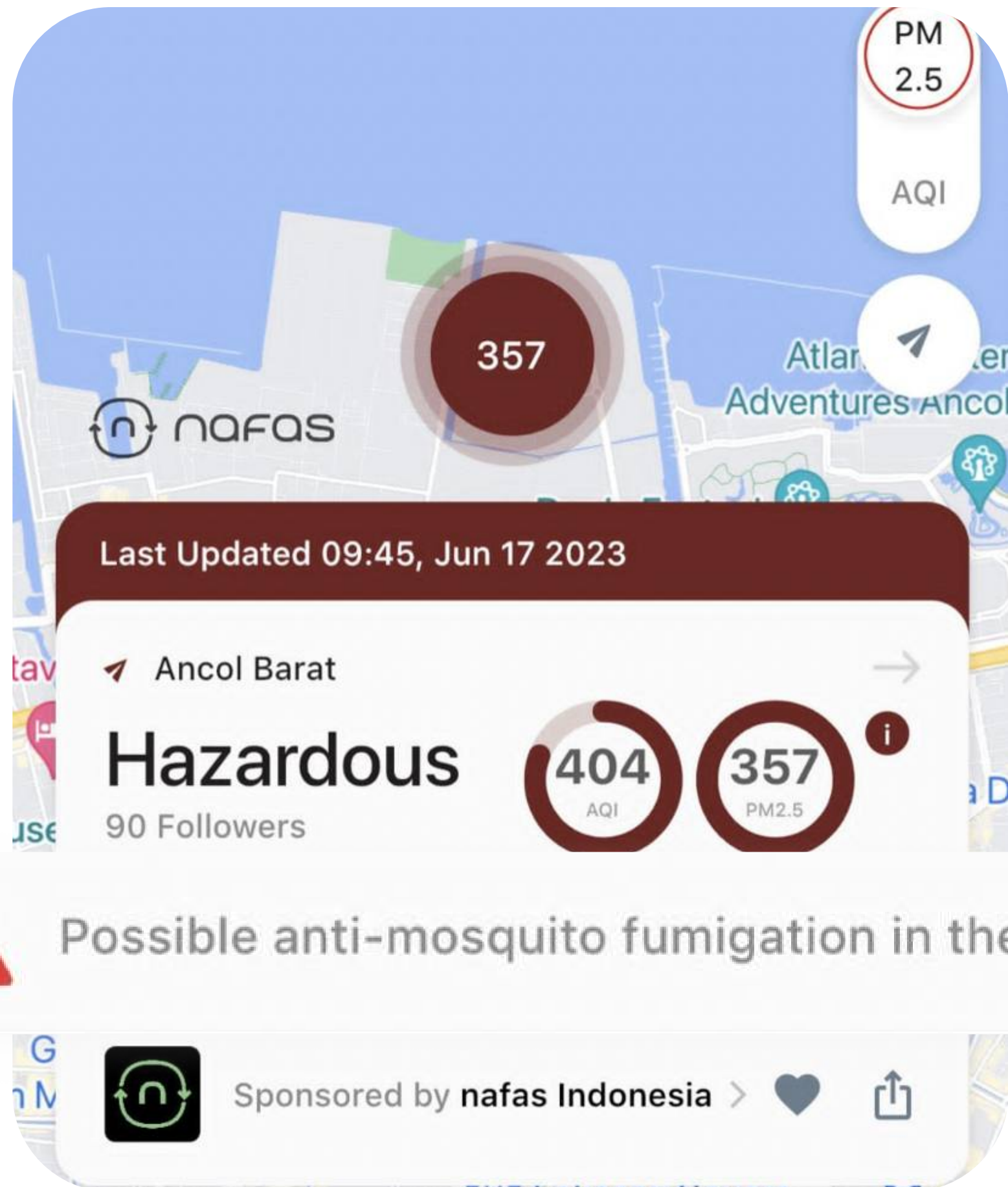
 When there's anti-mosquito fumigation, the PM2.5 levels can suddenly skyrocket, sometimes even reaching the 'Hazardous' level. But don't panic! This spike is temporary and things will settle back to normal pretty quickly.

 Construction alerts? Well, this one sticks around longer and can be a daily thing. For instance, if there's construction near the Pattimura sensor in South Jakarta, you'll notice a regular bump in PM2.5 levels from evening till the early hours.

Stay alert and don't forget to regularly check the air quality on our app! 



Nafas Alert





03

**air
quality
stories &
insights**

September Shades of Grey

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5 September, Senayan

Foto: @sleepyecaa



8 September, Setiabudi

Foto: @handriyanti.dp



13 September, TB Simatupang

Foto: @ynarpatt



18 September, Cengkareng

Foto: @eko0.png



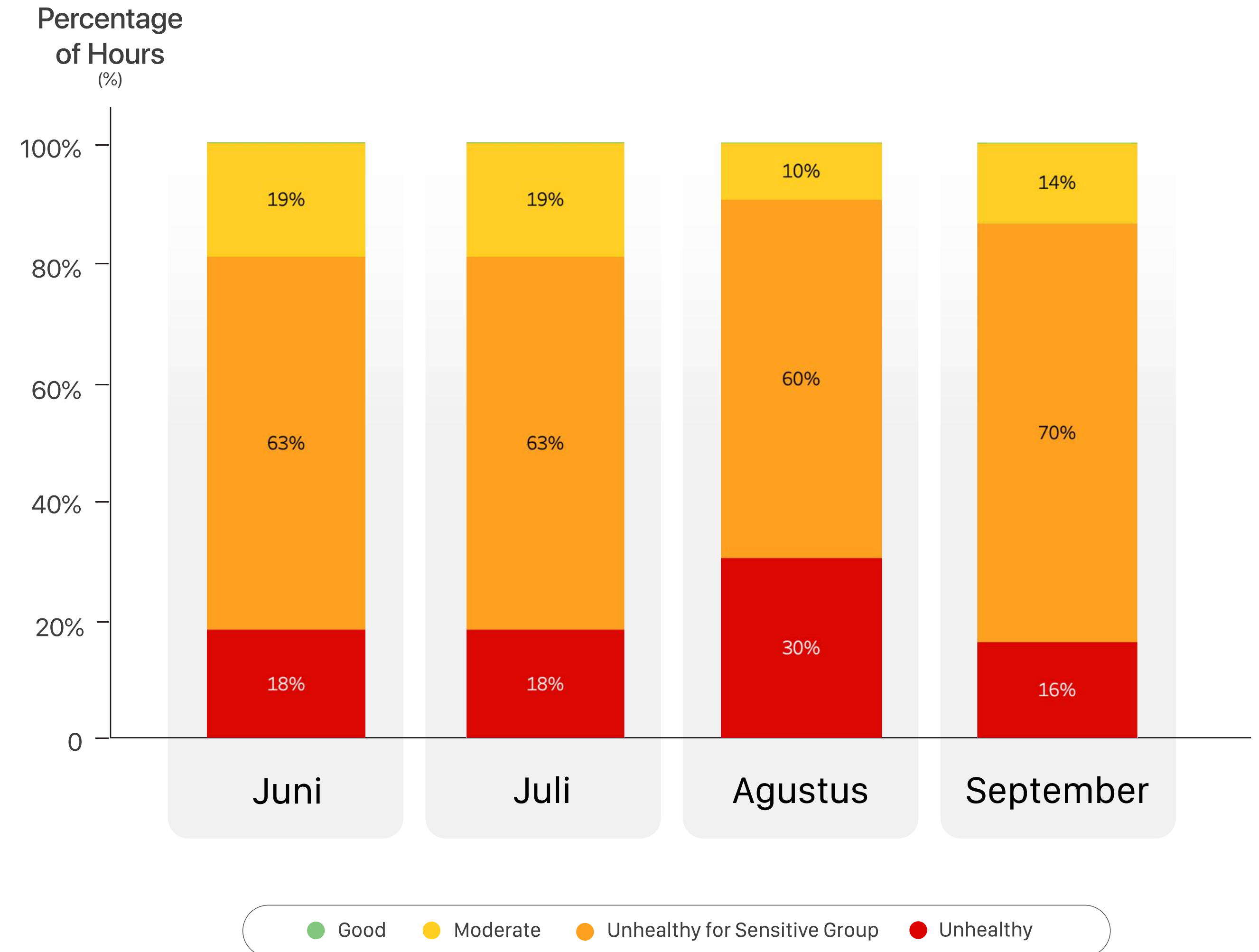
19 September, BSD

Foto: @luspinlapin

The frequency of "Unhealthy" air periods in September mirrors the previous month.

Data from September indicates a slight reduction in high pollution concentrations, with the **"Unhealthy" category dropping from 30% to 16%.**

However, the total hours categorized as **"Unhealthy" air** (whether for the general public or sensitive groups) remains almost consistent with the previous month.

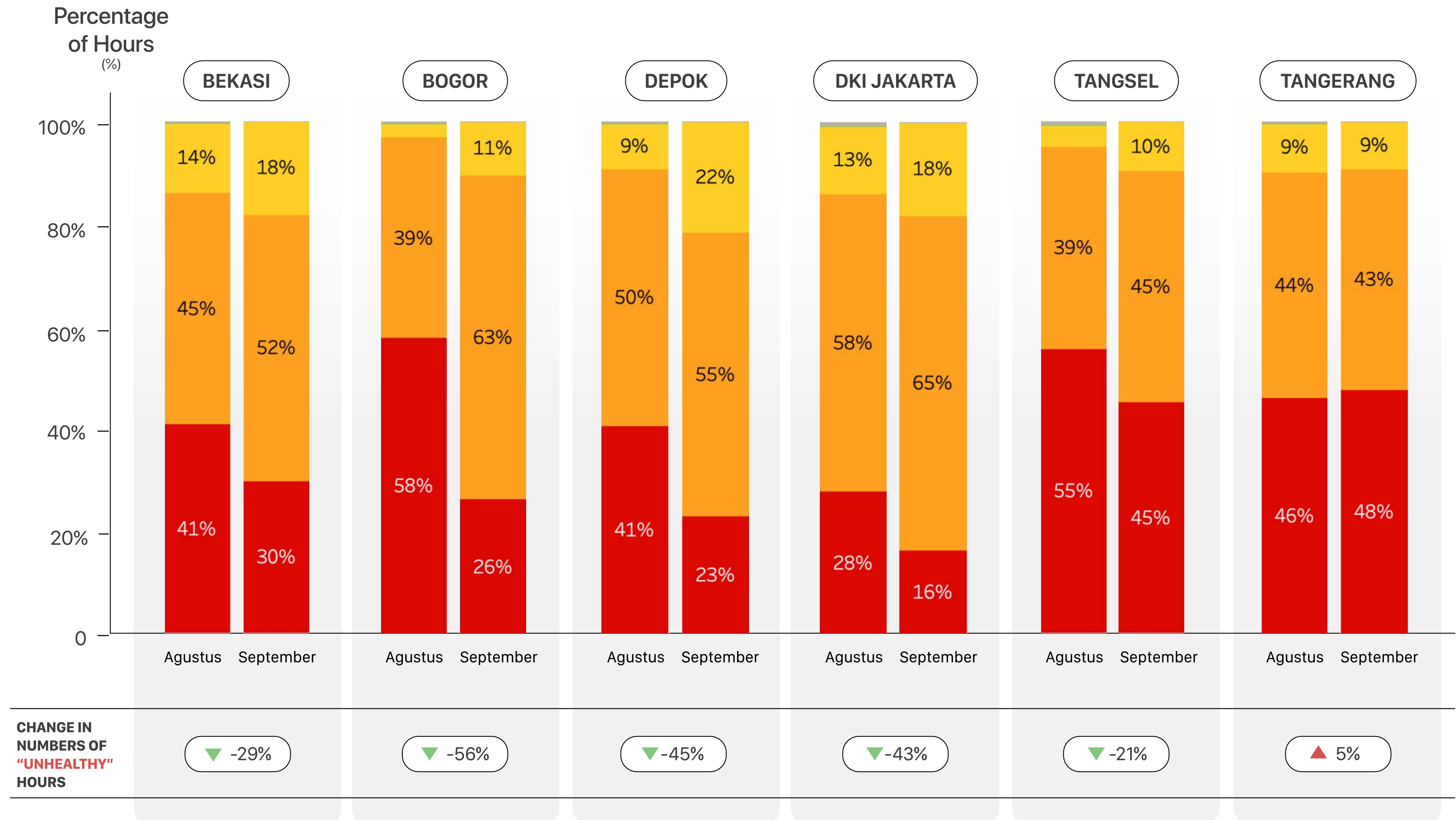


The frequency of "Unhealthy" air periods in September mirrors the previous month.

There appears to be a noticeable trend of significant reduction in high pollution levels in Depok and Bogor compared to DKI Jakarta and other satellite cities.

The number of hours with "Unhealthy" air quality in Kota Tangerang this September has been observed to be consistent with the previous month.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

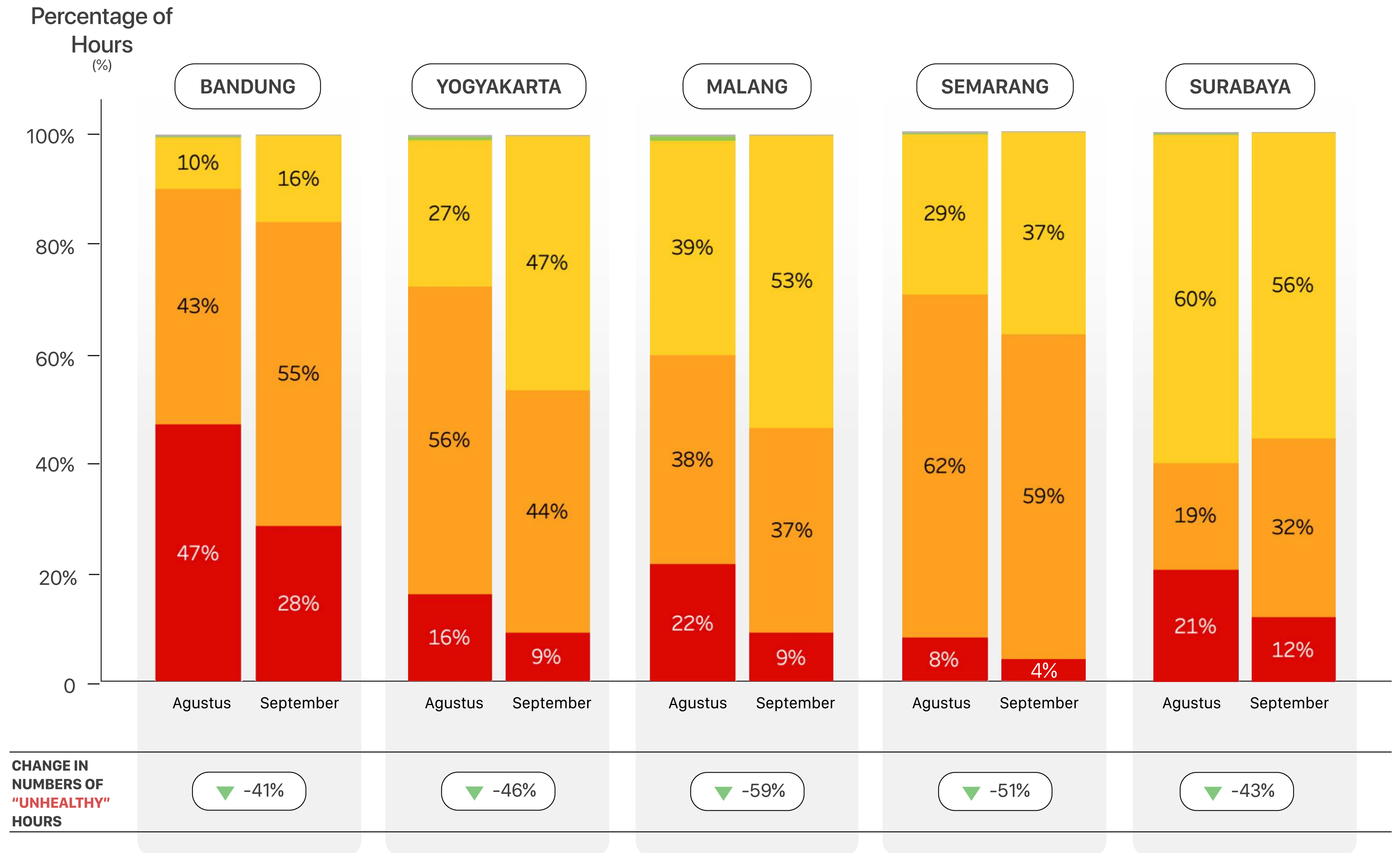


The frequency of "Unhealthy" air periods in September mirrors the previous month.

Air pollution is not just a problem in Jabodetabek.

The number of hours with **unhealthy air quality** (for both the general population and sensitive groups) in other cities like **Bandung Raya, D.I. Yogyakarta, Malang Raya, and Surabaya** has decreased. Only **Surabaya** has seen an increase in the number of hours with unhealthy air quality.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

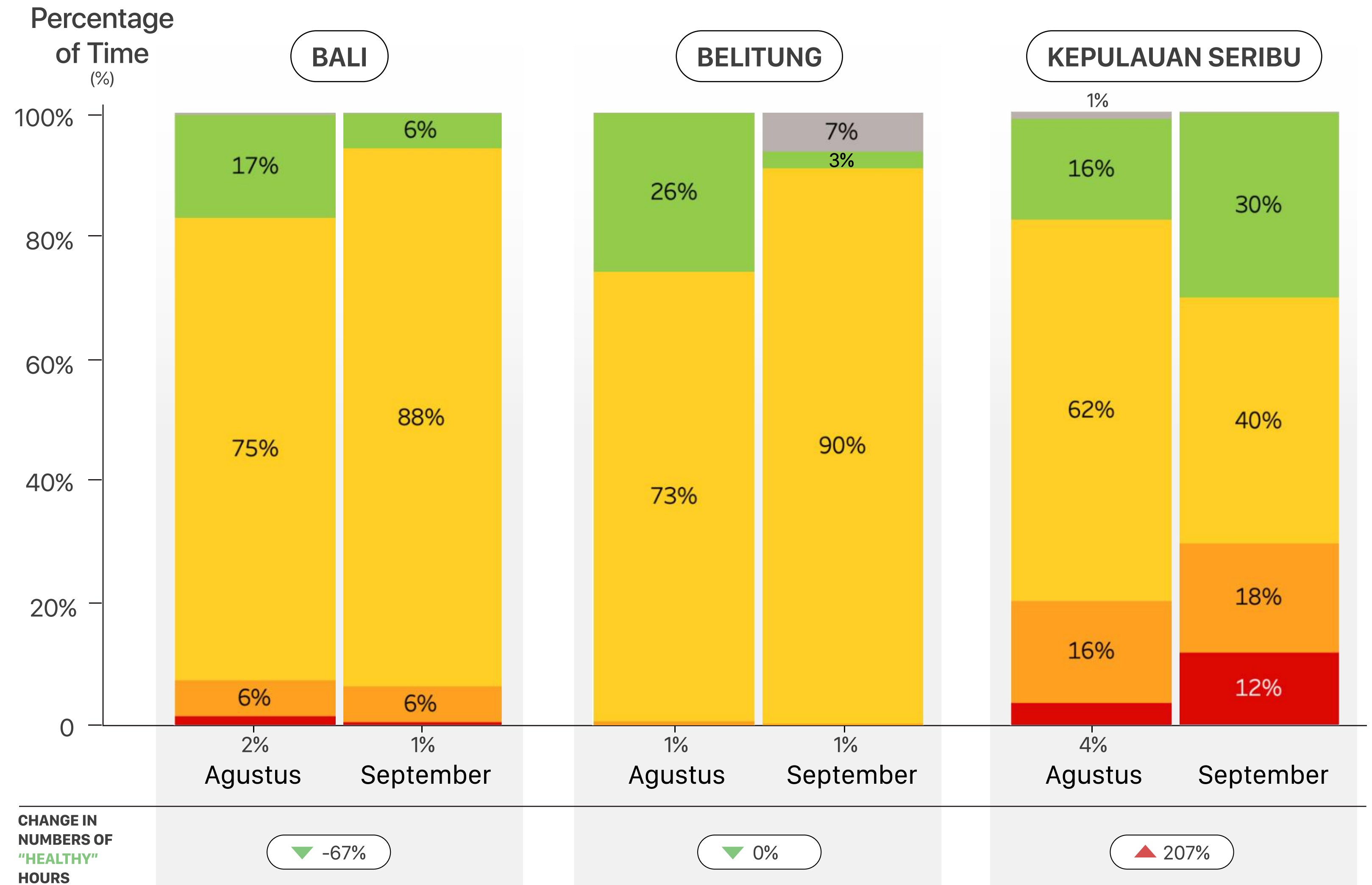


The "Healthy" air periods in the islands are gradually declining.

These regions are popular as "Healthy" air destinations. However, a noticeable decrease in the "Healthy" periods has been observed for Bali and Belitung in September.

Conversely, there has been an increase in "Unhealthy" air periods, both for the general population and for sensitive groups, in the Kepulauan Seribu.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

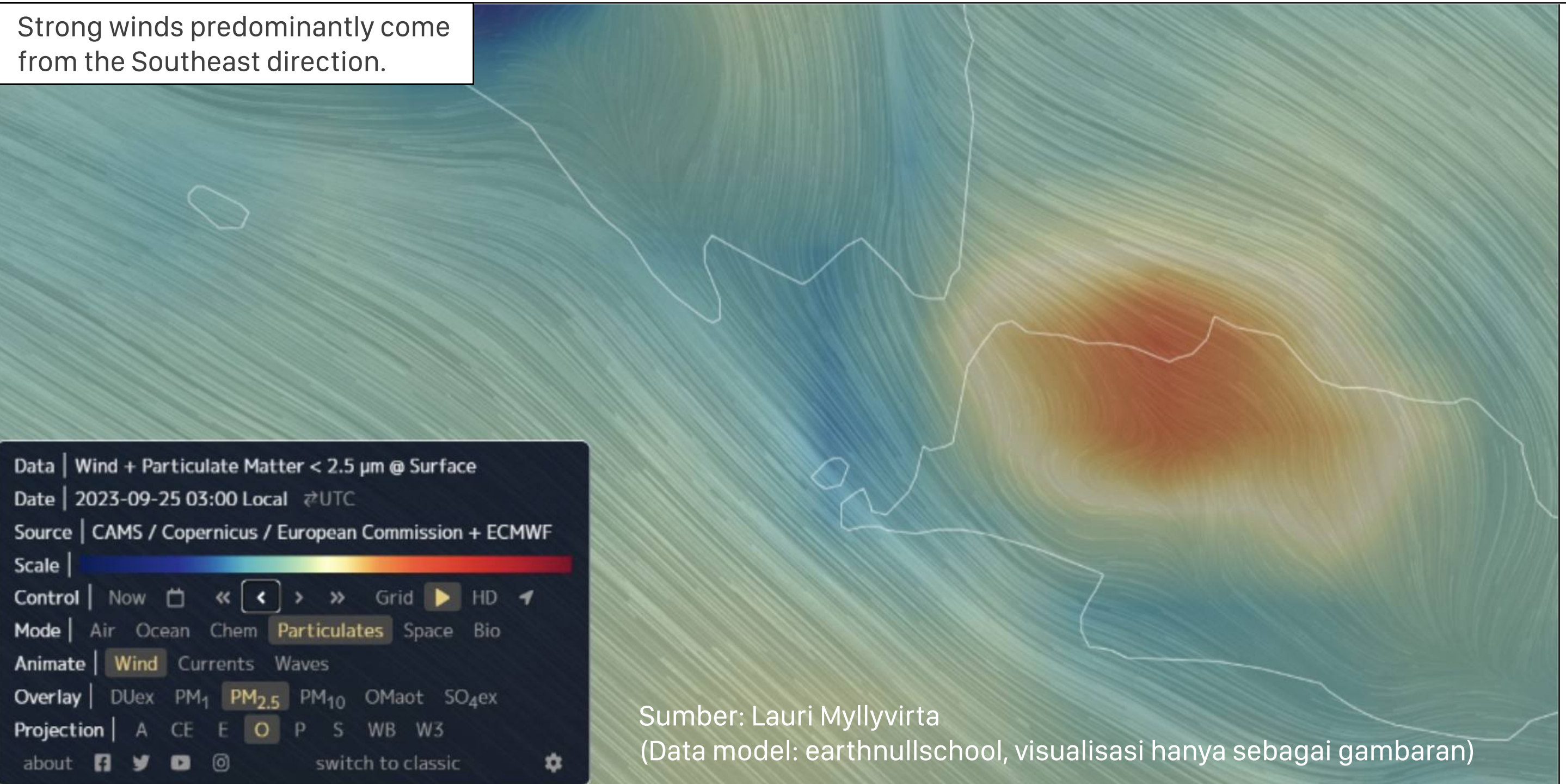


What Triggered the Air Quality Discrepancy in the Thousand Islands?

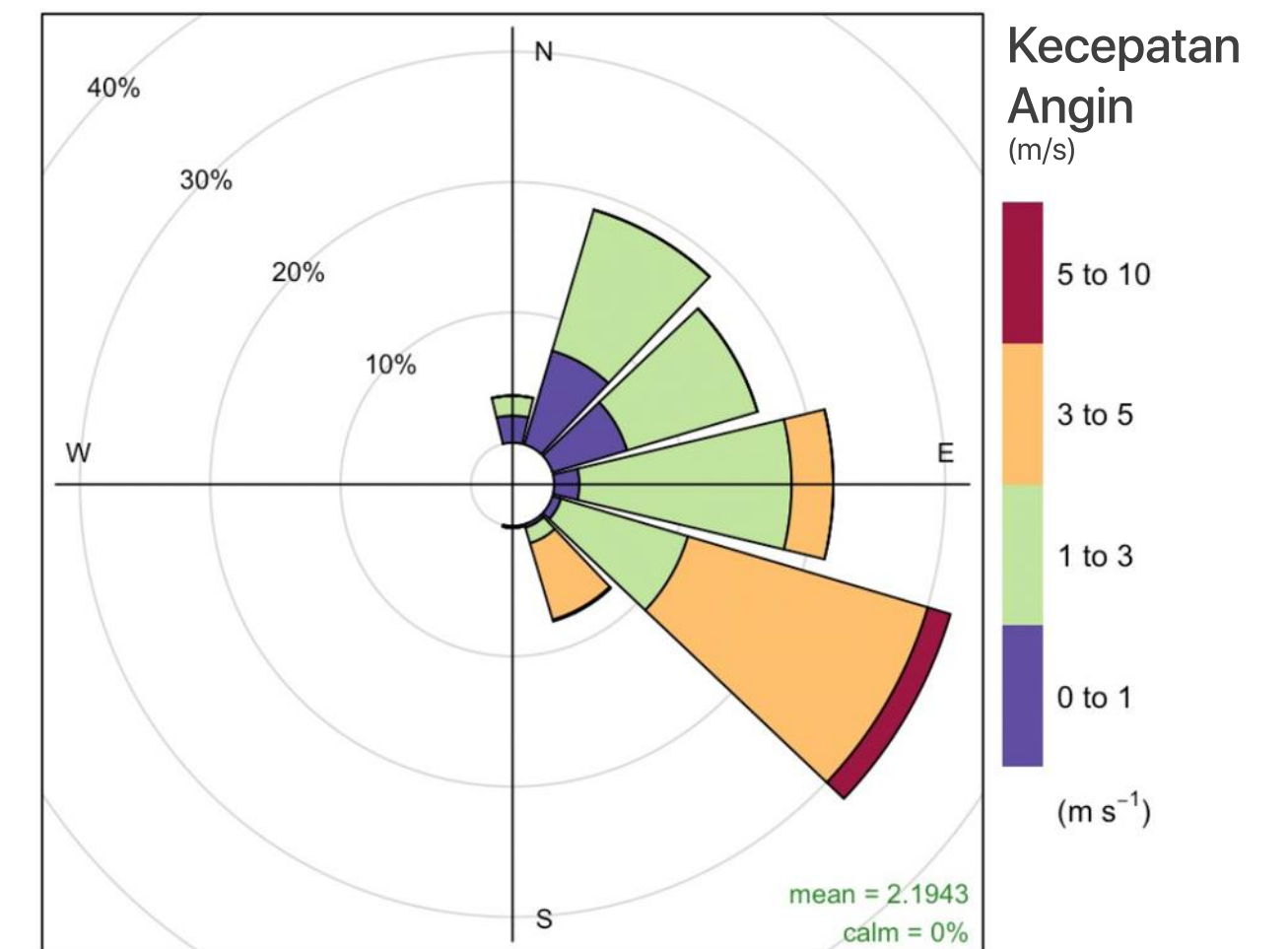
Compared to August, the Thousand Islands (Kep. Seribu) experienced an increase in pollution during the morning to midday hours in September, with a decrease in the afternoon. In contrast, the opposite situation was observed in the Ancol area, indicating a shift in the dominant wind direction during those times.

The frequency of **high pollution incidents in the Thousand Islands in September rose by 8%** compared to the previous month. Of all these high pollution events, 60% had dominant winds coming from the Southeast, 20% from the East, and 20% from the Northeast.

This suggests the potential occurrence of transboundary pollution, or cross-border pollution, moving from the mainland (Jabodetabek) towards the Thousand Islands. This means that **pollution from various sources in Jabodetabek can degrade the air quality in the Thousand Islands.**

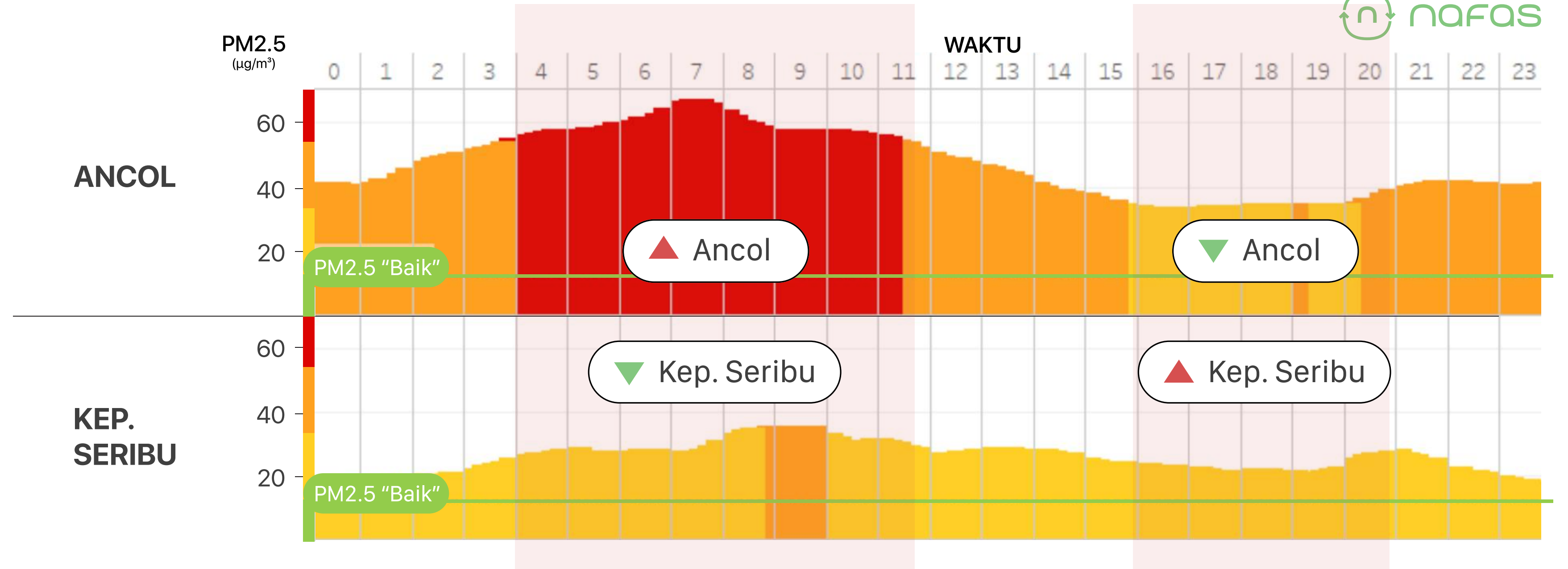


The wind direction from the Southeast was both stronger and more dominant by 3-5% compared to August.

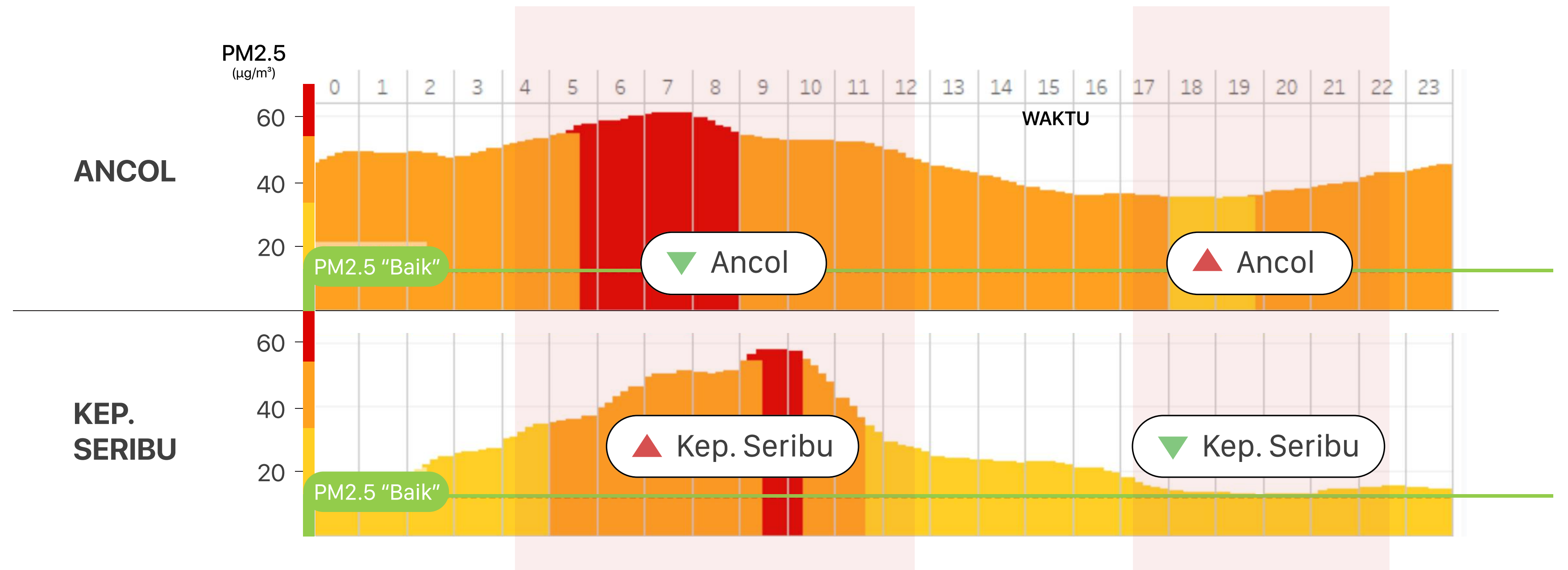


Average data every 10 minutes

AUGUST



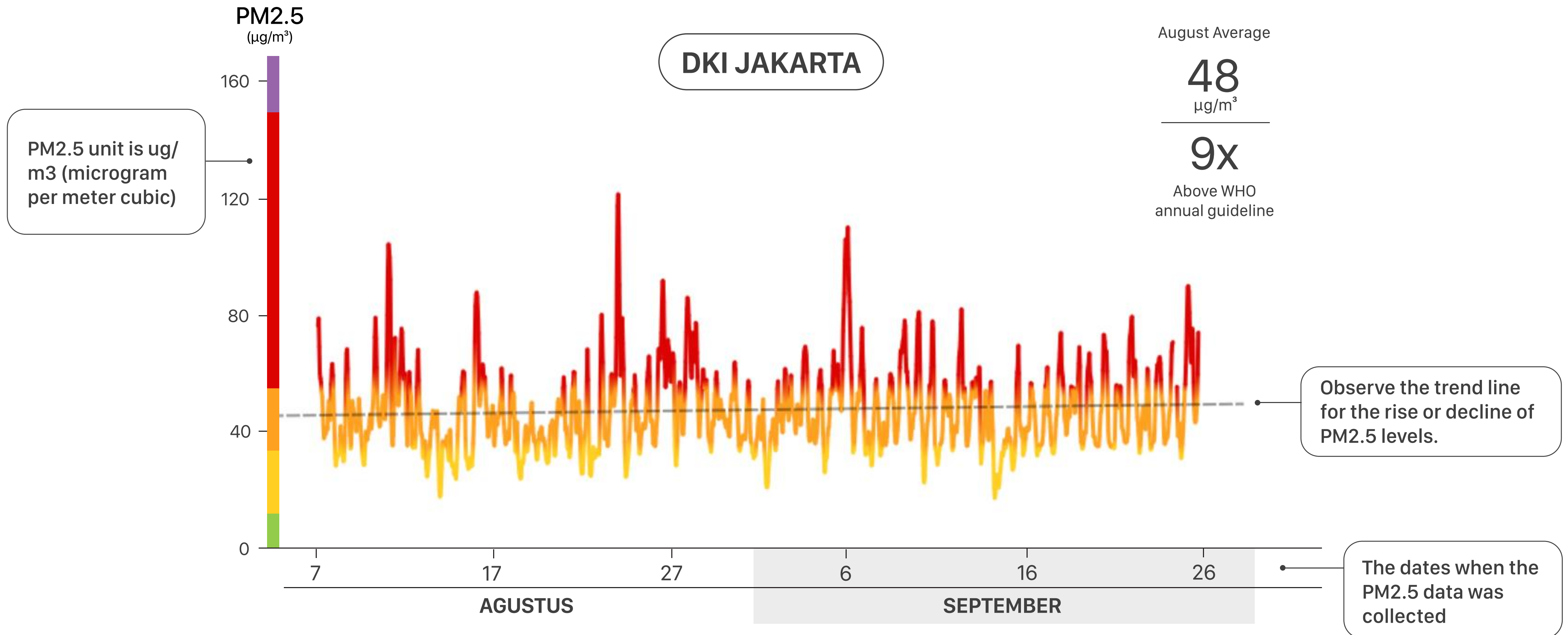
SEPTEMBER



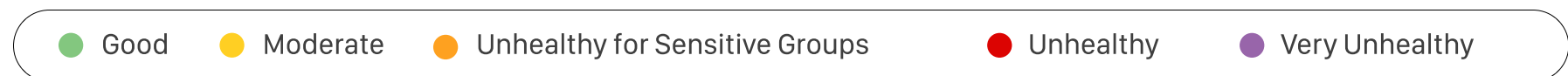
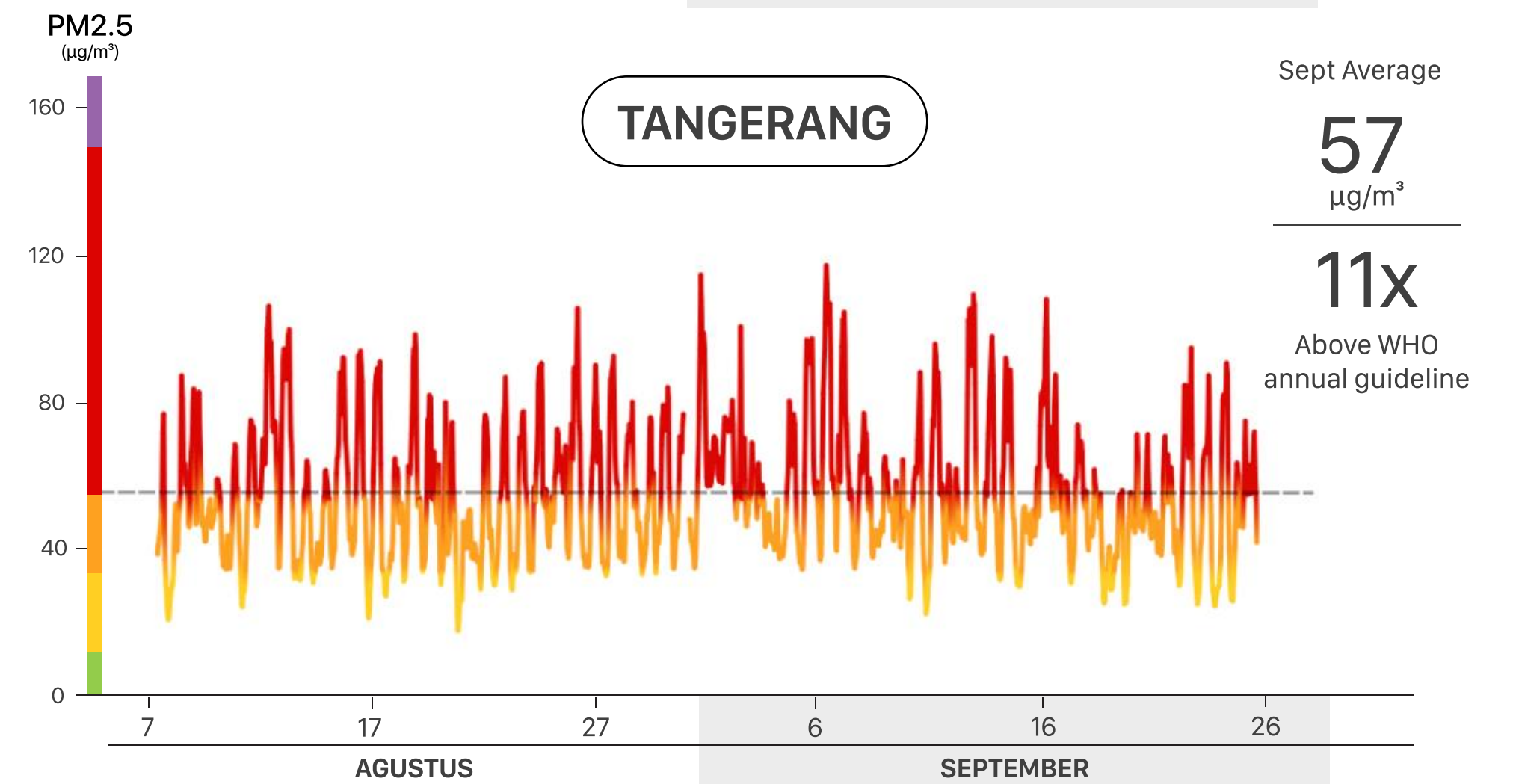
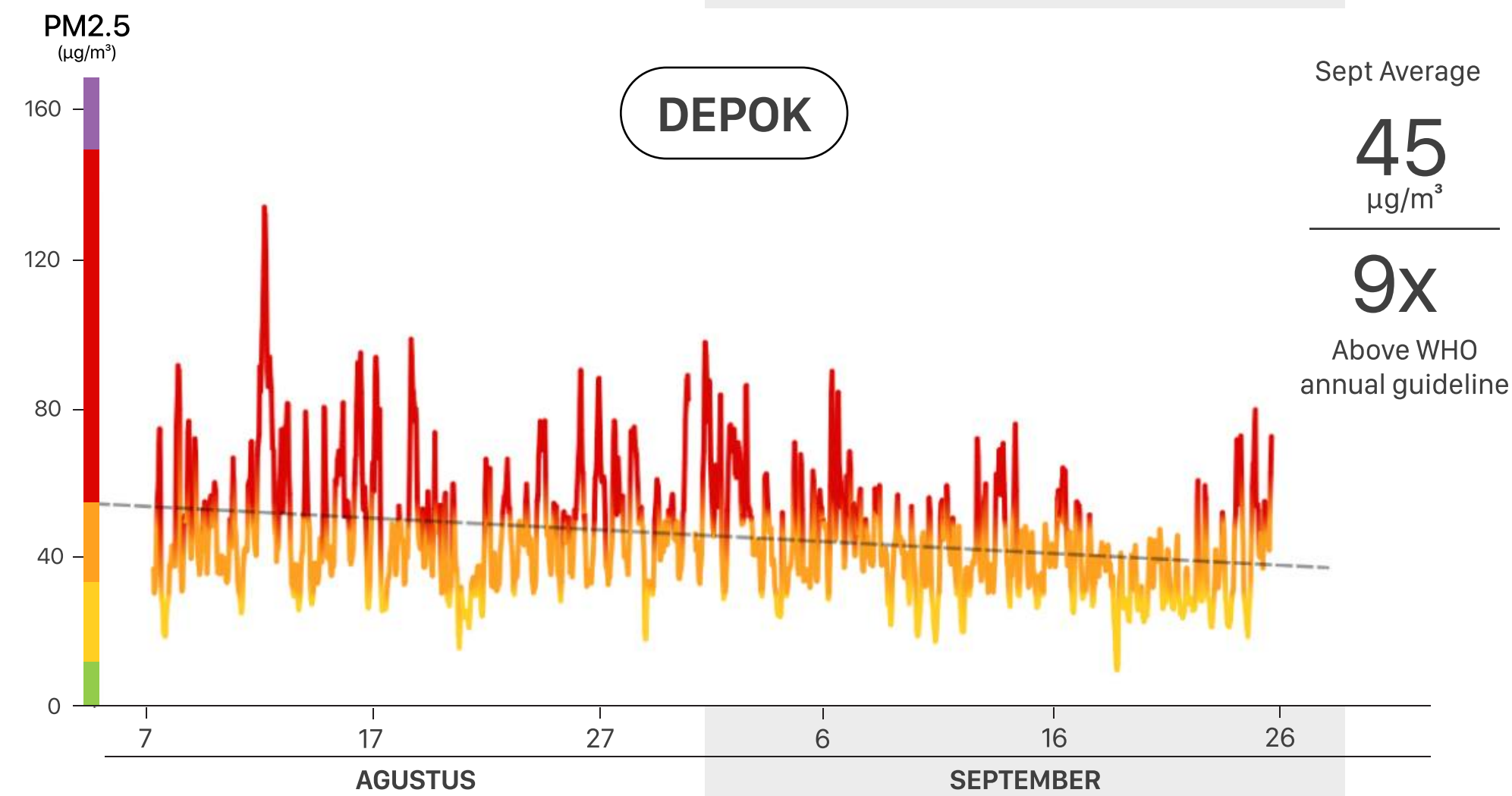
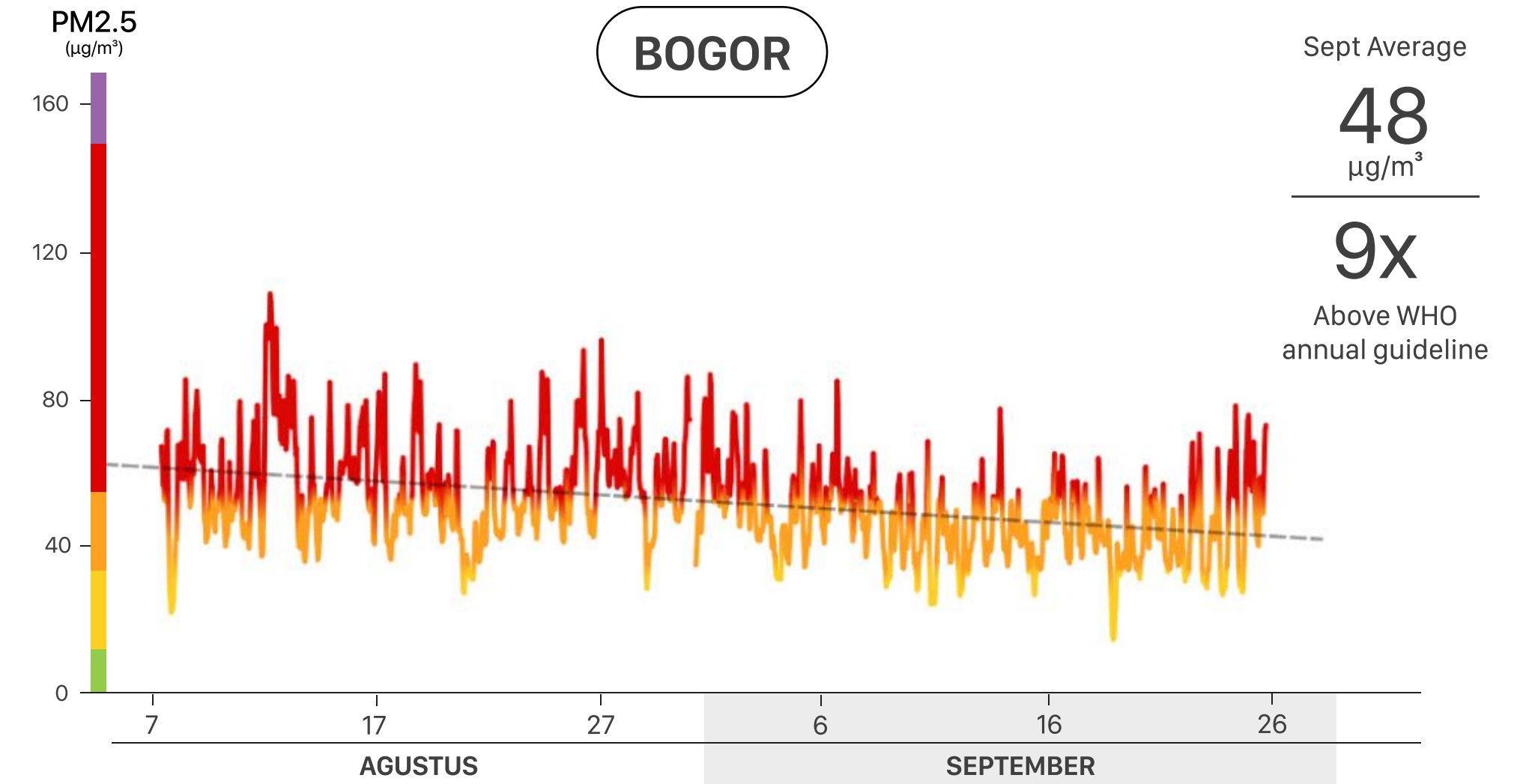
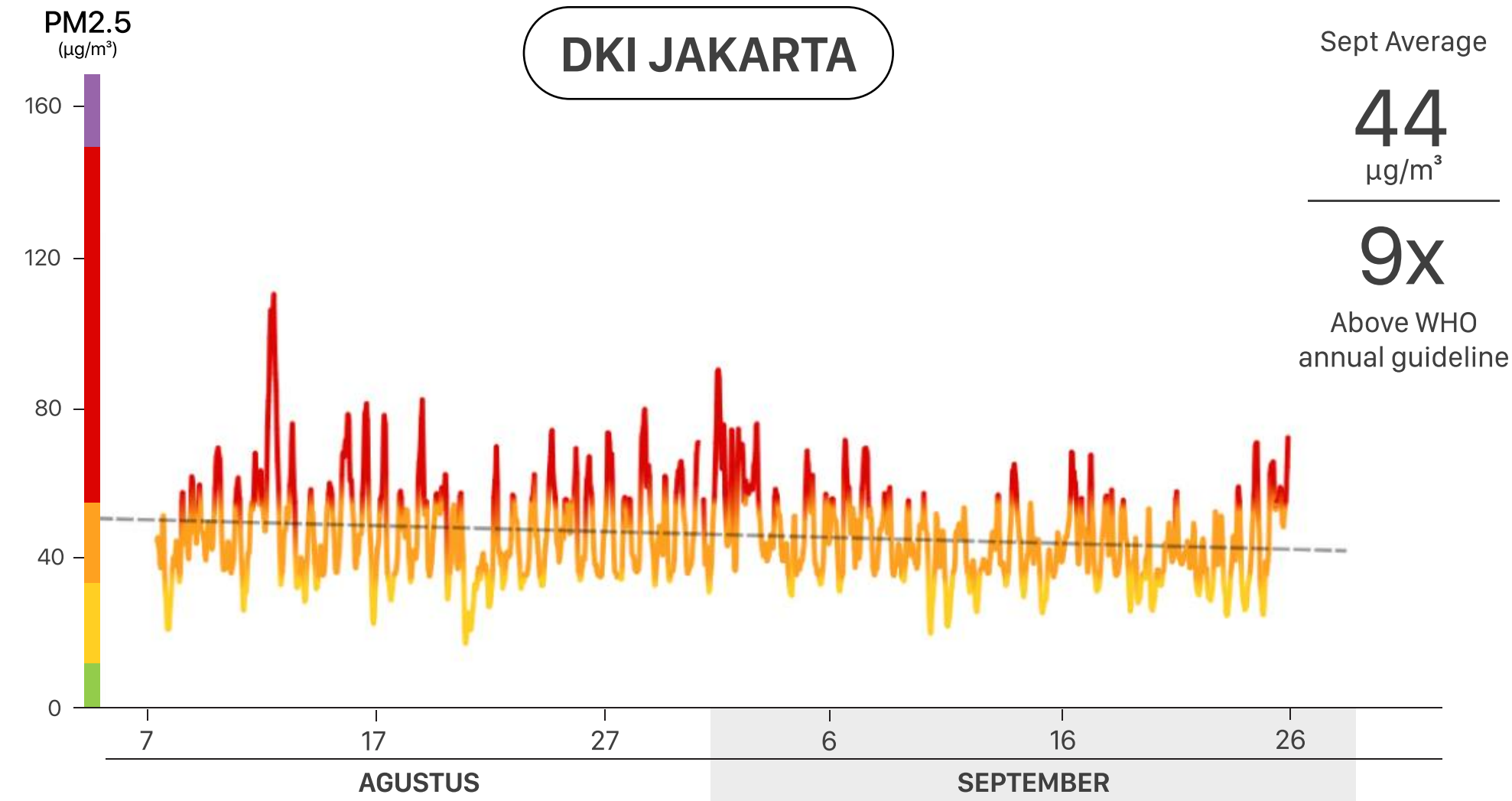
The trend is declining, but pollution remained high in September

Brief Guide to Understanding the Insight Data

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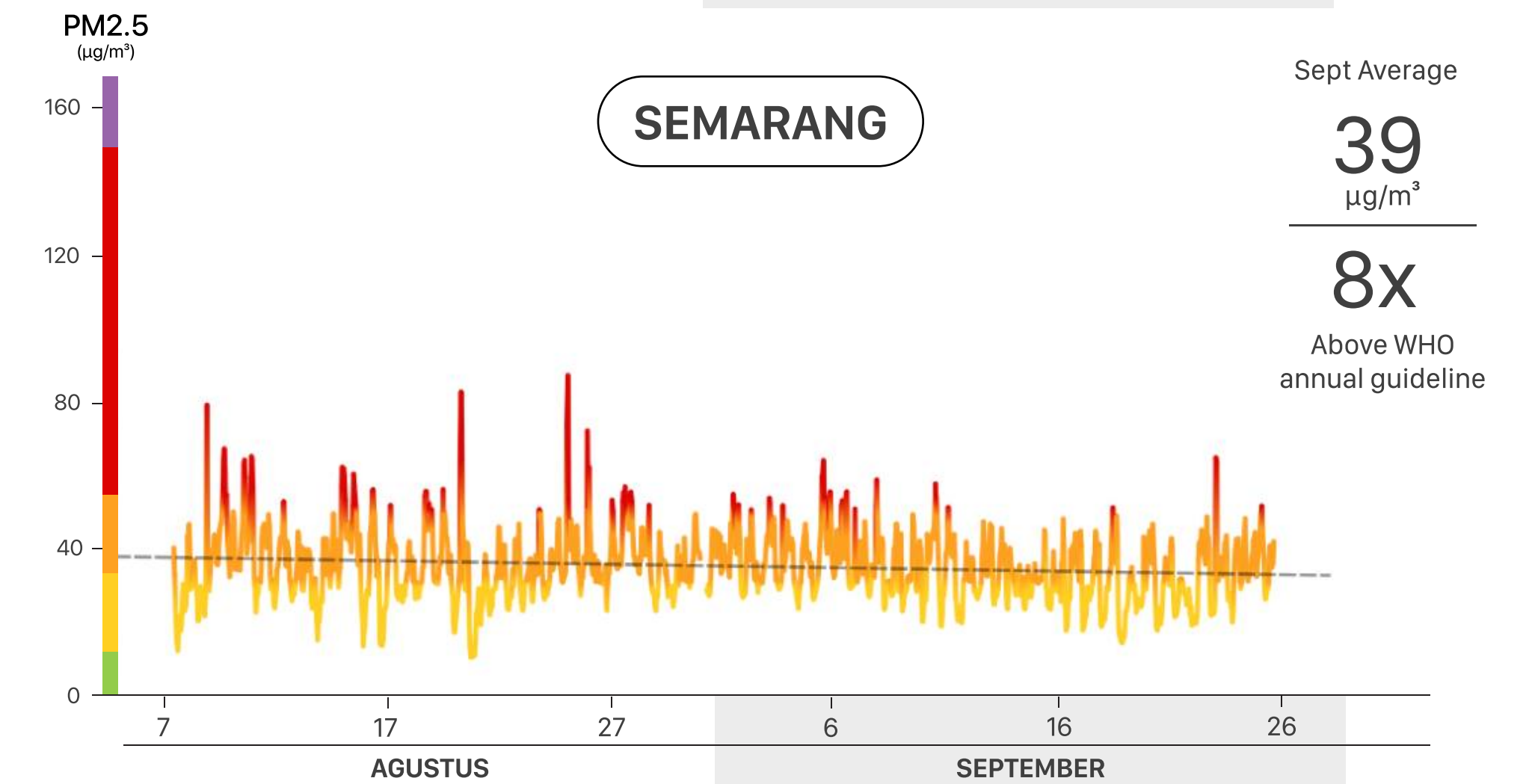
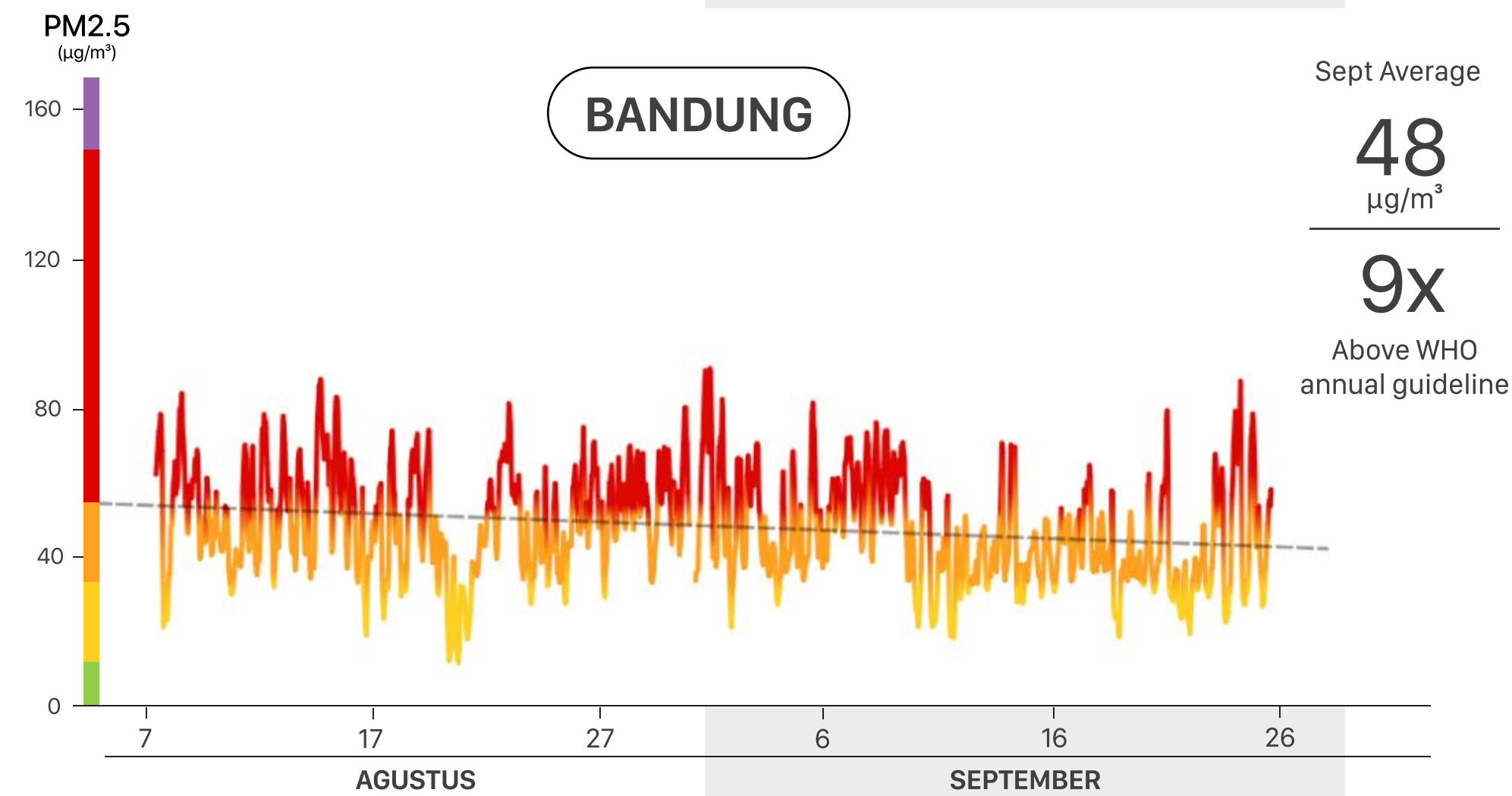
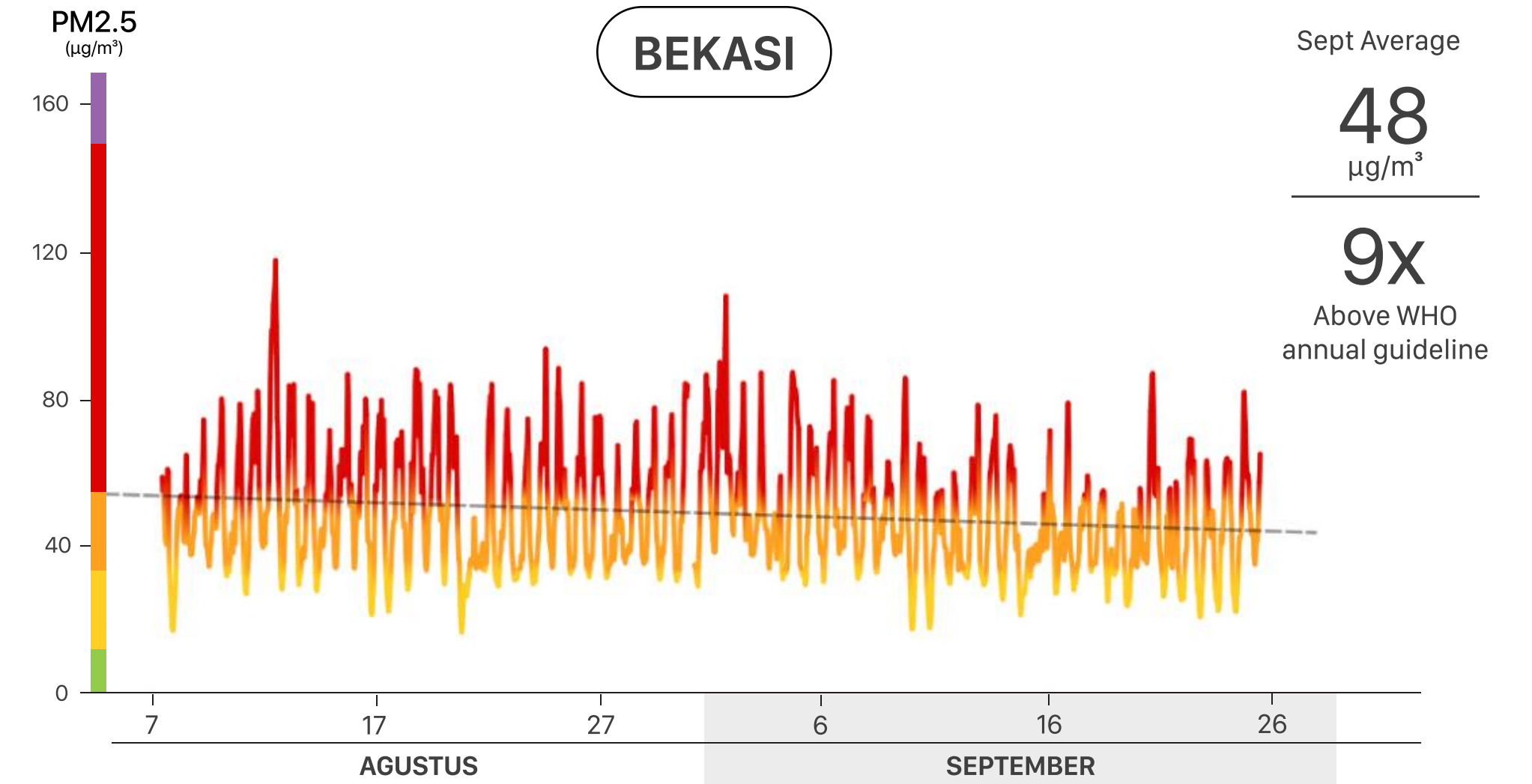
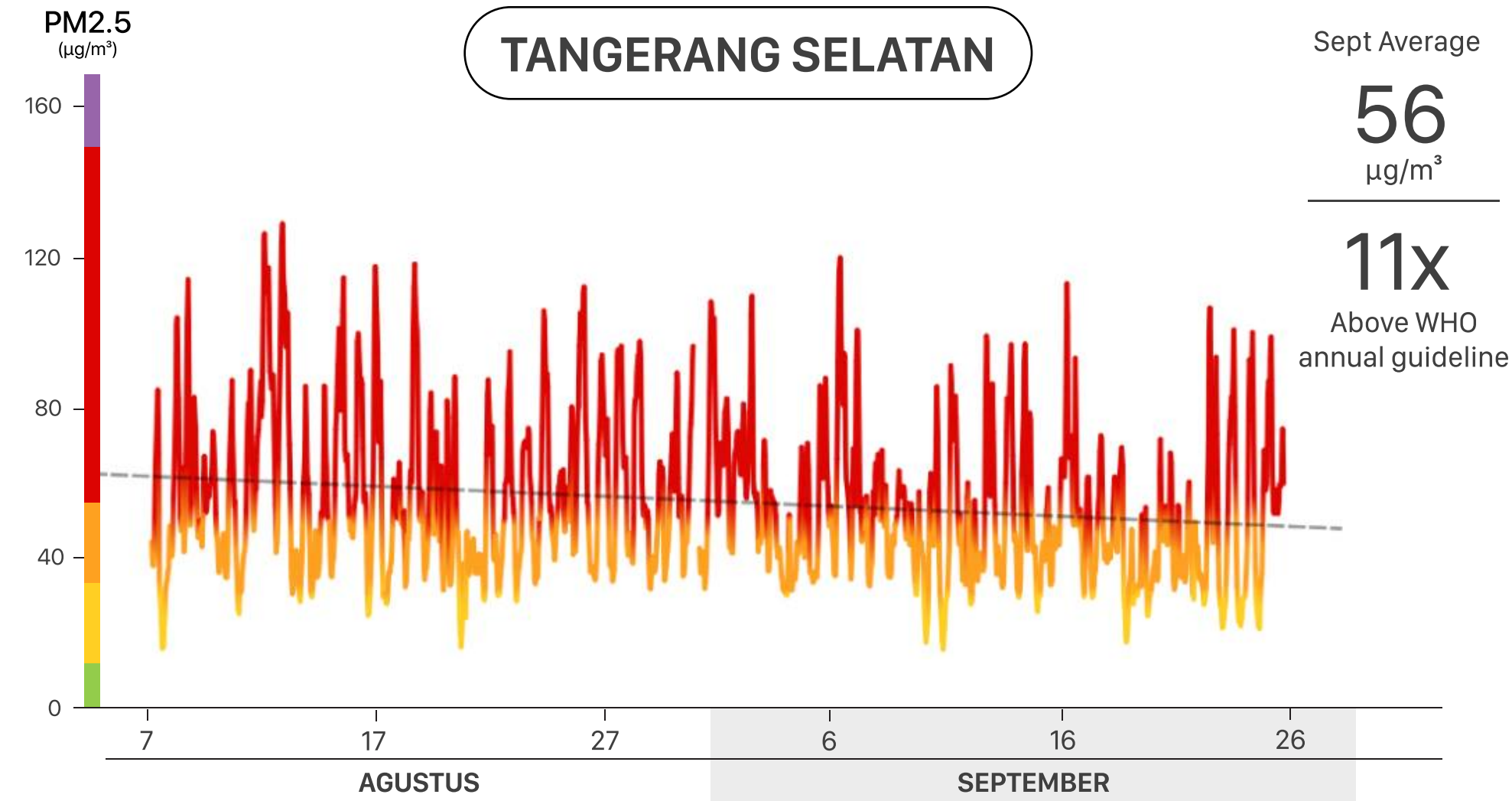


The trend is declining, but pollution remained high in September



*) Pedoman WHO = batas paparan tahunan

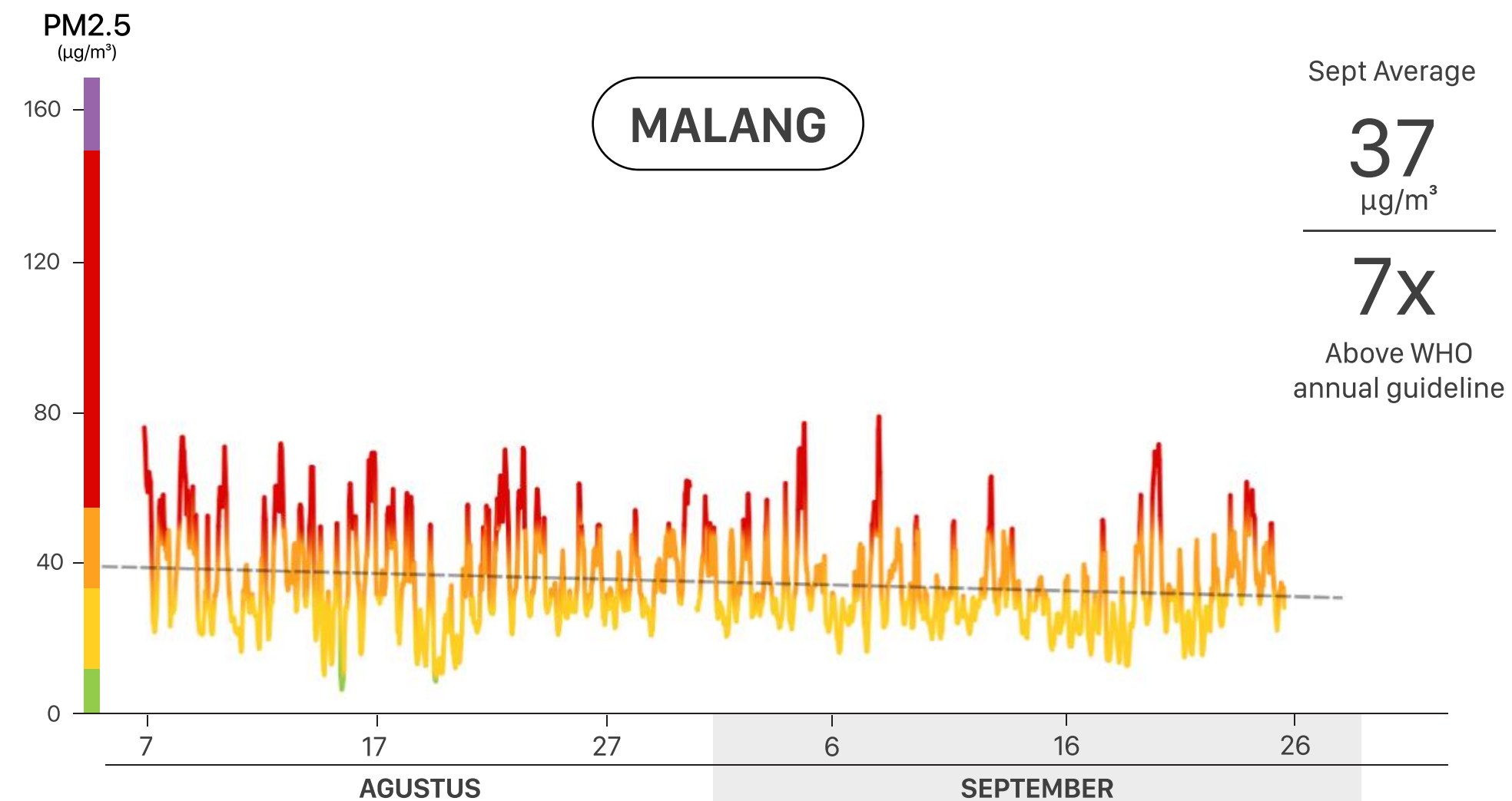
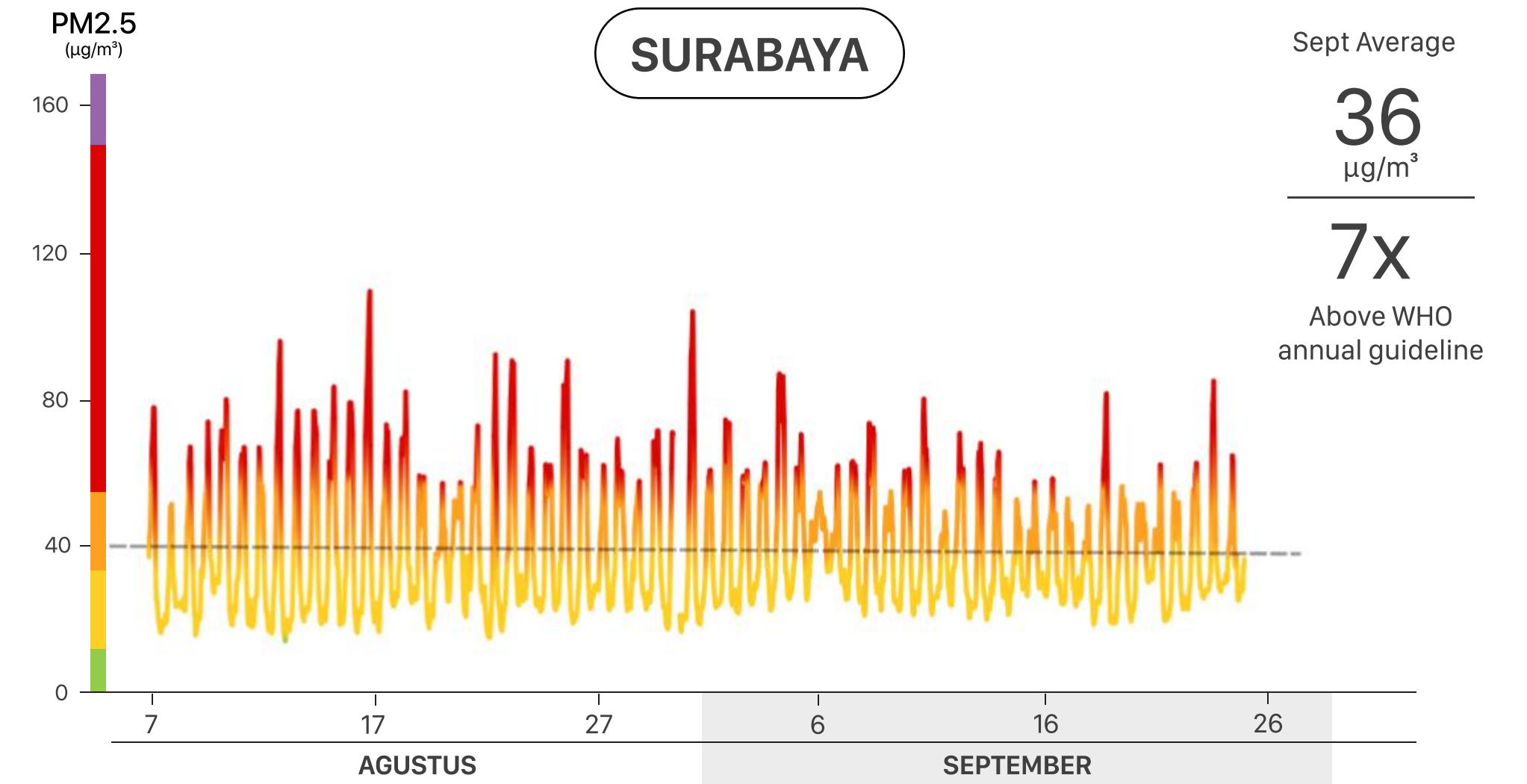
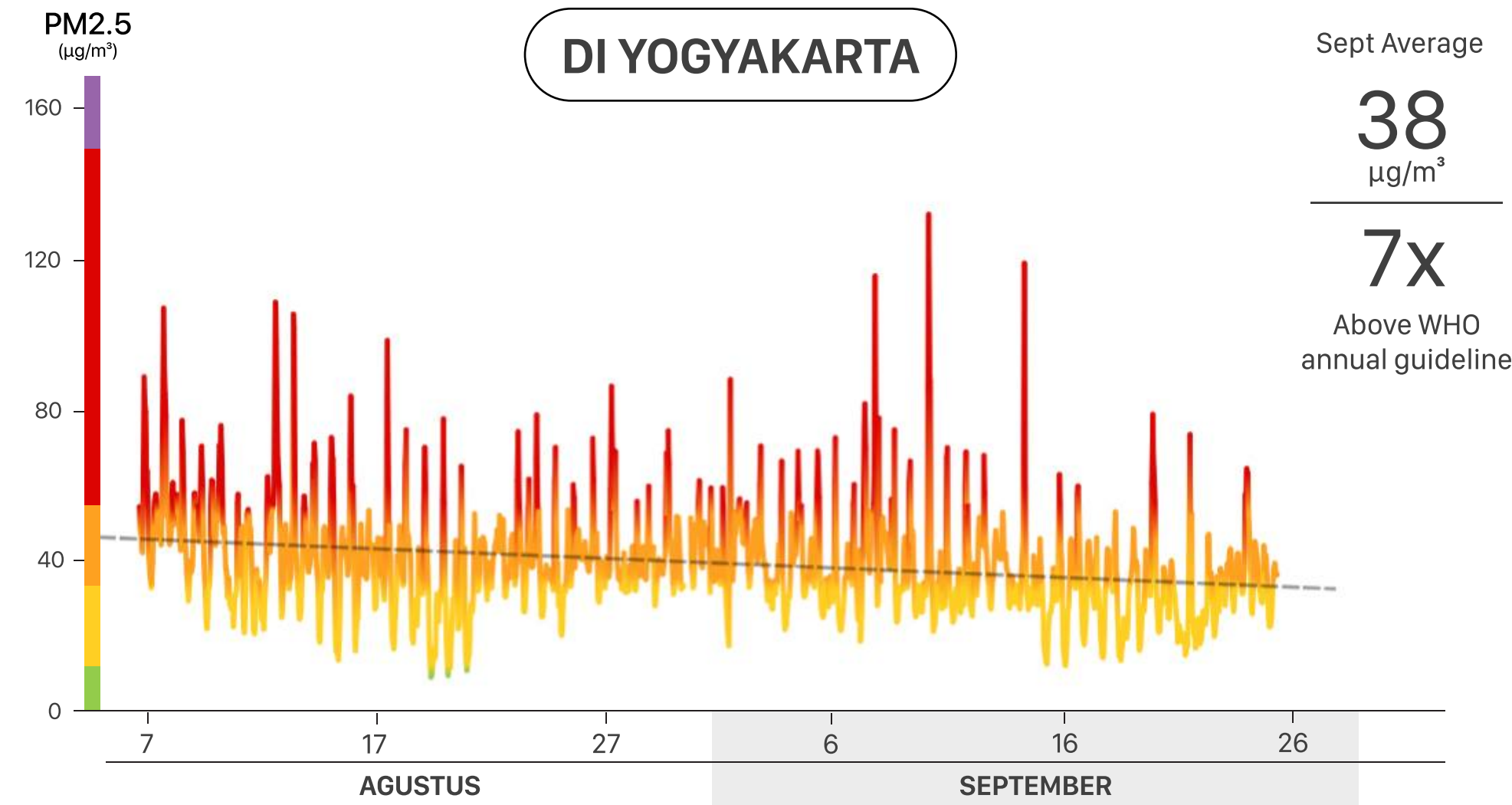
The trend is declining, but pollution remained high in September



● Good ● Moderate ● Unhealthy for Sensitive Groups ● Unhealthy ● Very Unhealthy

*) Pedoman WHO = batas paparan tahunan

The trend is declining, but pollution remained high in September

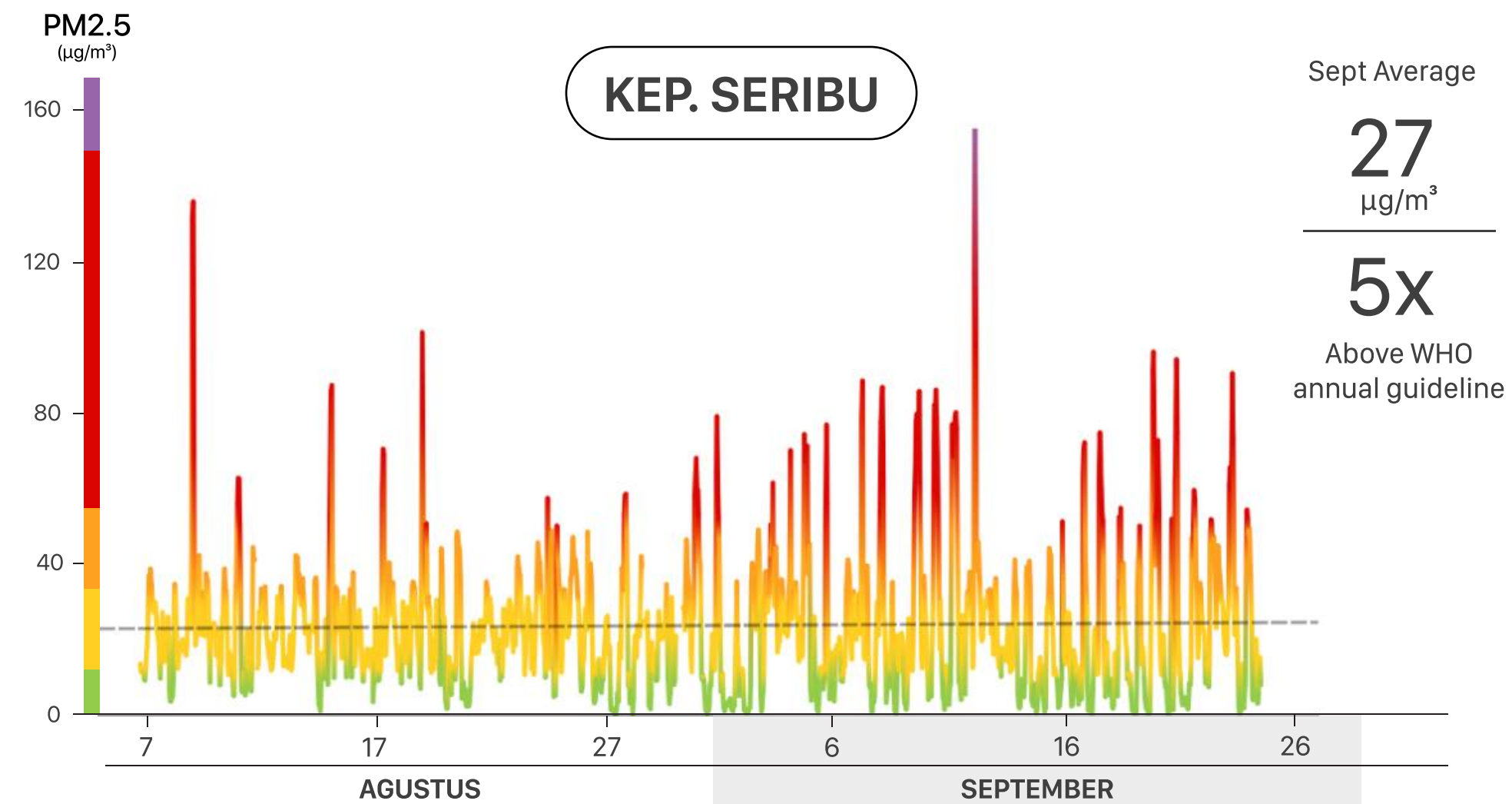
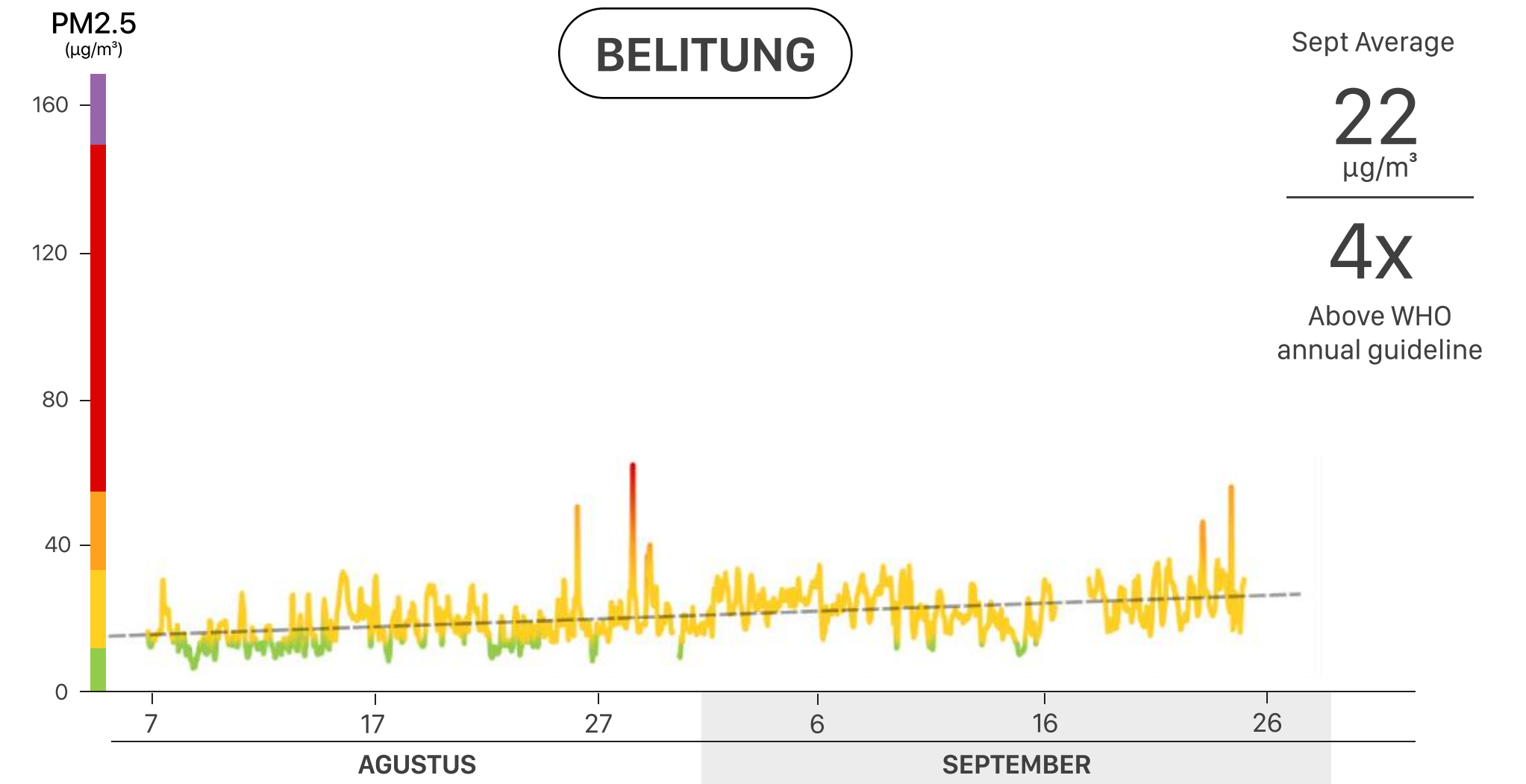
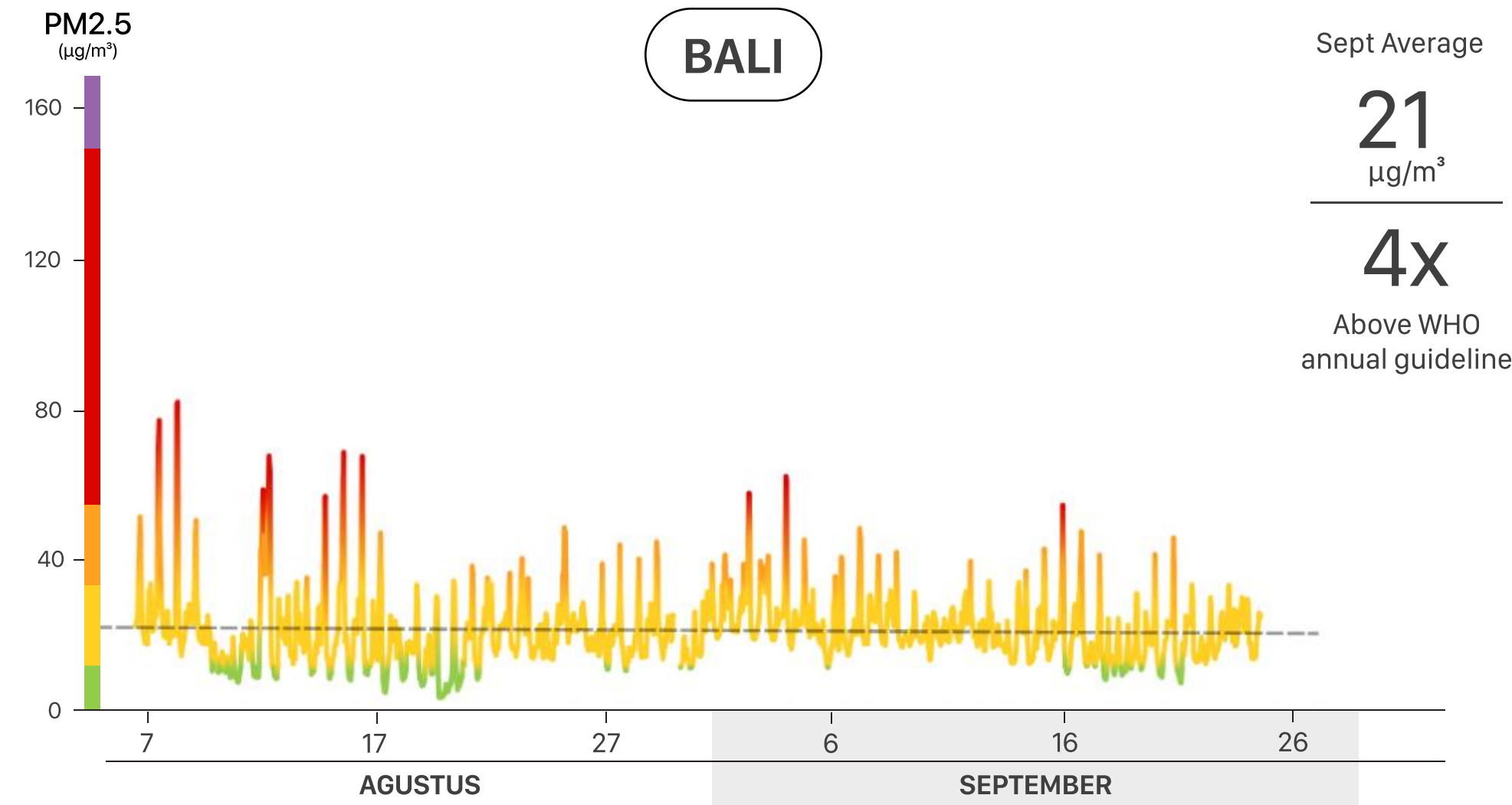


● Good ● Moderate ● Unhealthy for Sensitive Groups ● Unhealthy ● Very Unhealthy

*) Pedoman WHO = batas paparan tahunan

The trend is declining, but pollution remained high in September

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● Good ● Moderate ● Unhealthy for Sensitive Groups ● Unhealthy ● Very Unhealthy

*) Pedoman WHO = batas paparan tahunan

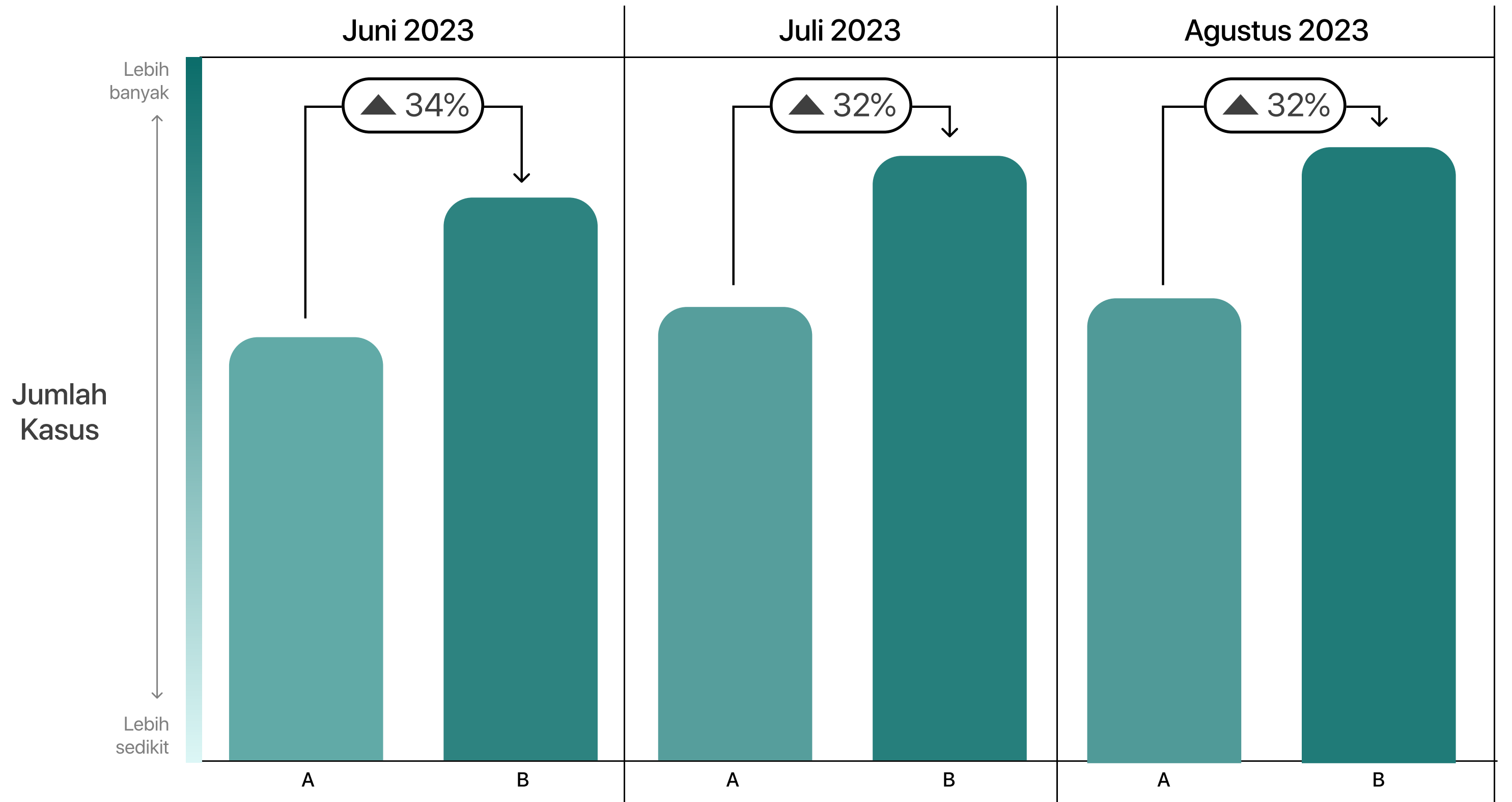
Nafas recently released a joint report with Halodoc on Tuesday, 26th September 2023. This report presents various findings related to air pollution components and how they impact our short-term health.

This report constitutes a limited study, utilizing PM2.5 data from Nafas and respiratory disease cases from Halodoc, specifically for the Jabodetabek area during the June-August 2023 period.

Some key findings from this collaborative study:

For every 10 µg/m³ increase in PM2.5 (with a baseline of 31 µg/m³), respiratory disease cases rise by up to 34%. →

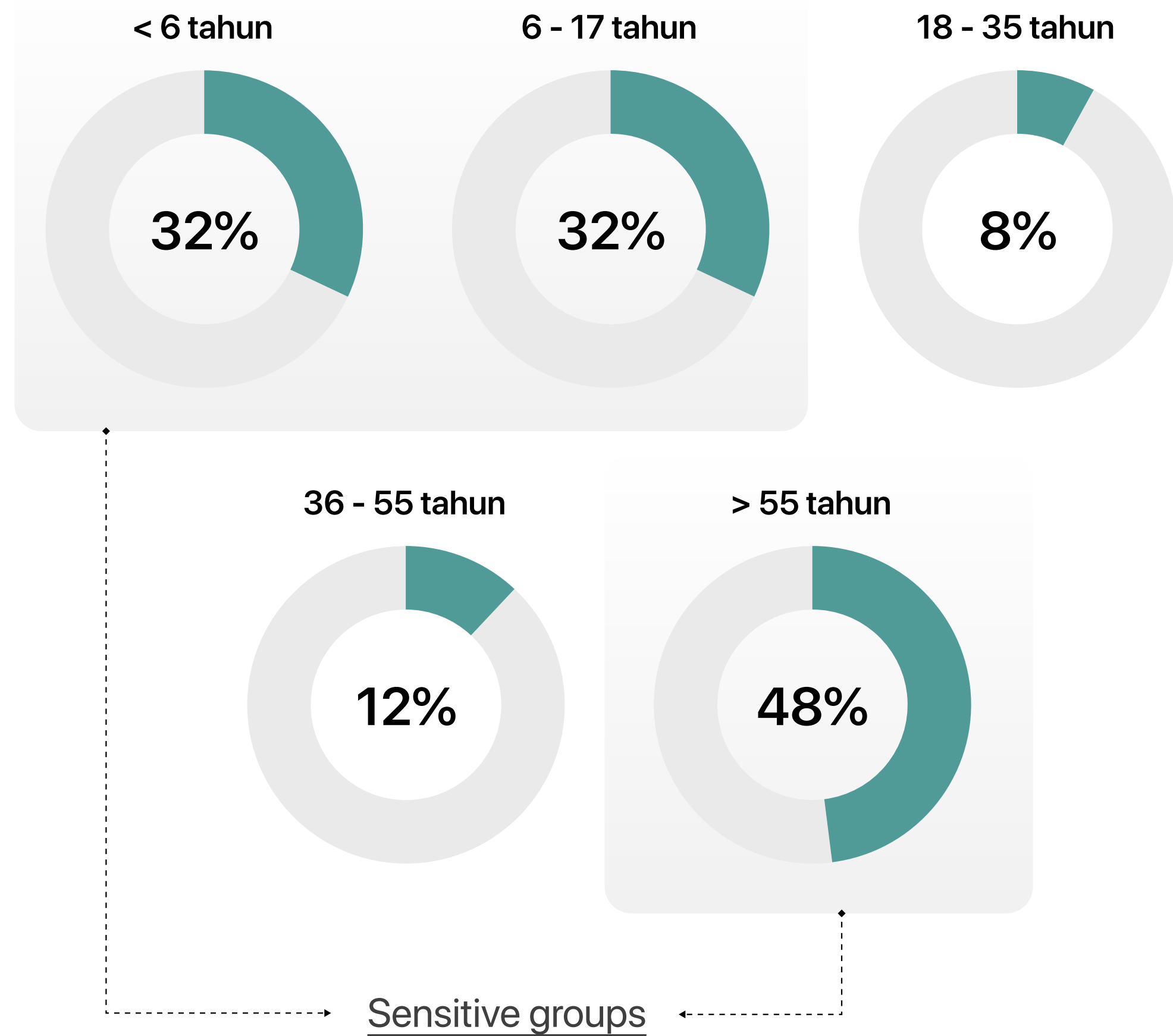
Respiratory Disease Cases Average, Before and After an Increase of PM2.5 by 10 µg/m³



A = Number of cases if the average of PM2.5 level is low
B = Number of cases if PM2.5 level increases by 10 µg/m³

Sensitive or vulnerable groups face the highest risk of respiratory problems, with an increase in cases by up to 48%.

Increase of cases in a certain age bracket

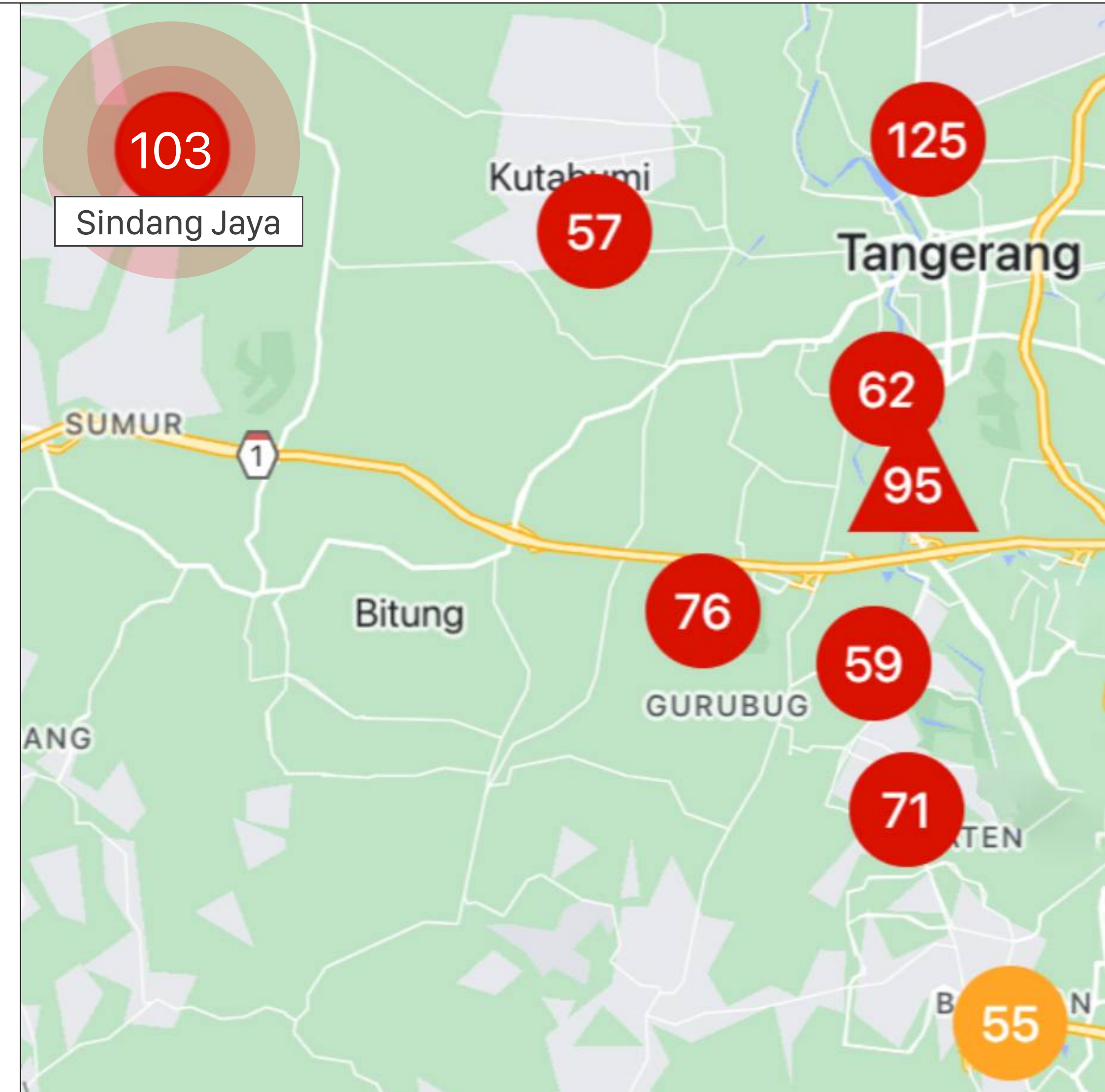


Download Nafas & Halodoc study report now!
Available in [Indonesian](#) & [English](#).

Can a surge in pollution in one area affect the air quality in a specific region?

There have been numerous complaints about routine burning activities in the Sindang Jaya area, which have adversely affected the neighboring residents. Billowing black smoke has become a daily sight for them.

The local residents have collectively investigated the issue, as it's been a long time since they and their families could breathe clean air. Upon further investigation, it appears that the potential source of the high pollution stems from burning activities by local industries and the nearby residents.



Rare sight in Jabodetabek: Clear blue skies

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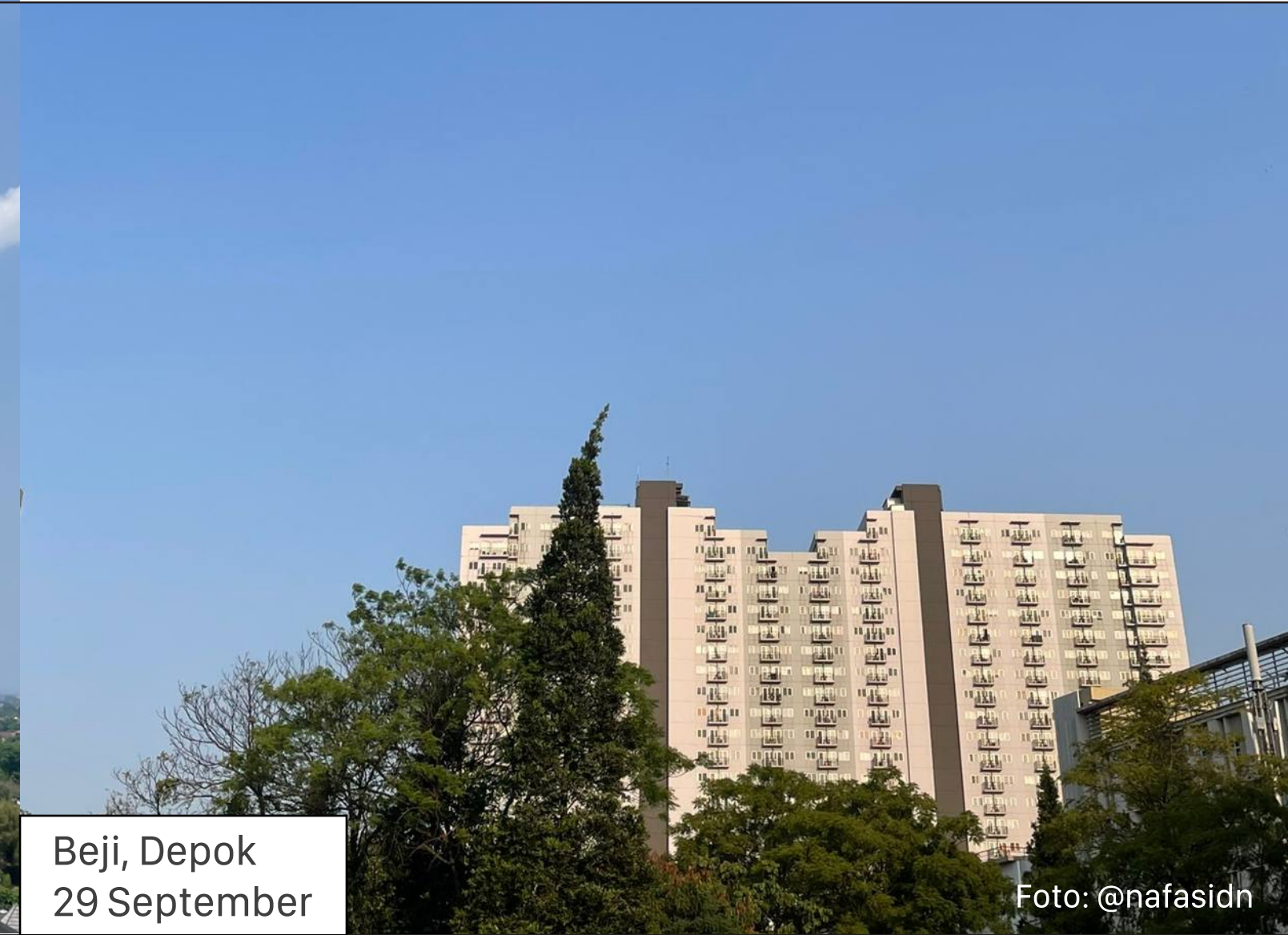
Tanah Abang, Jakarta Pusat
12 September

Foto: @NHpeeeel



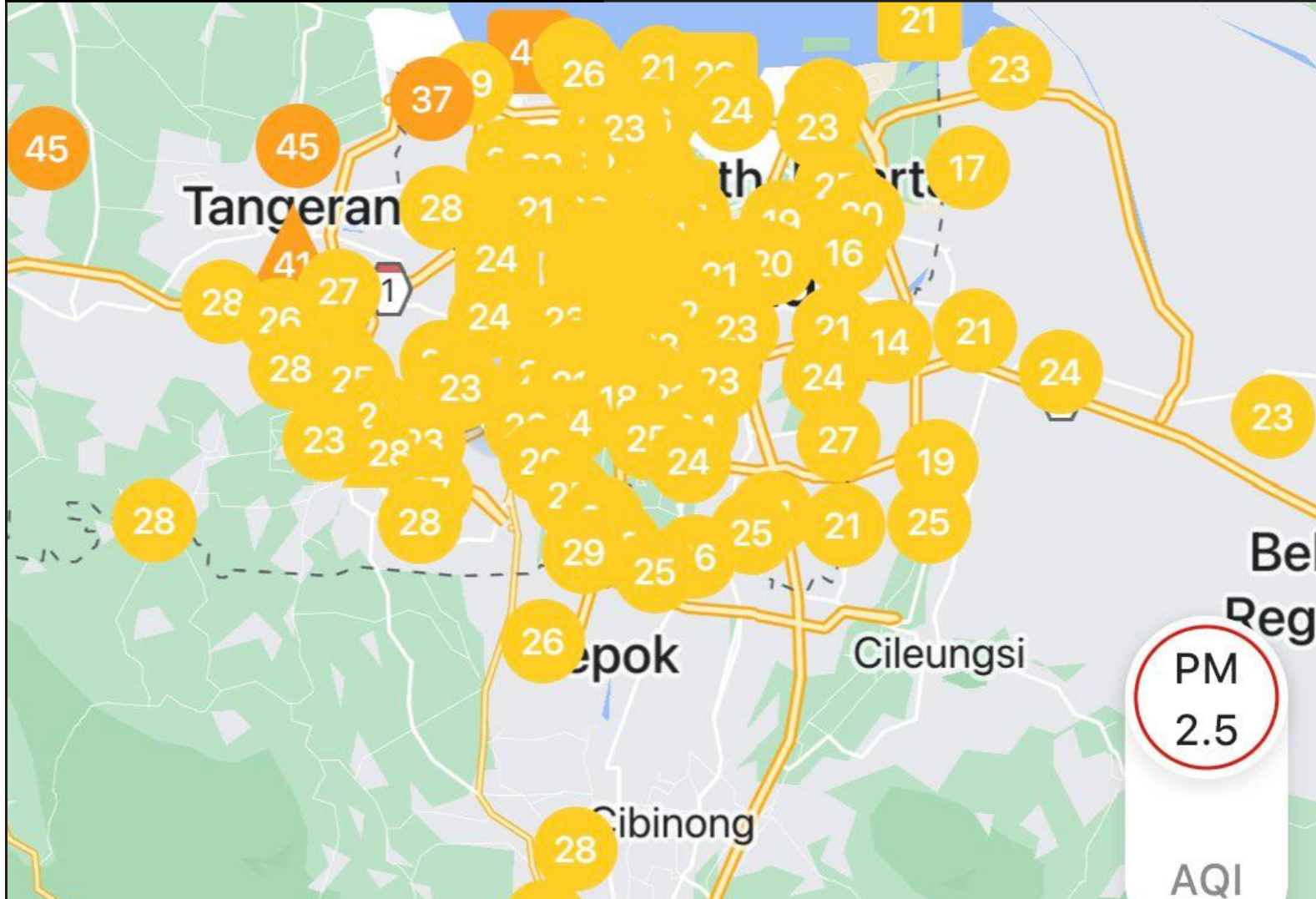
Bintaro, Tangerang Selatan
22 September

Foto: @nafasidn

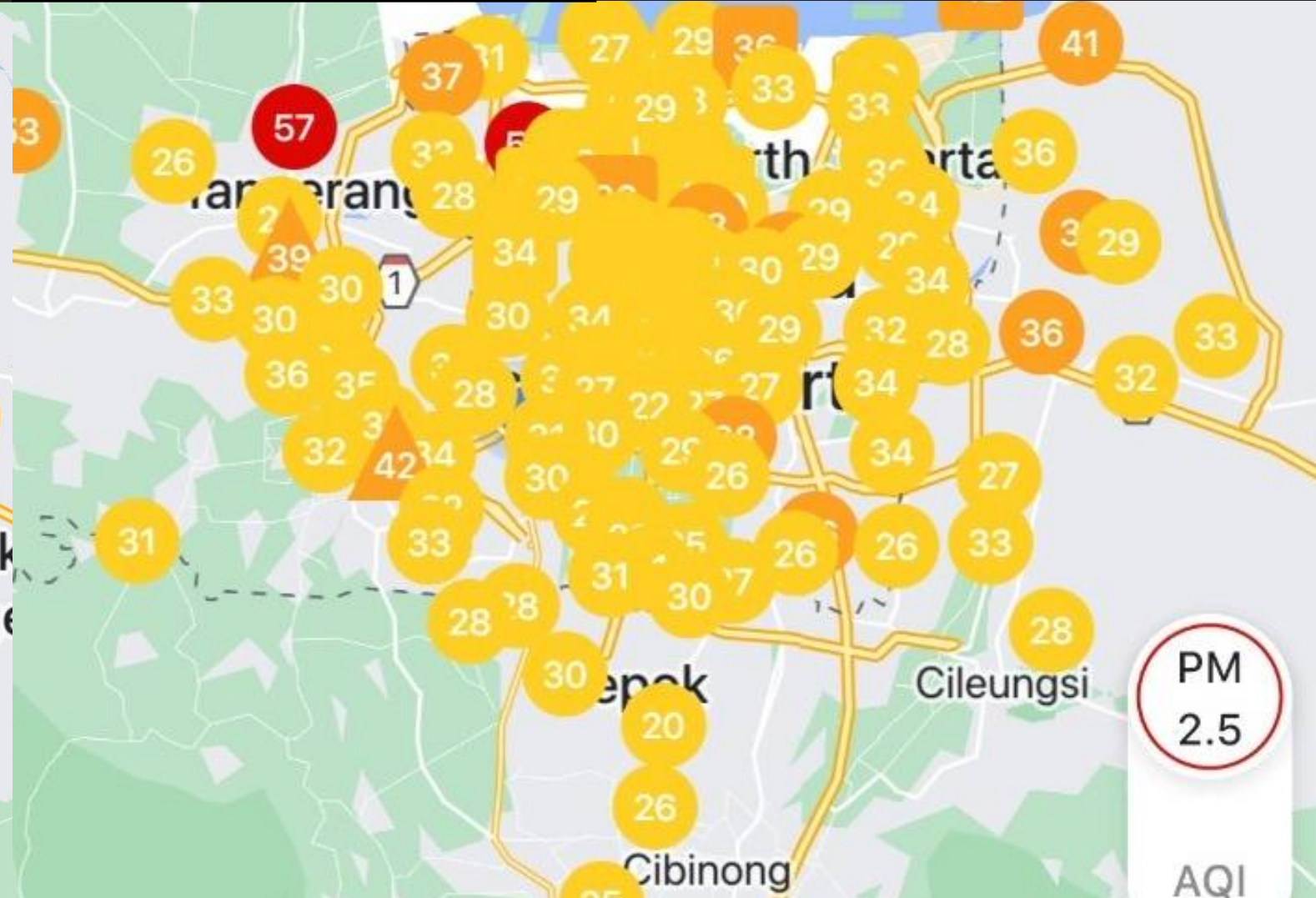


Beji, Depok
29 September

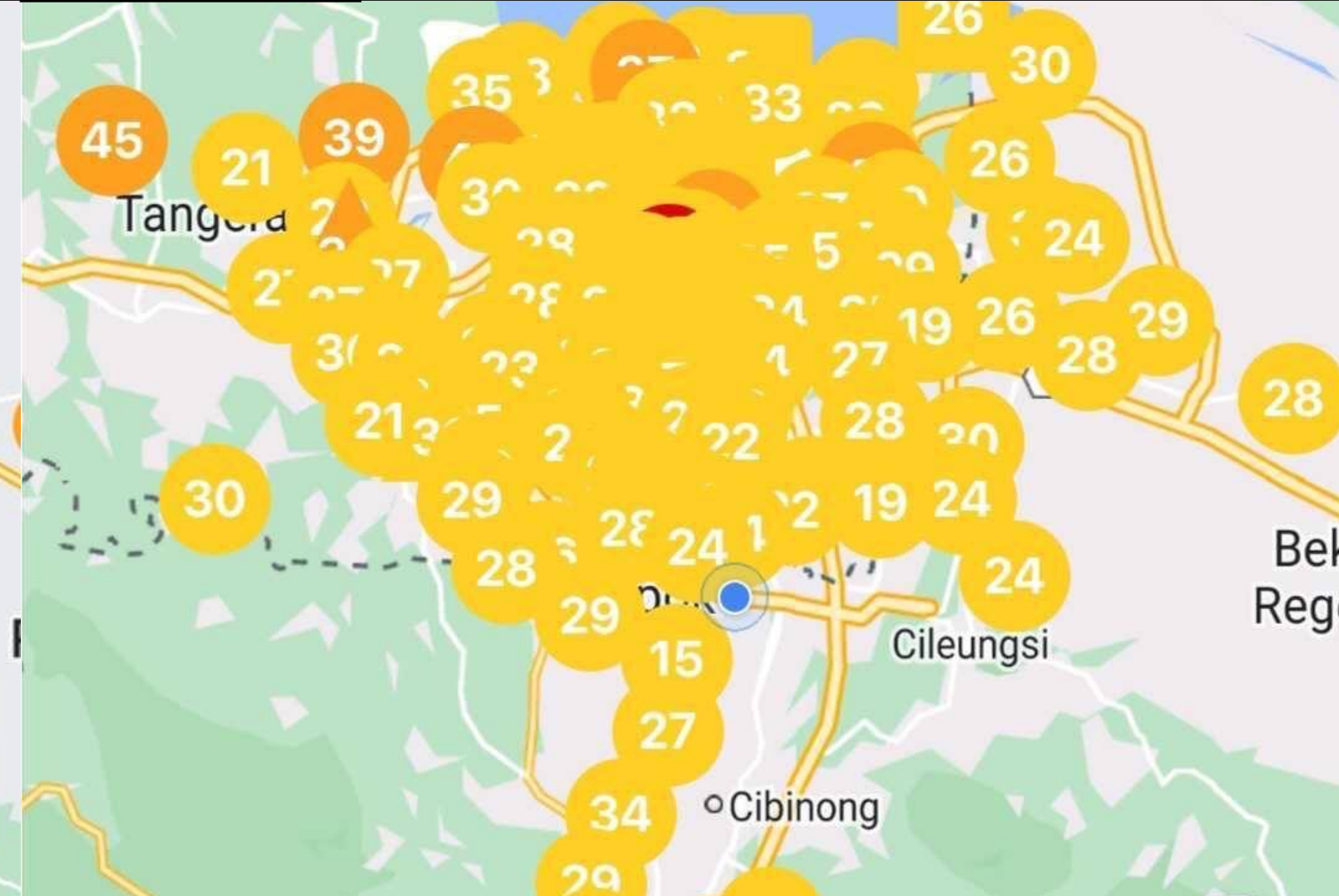
Foto: @nafasidn



12 September — 14.27 WIB



22 September — 11.00 WIB



29 September — 16.00 WIB

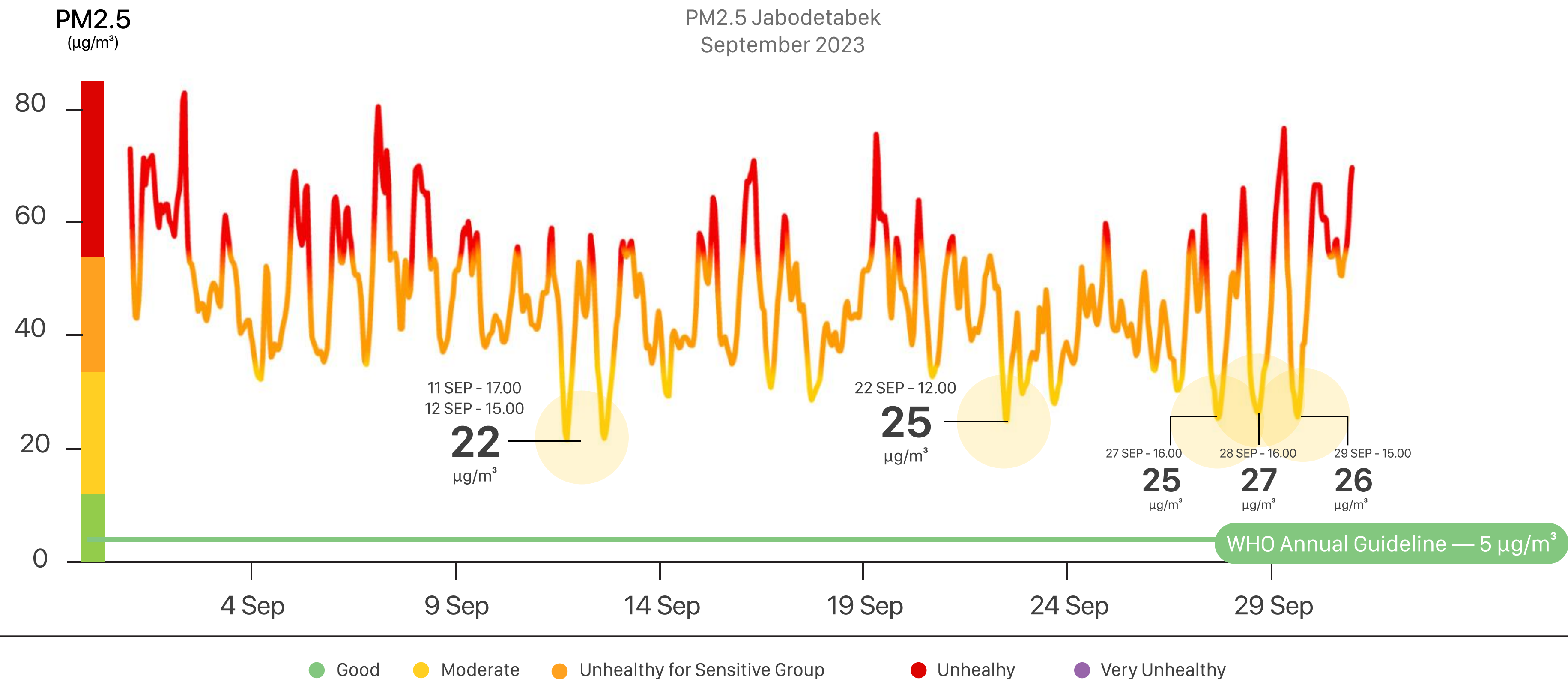
PM

What caused the blue skies over Jabodetabek?

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Last September, there were moments when Jabodetabek enjoyed relatively good air quality in the late morning to early evening. According to Nafas monitoring, these episodes of moderate air quality revealed that **the lowest PM2.5 levels occurred during the midday to early evening, with concentrations ranging from 22 to 26 $\mu\text{g}/\text{m}^3$ between 11:00 and 17:00.**

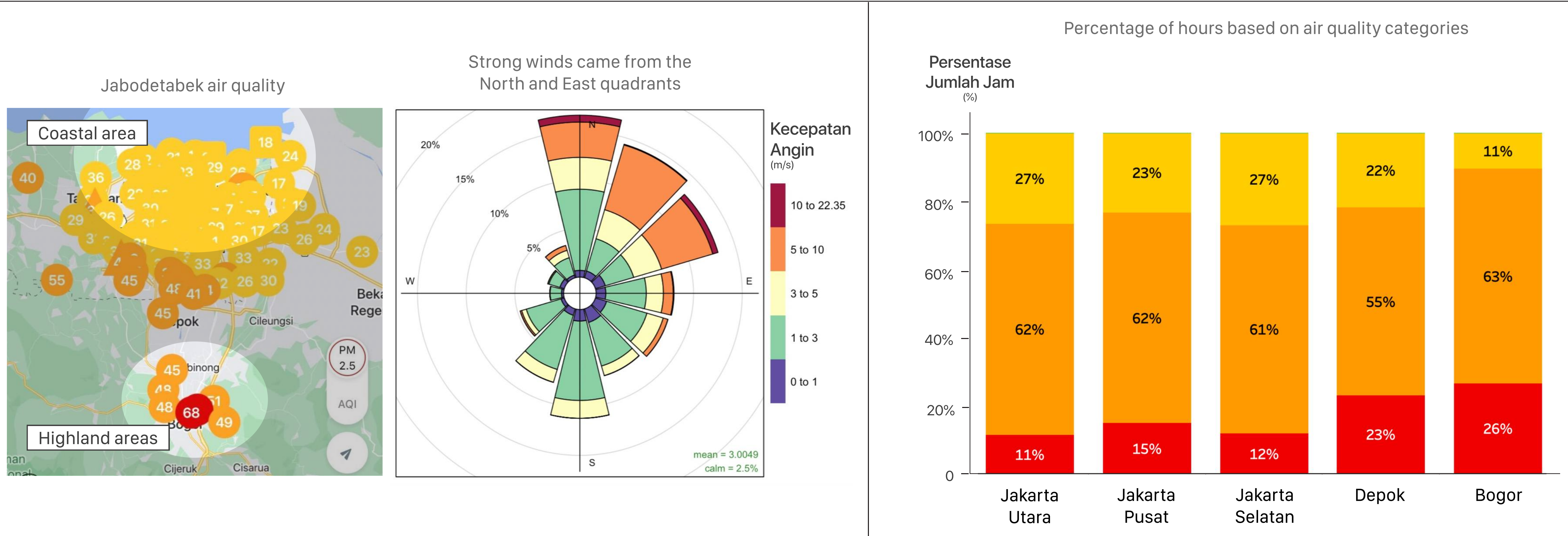
With varying hourly PM2.5 concentrations, **aided by wind speeds of 7 to 10 m/s**, the skies over Jabodetabek during these times appeared noticeably clear and beautifully blue.



Jakarta's coastal areas have lower pollution than the highland regions.

Throughout September, the number of "Unhealthy" (for both the general populace and sensitive groups) hours in the **highland or southern areas of Jabodetabek** (Bogor District and City) was more frequent than in the **coastal or northern areas of Jabodetabek** (North Jakarta). This is due to the frequent and strong winds coming from the North, which effectively 'push' pollutants in the wind's direction.

For the best times to engage in outdoor activities, it is advisable to choose periods when the air quality is on average fairly good, which is typically in the late afternoon. However, given the highly fluctuating levels of pollution, continuously monitor the air quality using the Nafas app.

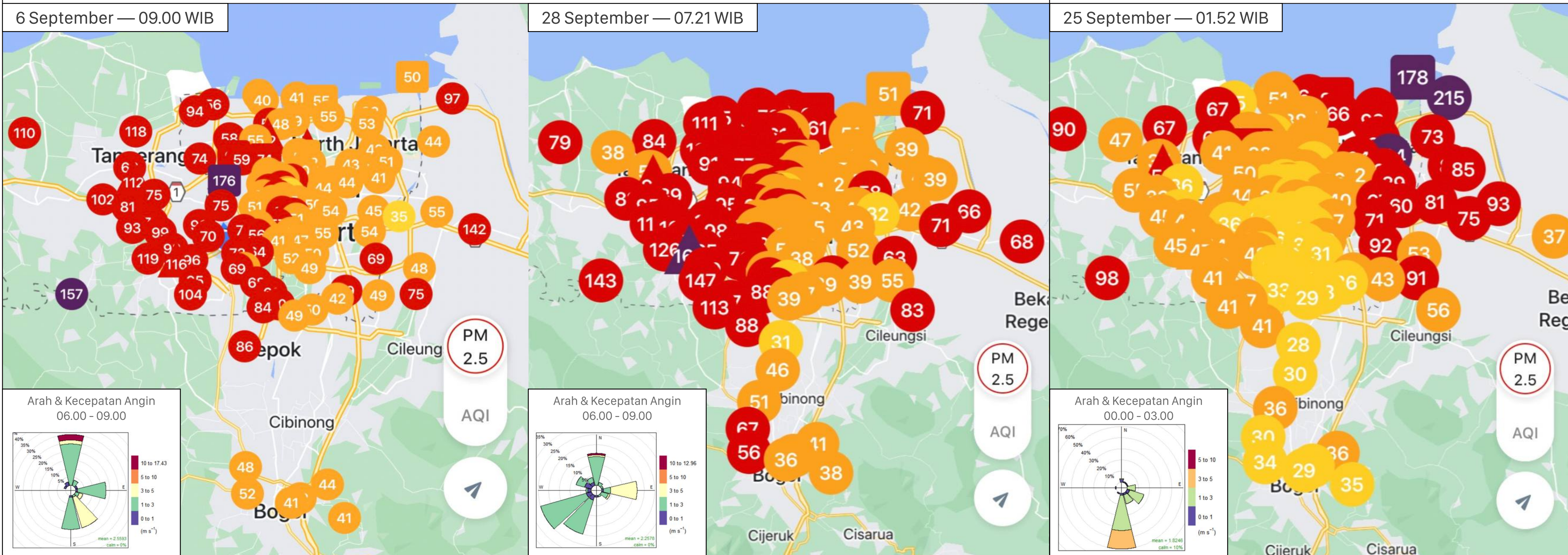


"Yin-Yang" & Other Unique Patterns in Jabodetabek

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At certain times, the western side of Jabodetabek appears more polluted than the eastern side. This distinction is influenced by various atmospheric conditions, especially the wind direction, which comes from different directions during specific periods.

On the other hand, observing the "Color Index" with its varied transitions, there's a noticeable dominant wind direction coming from the southern to eastern quadrants.



● Good ● Moderate ● Unhealthy for Sensitive Group ● Unhealthy ● Very Unhealthy

Forest and Land Fire Emergency, A Serious Threat to Public Health

Forest and land fires, often referred to as "karhutla," are rampant in many areas, especially on the islands of Sumatra and Kalimantan. Cities such as **Palembang, Jambi, Banjarmasin, Palangkaraya,** and **Sampit** are among the most affected.

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Palembang Rivals Jambi for Indonesia's Worst Air Quality Status, Discover the Reasons

CNN Indonesia

Senin, 25 Sep 2023 12:31 WIB



Salah satu titik kebakaran hutan dan lahan di Sumsel, Ogan Ilir, belum lama ini. Efek langsungnya adalah udara buruk. (ANTARA FOTO/NOVA WAHYUDI)

[CNN Indonesia,](#)
[25 September 2023](#)

Jambi Residents Complain About the Effects of Smoke Haze: Stinging Eyes, Difficulty Breathing

Ferdi Almunanda - detikSumbagsel

Kamis, 28 Sep 2023 10:20 WIB



Kabut asap menyelimuti Kota Jambi mulai dikeluhkan warga (Foto: Ferdi Al Munanda)

[Detik.com,](#)
[28 September 2023](#)

Eyes Sting, Smoke Haze in Banjarmasin Worsens

Banjarmasin kasus tertinggi ISPA di Kalimantan Selatan



Kondisi udara di Banjarmasin semakin parah akibat tercemar kabut asap.

[IDN Times,](#)
[28 September 2023](#)

Smoke Haze Thickens in Palangkaraya, City Activities Disrupted



Serasa terbakar hingga jadi abu di Desa Tanjung Taruna, Kabupaten Pulang Pisau, Kalimantan Tengah, pada Kamis (28/9/2023). Kebakaran hutan dan lahan terjadi hampir di tiap wilayah dan petugas pun tampak kewalahan menghadapinya. Karhutla mulai mendekati fasilitas publik hingga pemukiman warga.

[Kompas.id,](#)
[28 September 2023](#)

Rampant Forest Fires Continue to Affect Sampit and Palangkaraya



Jumat, 29 September 2023



SELIMUT ASAP: Pemandangan Kota Palangka Raya dari Jembatan Kahayan yang diselimuti asap. (DODI/RADAR SAMPIT)

[Radar Sampit,](#)
[29 September 2023](#)

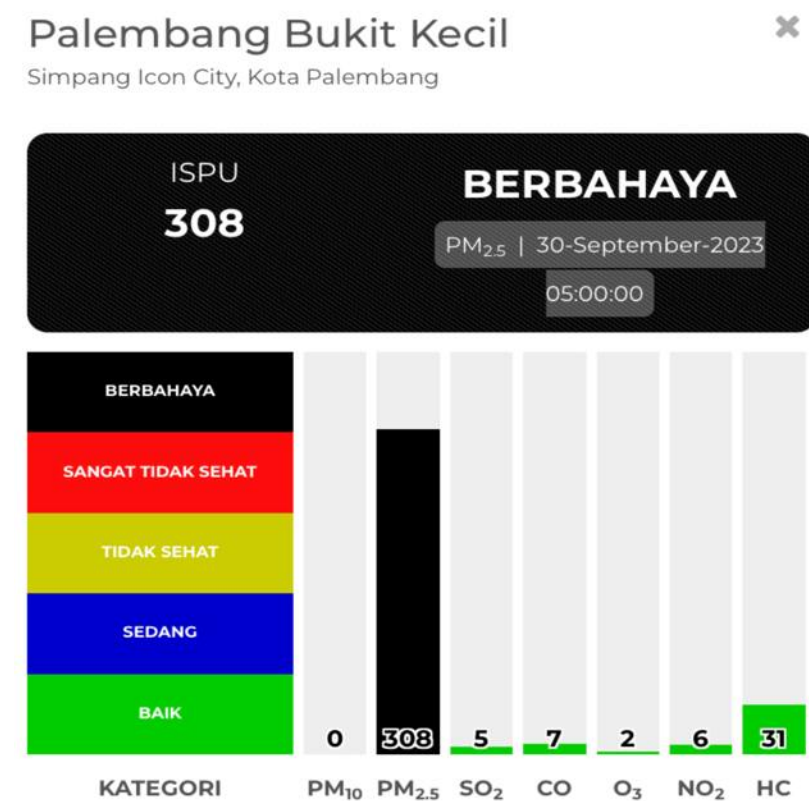
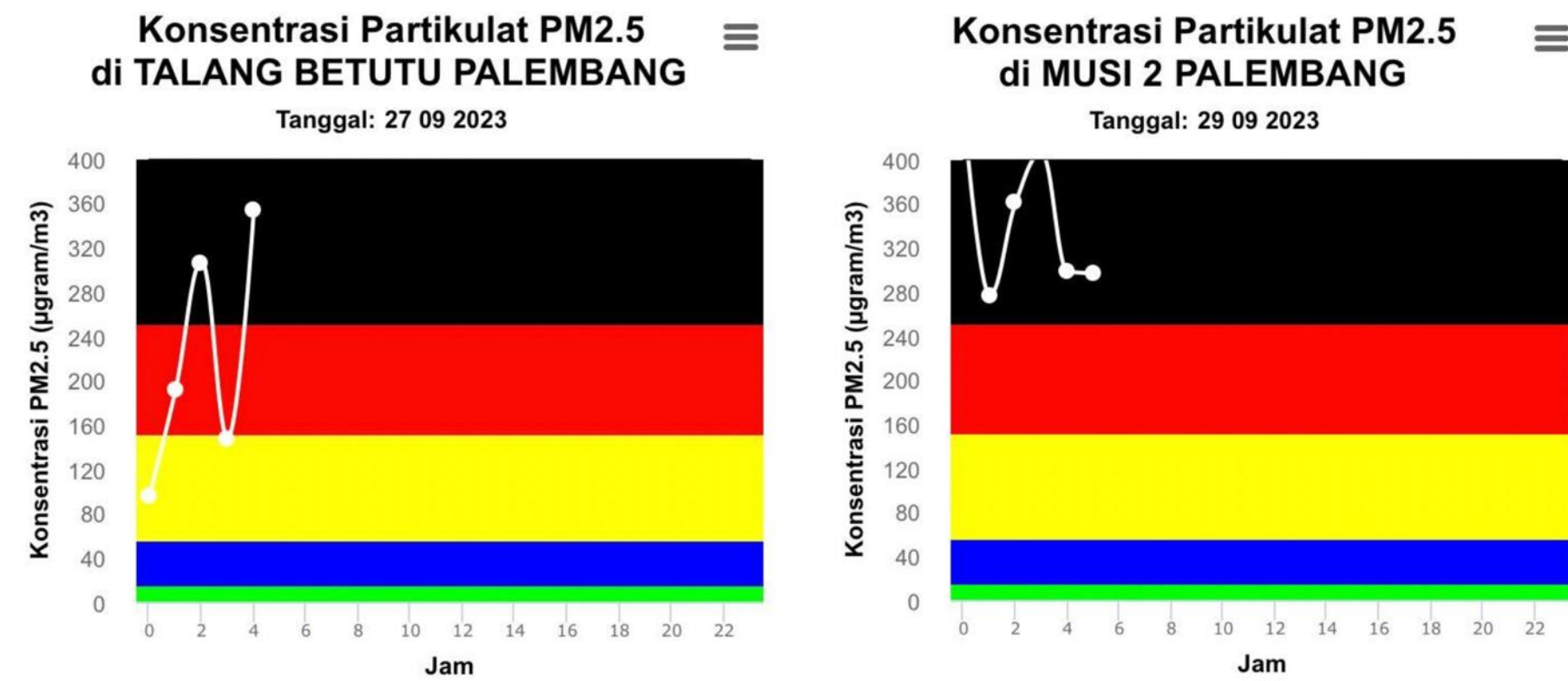
Forest and Land Fire Emergency, A Serious Threat to Public Health

The Nafas sensor network has not yet covered these areas. However, according to the air quality monitoring results from [ISPU KLHK](#) and [BMKG](#), the air quality ranges from categories such as "Unhealthy," "Very Unhealthy," to "Hazardous."

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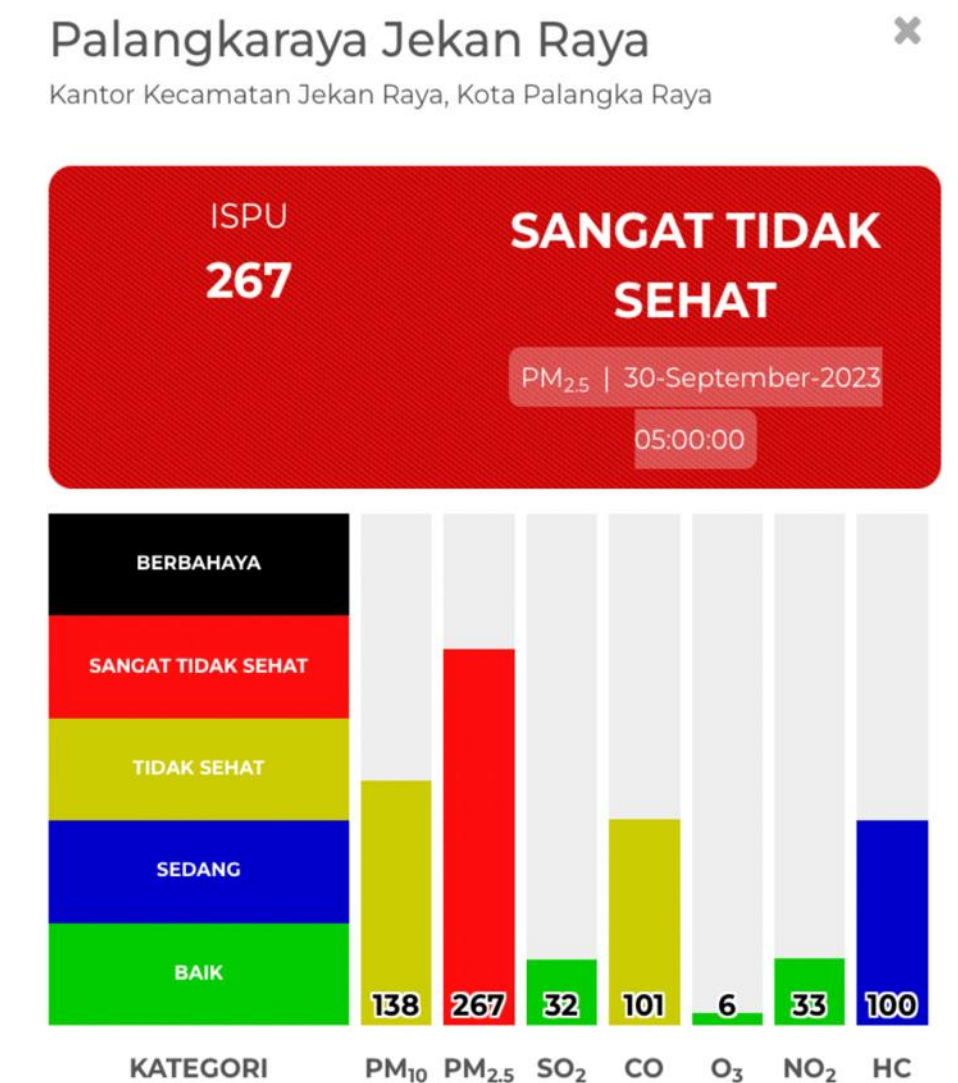
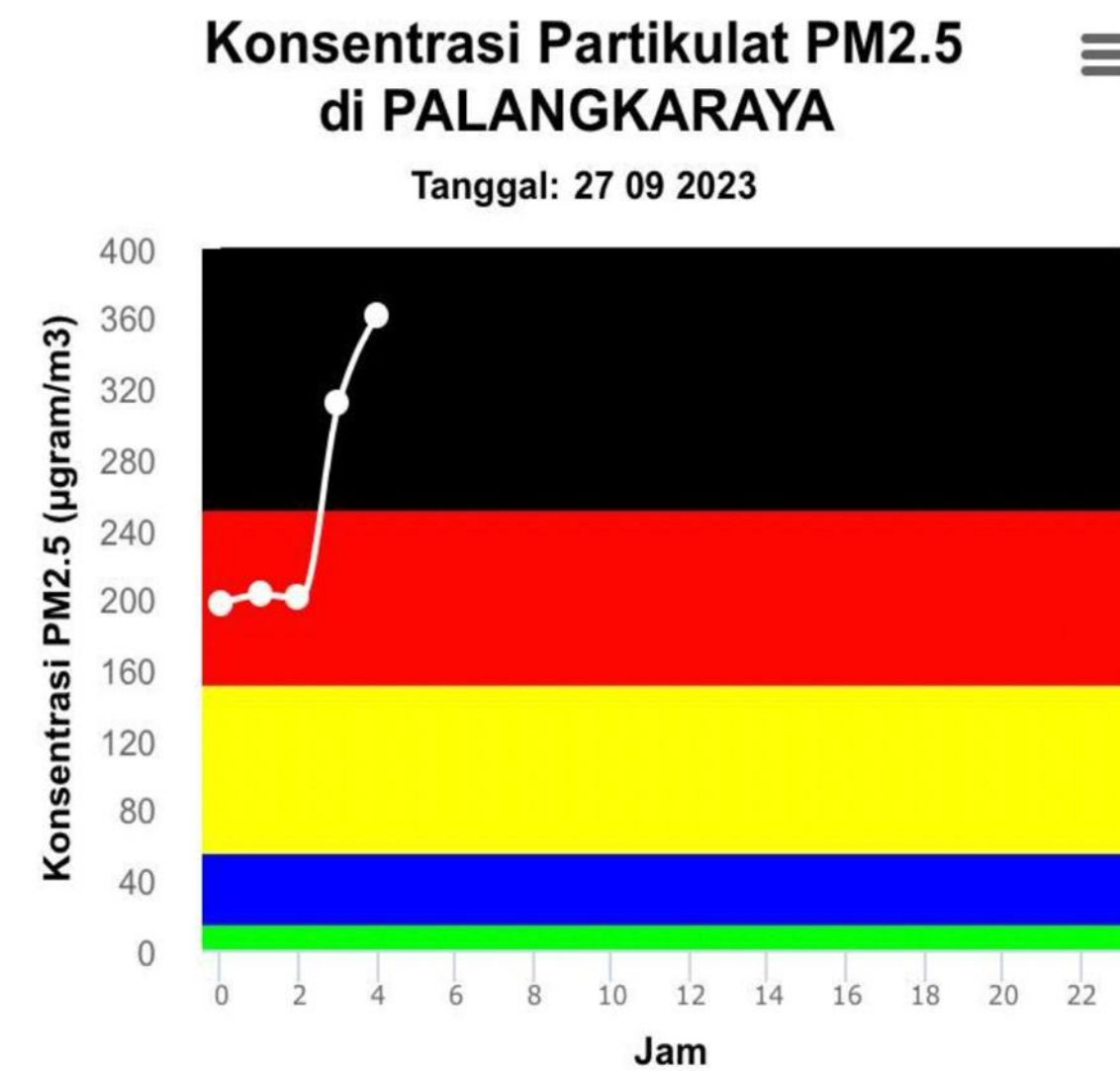
PALEMBANG

Date of Monitoring
27, 29 dan 30 September



PALANGKARAYA

Date of Monitoring:
27, dan 30 September



Potential Contribution of Forest and Land Fires to Air Quality in Other Regions

Forest fires in various areas around Mount Lawu have been ongoing since August 30, 2023. Initially, 3-9 hectares of land were affected, but as of now, the fires have spread to encompass around 2000 hectares*. Currently, there are no Nafas sensors located near Mount Lawu. However, based on the modeling data as of October 9th, **there seems to be a potential movement of pollutants towards the nearest Nafas sensor region, which is D.I. Yogyakarta.**

This suggests the potential contribution of the Mount Lawu forest fires to air pollution in other areas (transboundary pollution), especially in D.I. Yogyakarta and its surroundings during specific times and days when atmospheric conditions are conducive.

*Source: [Detik.com](https://www.detik.com), [Kompas](https://www.kompas.com)

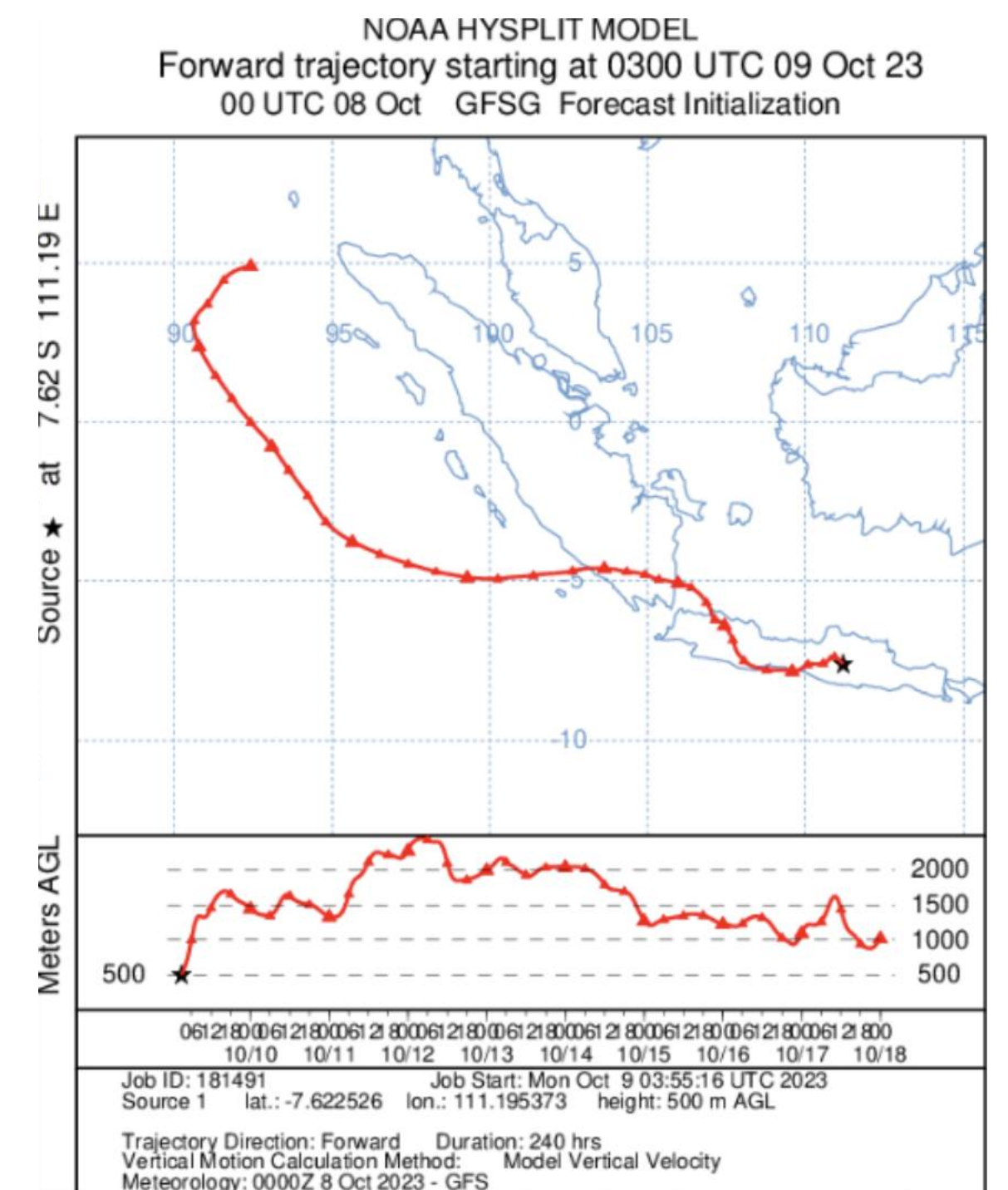
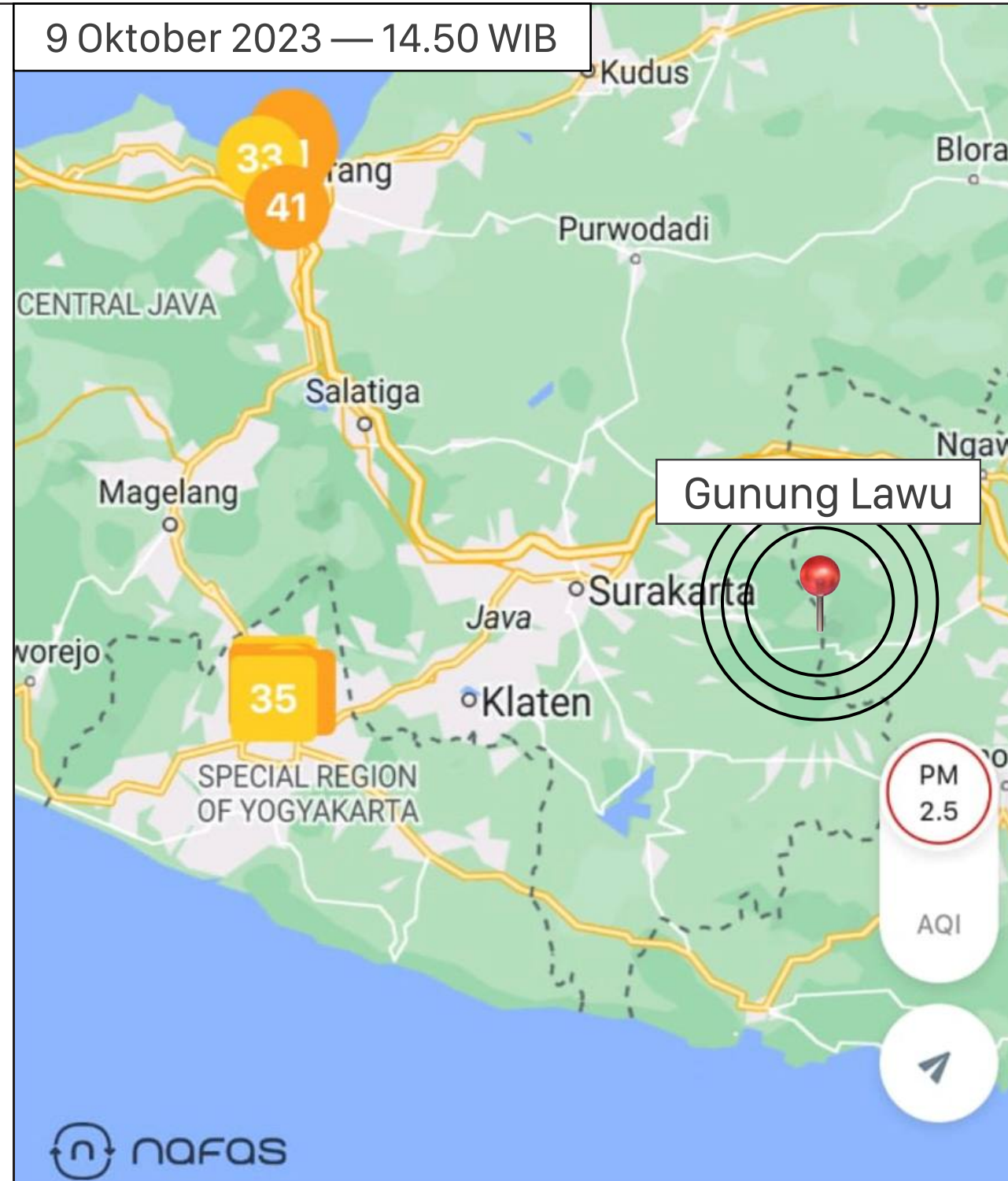
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BNPB, 30 September 2023

Seluas 30 Hektar Lahan Gunung Lawu Terbakar

30 Sep 2023 11:25 WIB

© Dilihat 518 kali



04

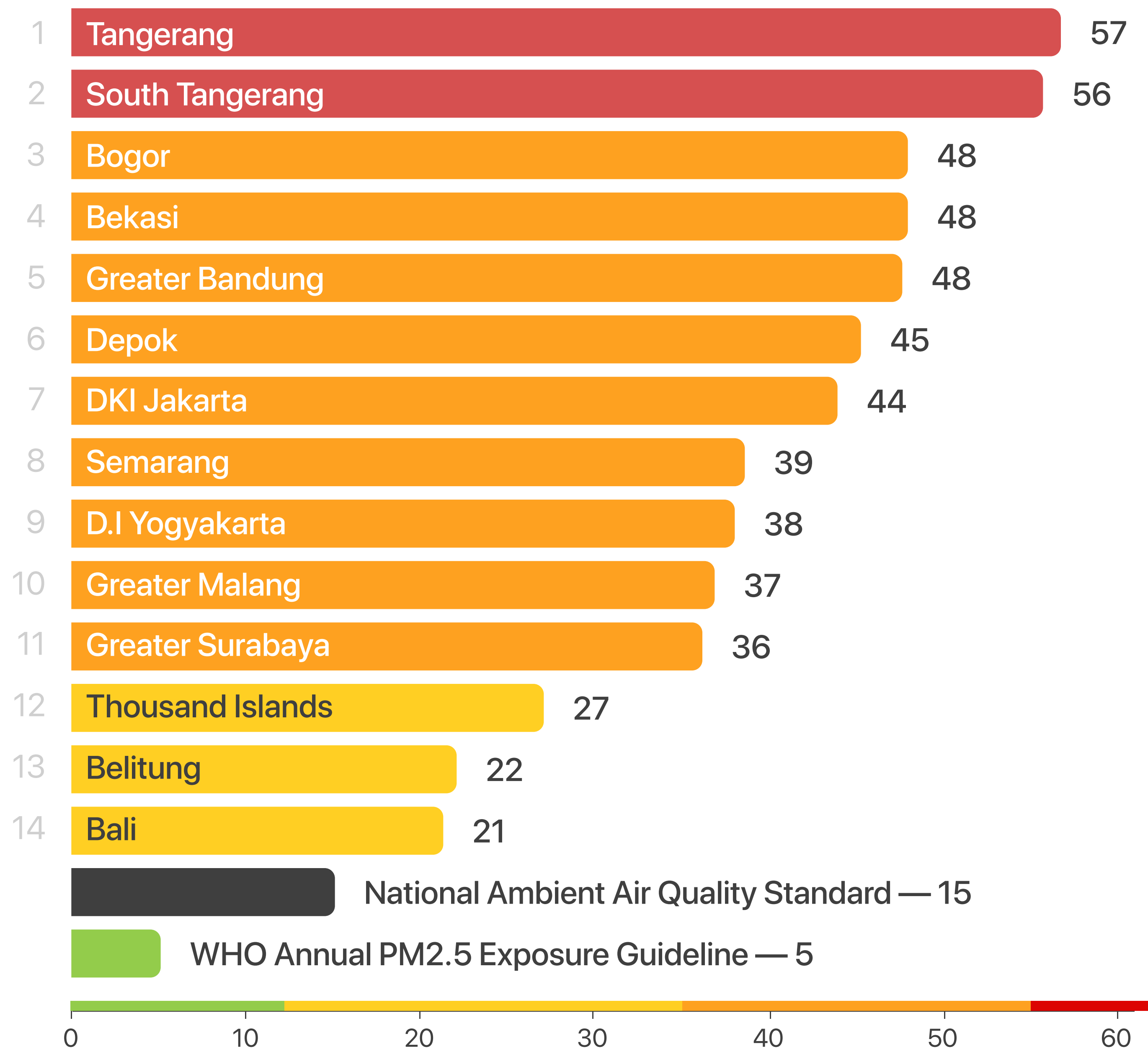
city
overview



City Rankings

This ranking is determined by the cities with the highest PM2.5 concentration levels in September 2023.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



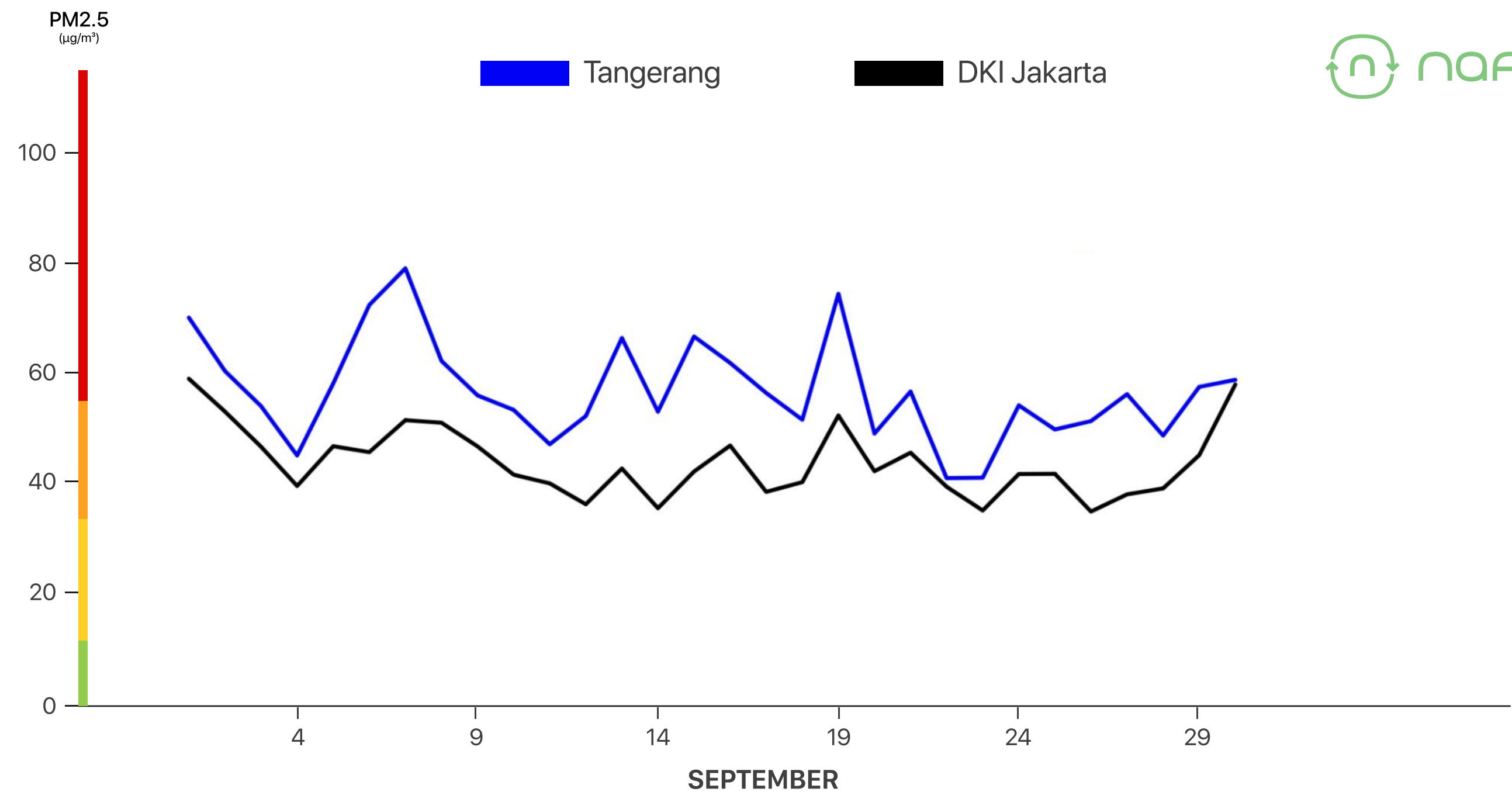
Tangerang

September 2023

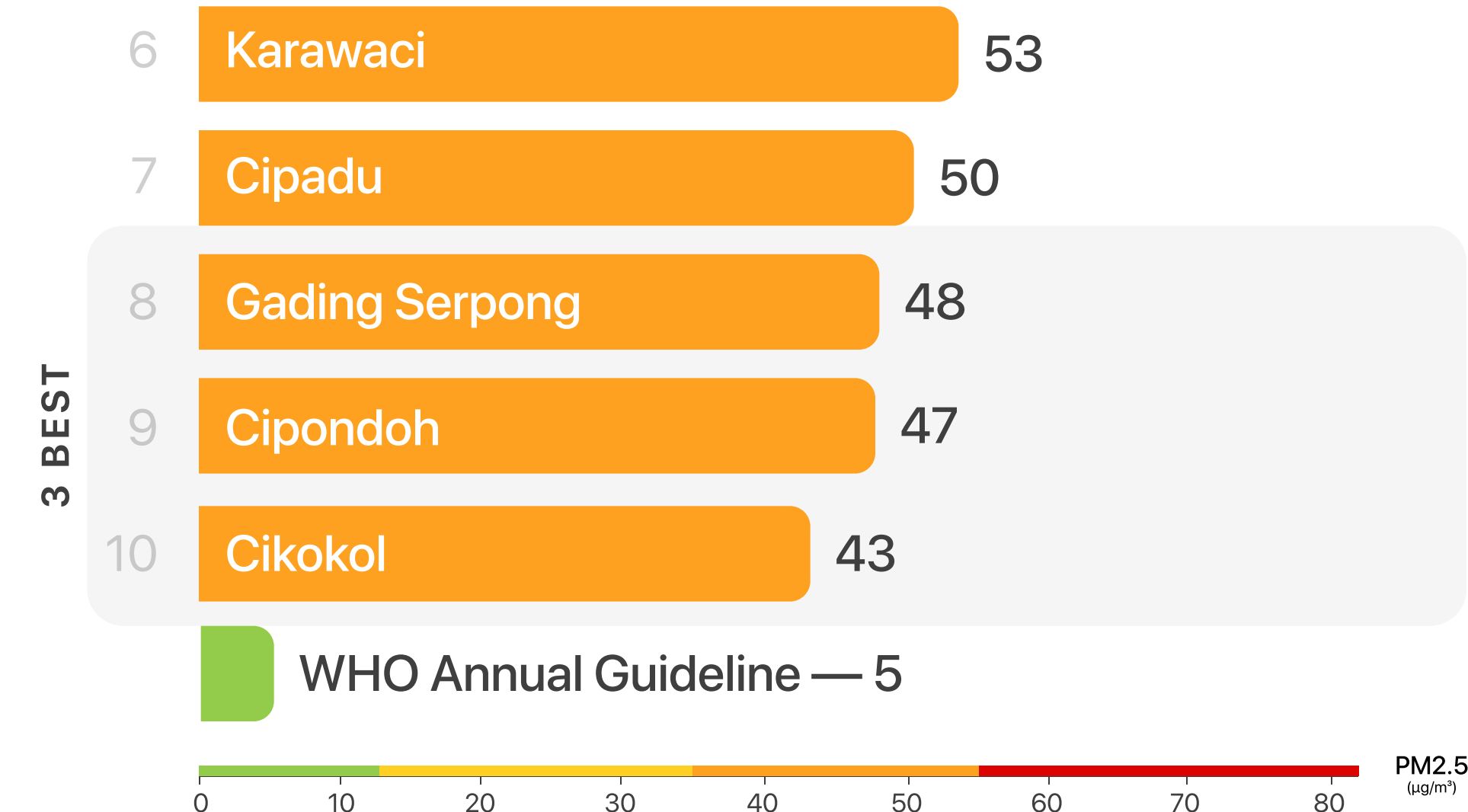
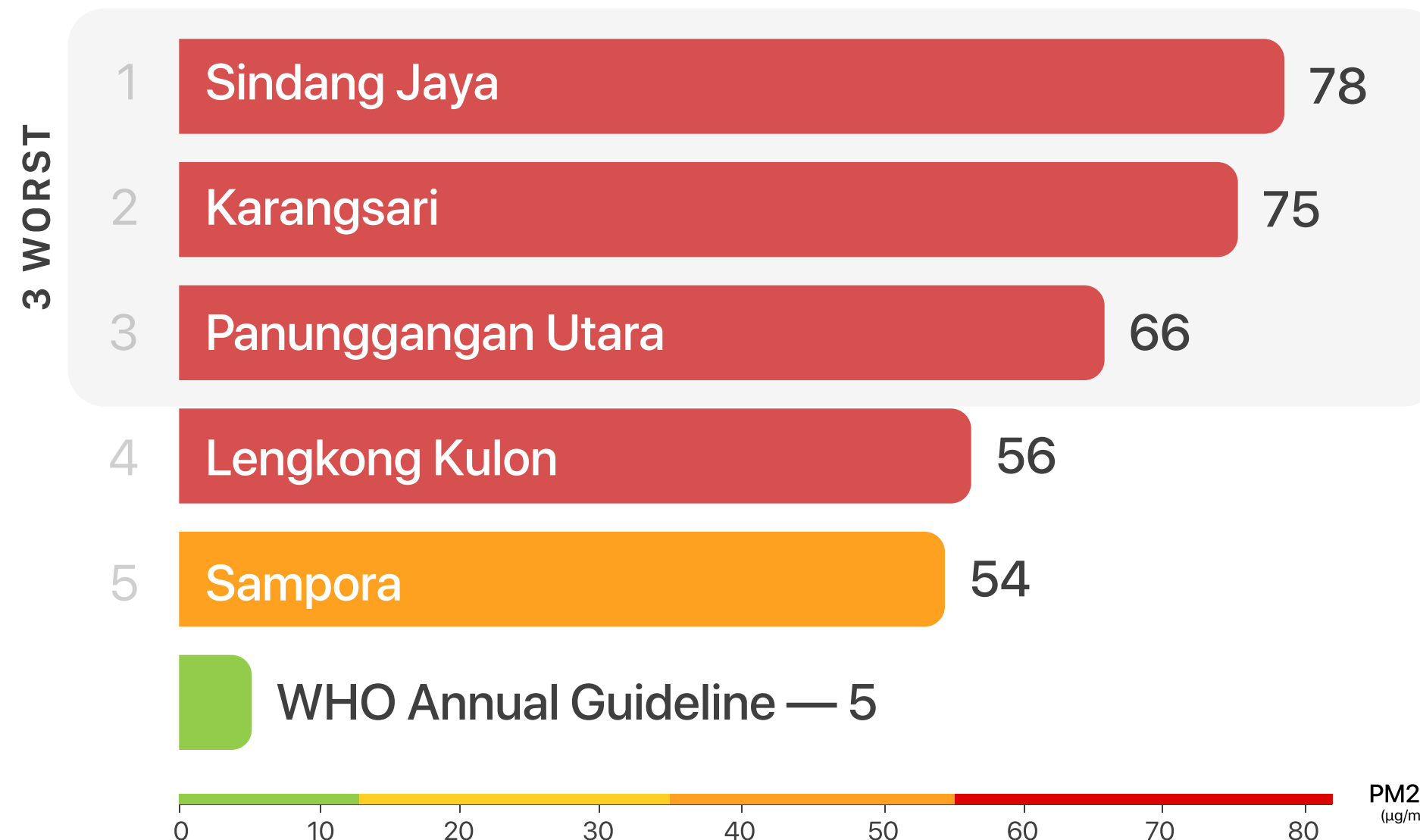
Last September, **Tangerang emerged as the most polluted area** in the Nafas sensor network, overtaking South Tangerang, which had held the top spot for several months. This is, of course, an "achievement" that no region would wish to claim.

TANGERANG VS DKI JAKARTA

29%
Worse than
DKI Jakarta



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



South Tangerang

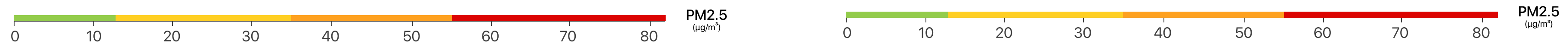
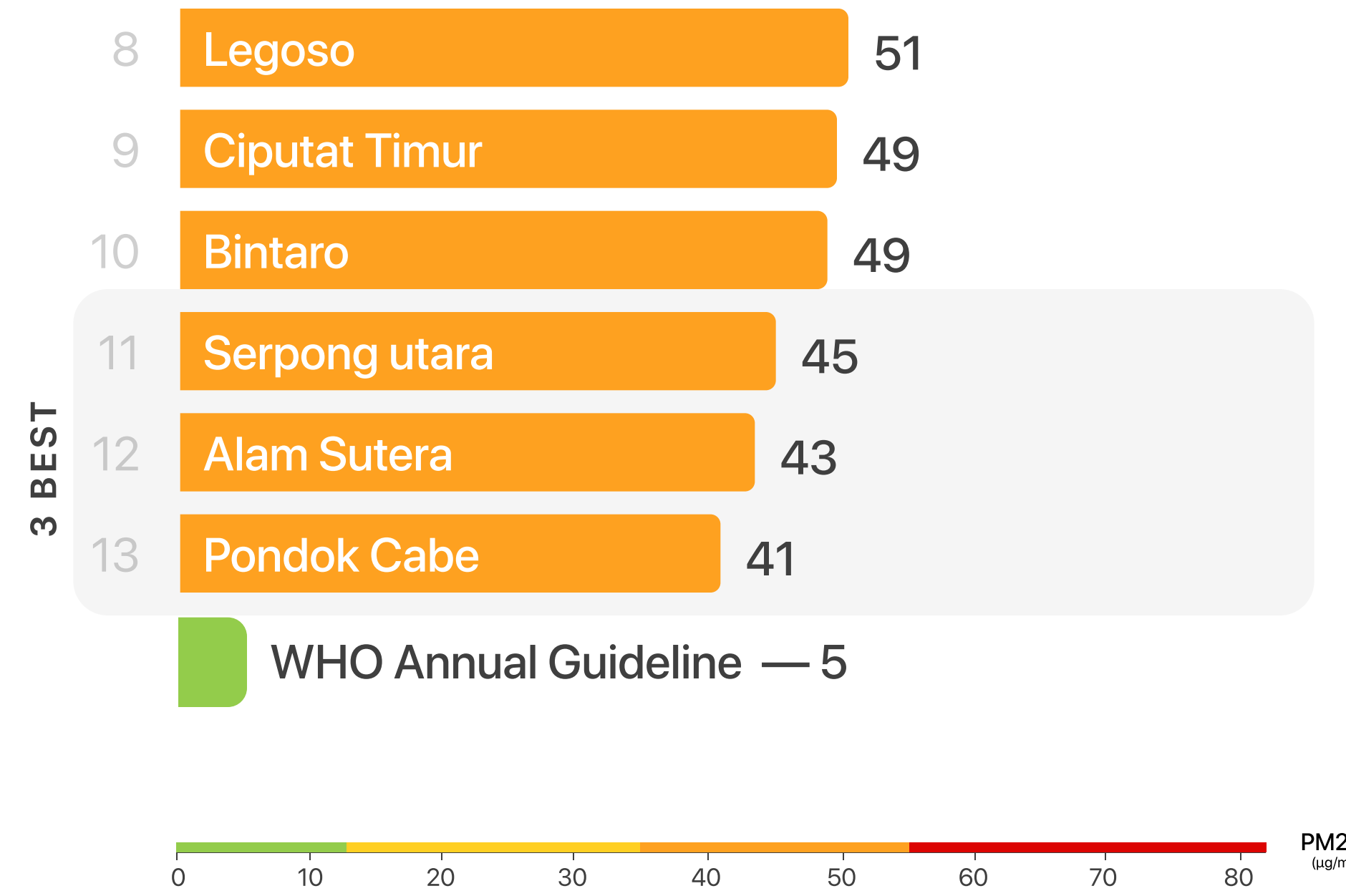
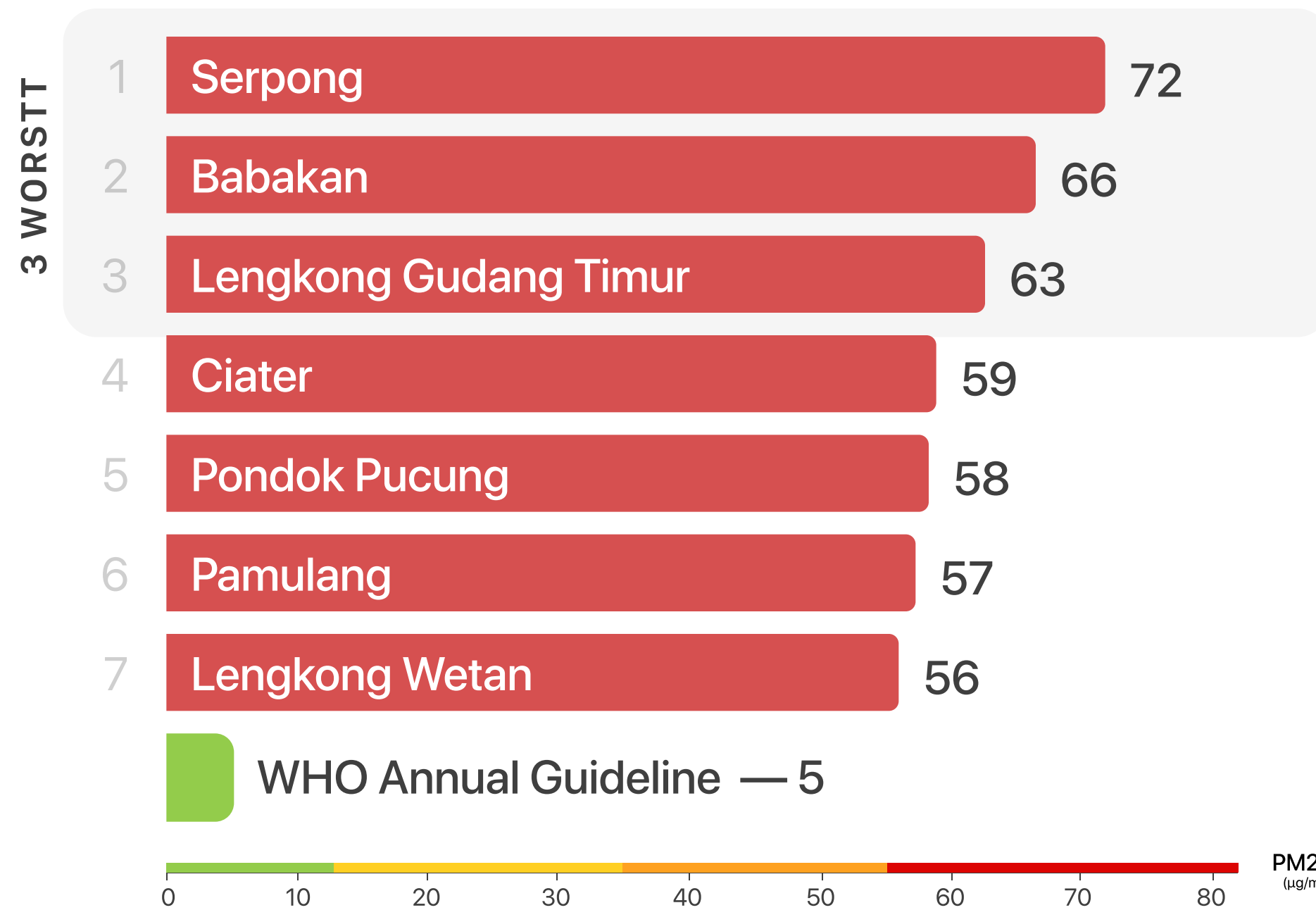
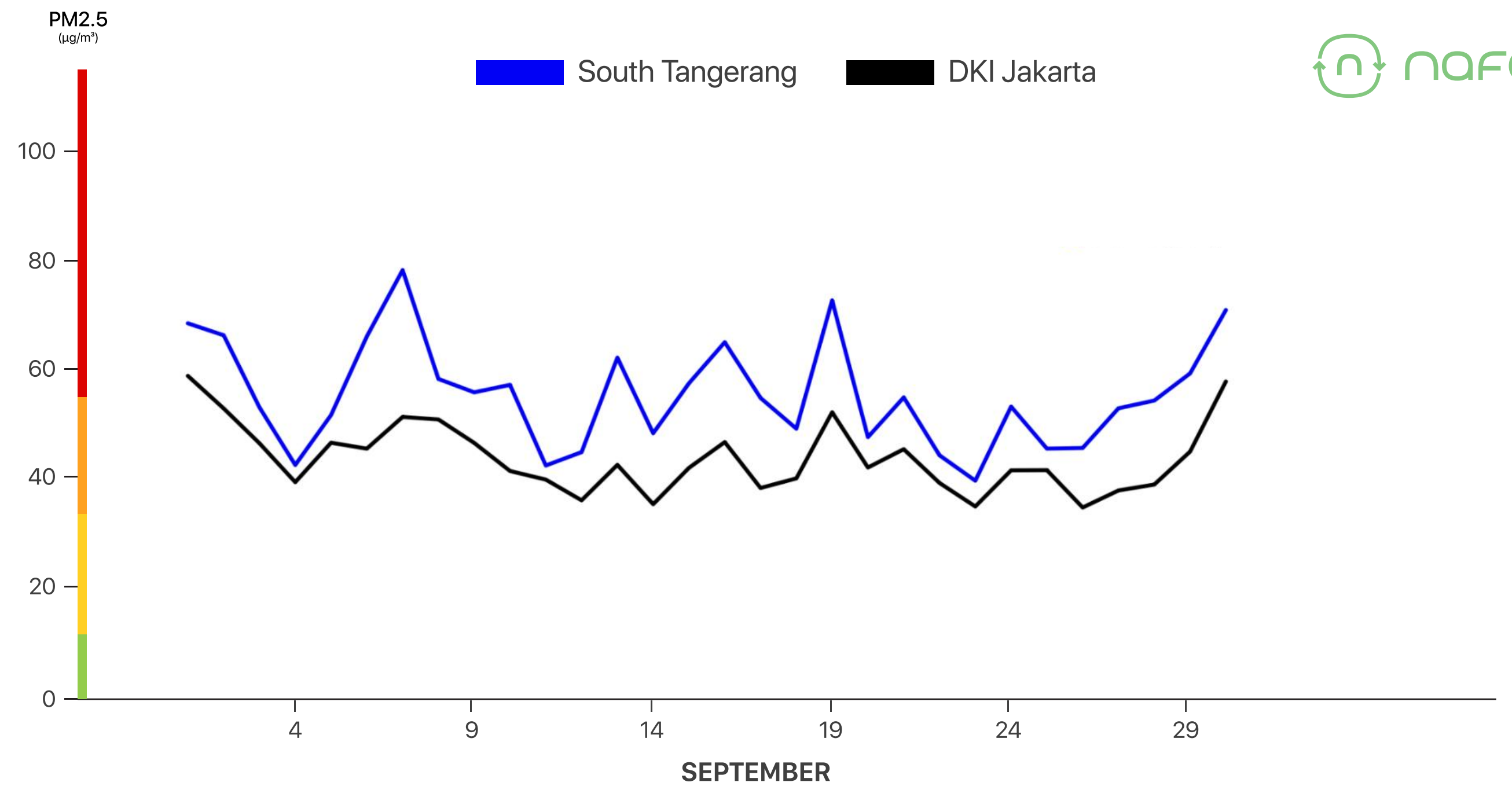
September 2023

Pushed to second place as the most polluted area, South Tangerang's average monthly PM2.5 level in September remained high. Serpong continues to be the region with the highest monthly pollution level, reaching $72 \mu\text{g}/\text{m}^3$, which is 14 times higher than the WHO's annual guidelines.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

SOUTH TANGERANG VS DKI JAKARTA

27%
Worse than
DKI Jakarta



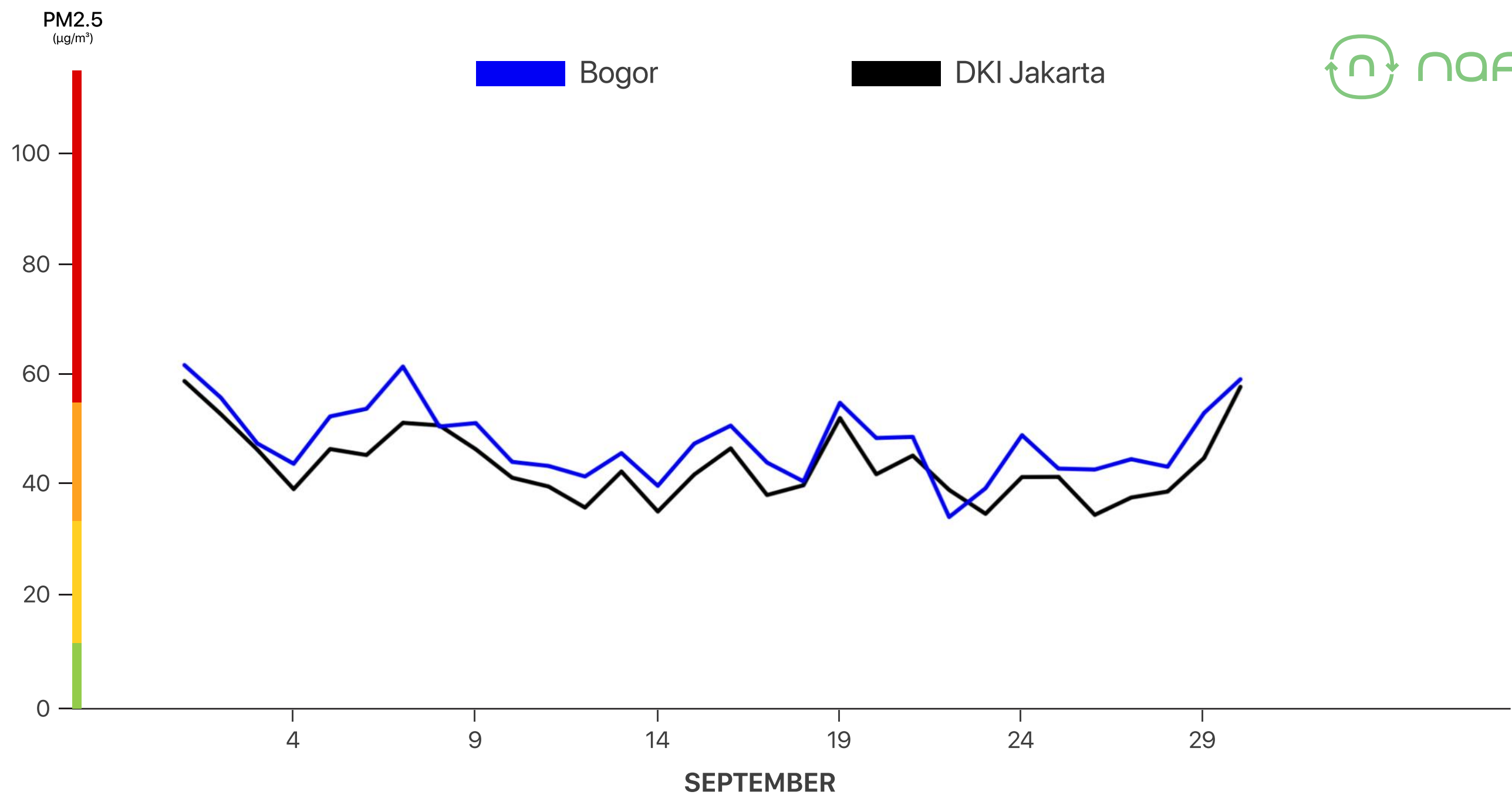
Bogor

September 2023

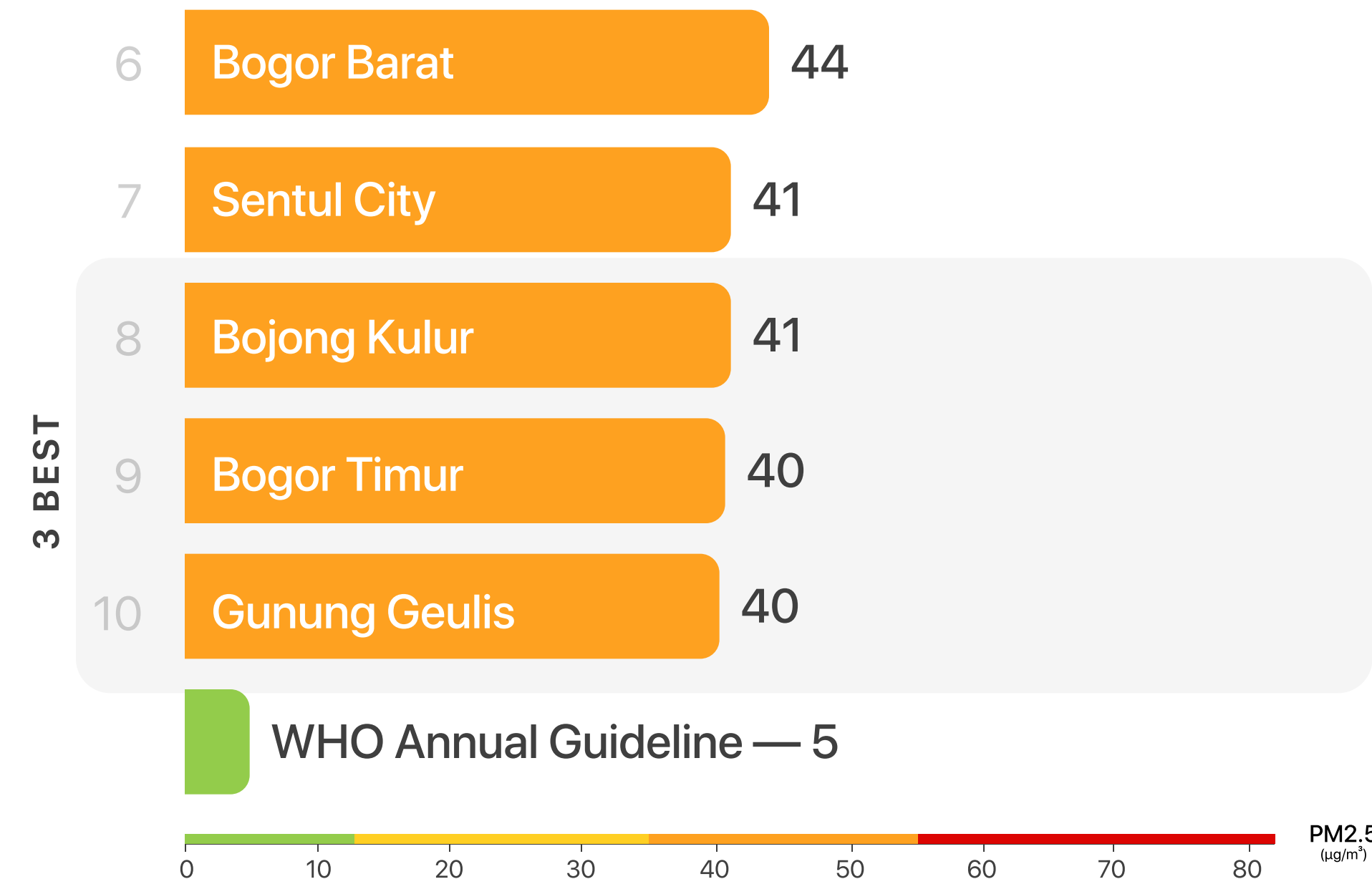
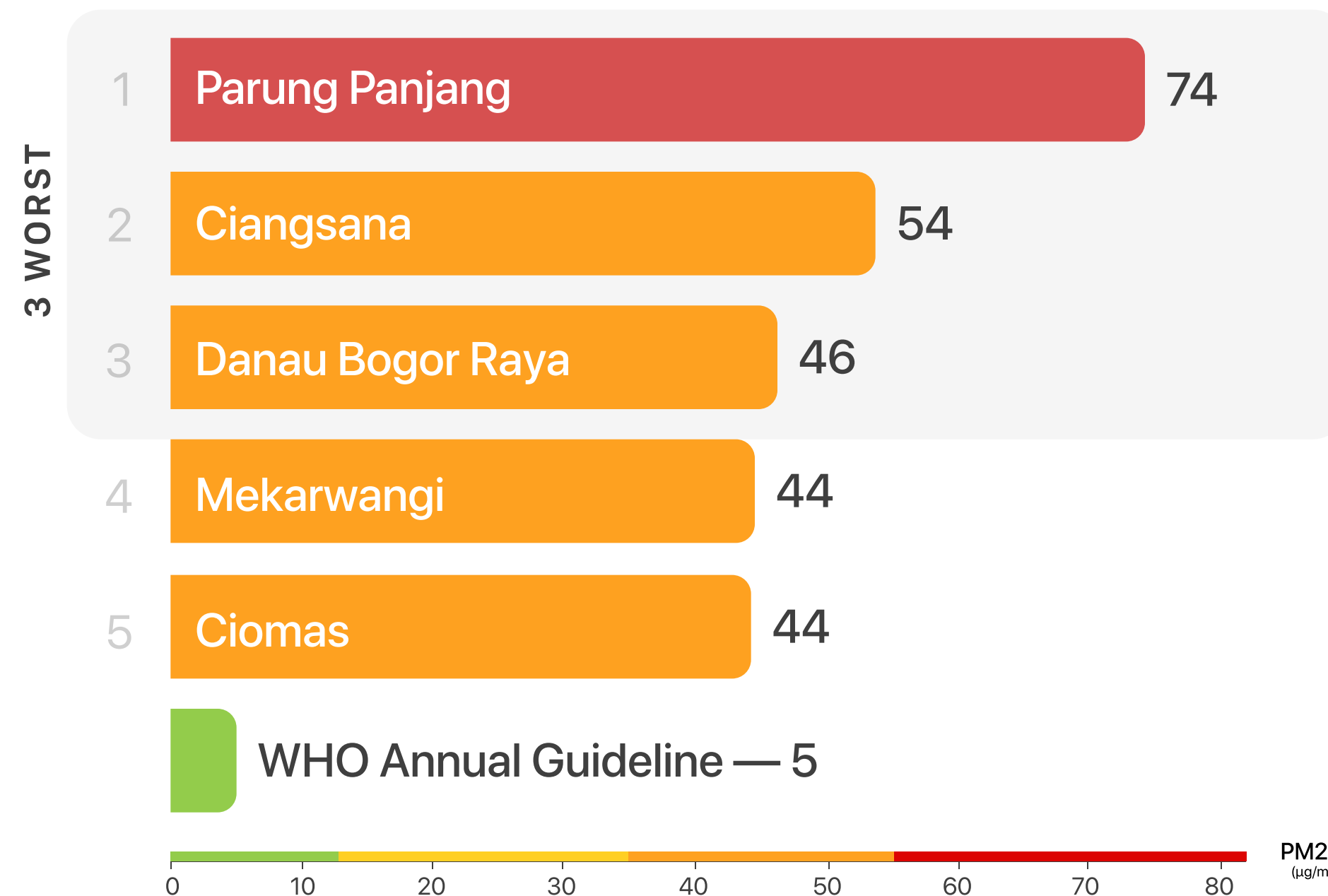
Goodbye to Bogor's image as a pollution-free city. Even though its average monthly pollution levels have decreased, the PM2.5 concentrations in various parts of Bogor remain high, especially in Parung Panjang, which reached $74 \mu\text{g}/\text{m}^3$ —15 times above the WHO's annual guidelines.

BOGOR VS DKI JAKARTA

9%
Worse than
DKI Jakarta



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



Bekasi

September 2023

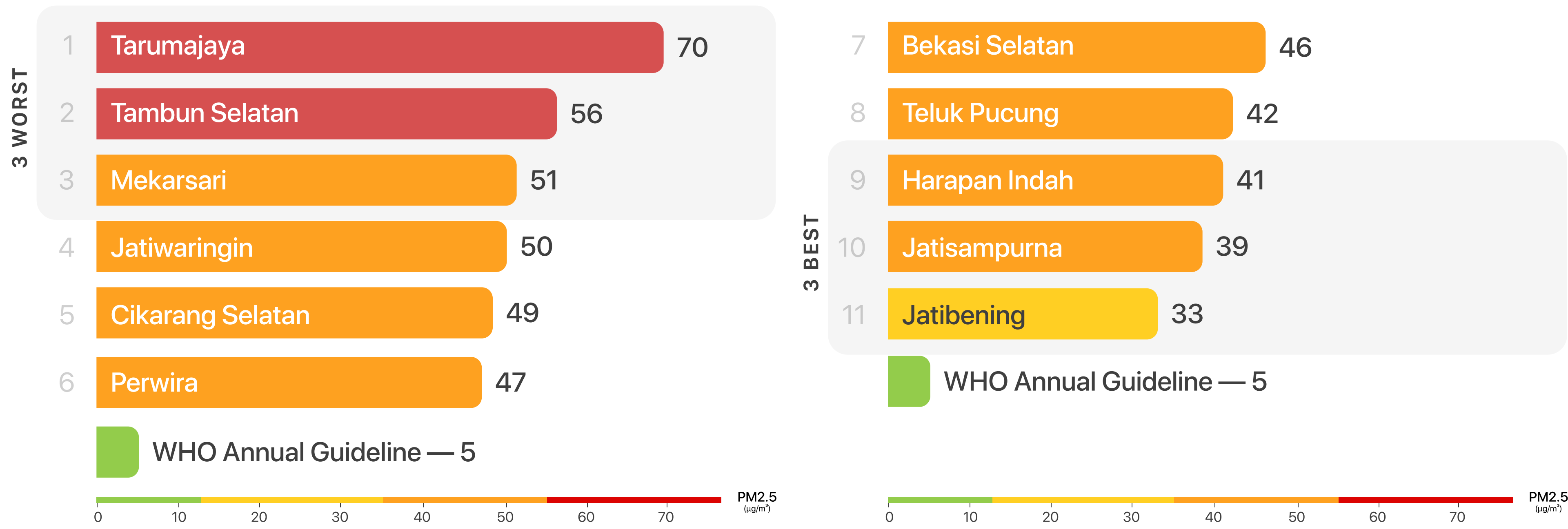
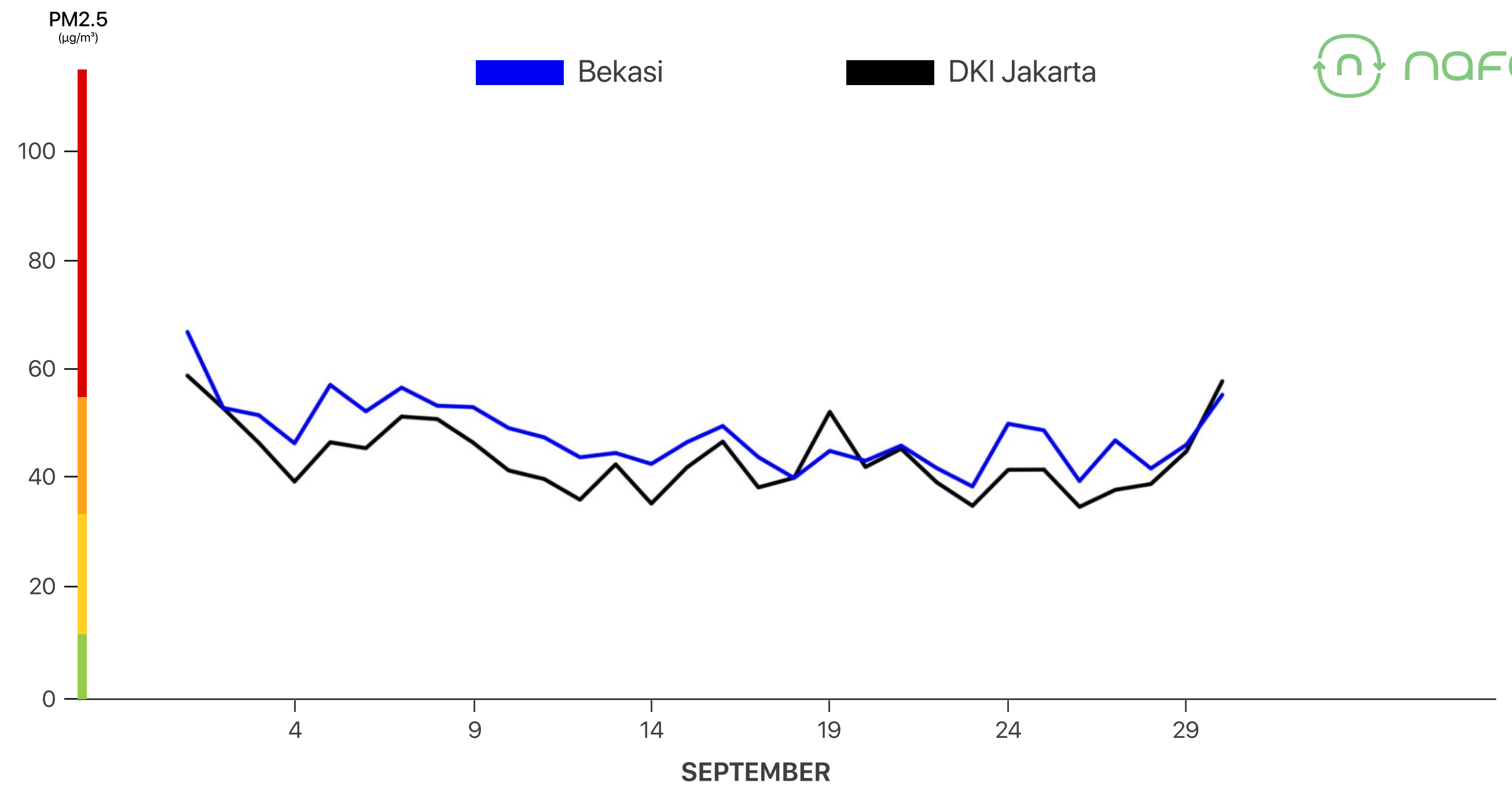
Ranked fourth as the most polluted area, Bekasi's air quality in September was slightly worse compared to DKI Jakarta.

Congratulations to Jatibening for being the sole region with an average air quality categorized as **"Moderate" (Fairly Good)**!

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

BEKASI VS DKI JAKARTA

9%
Worse than
DKI Jakarta



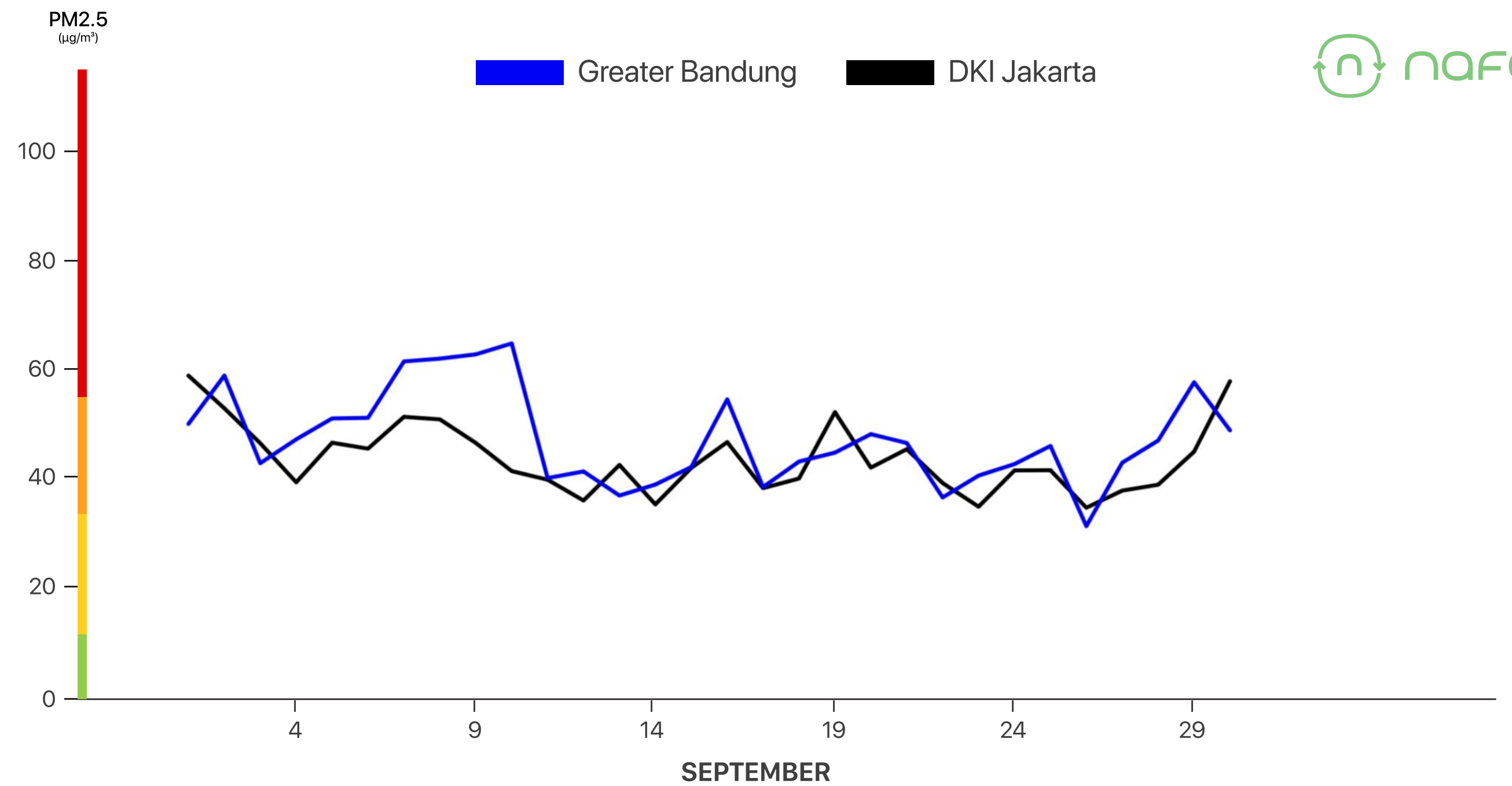
Greater Bandung

September 2023

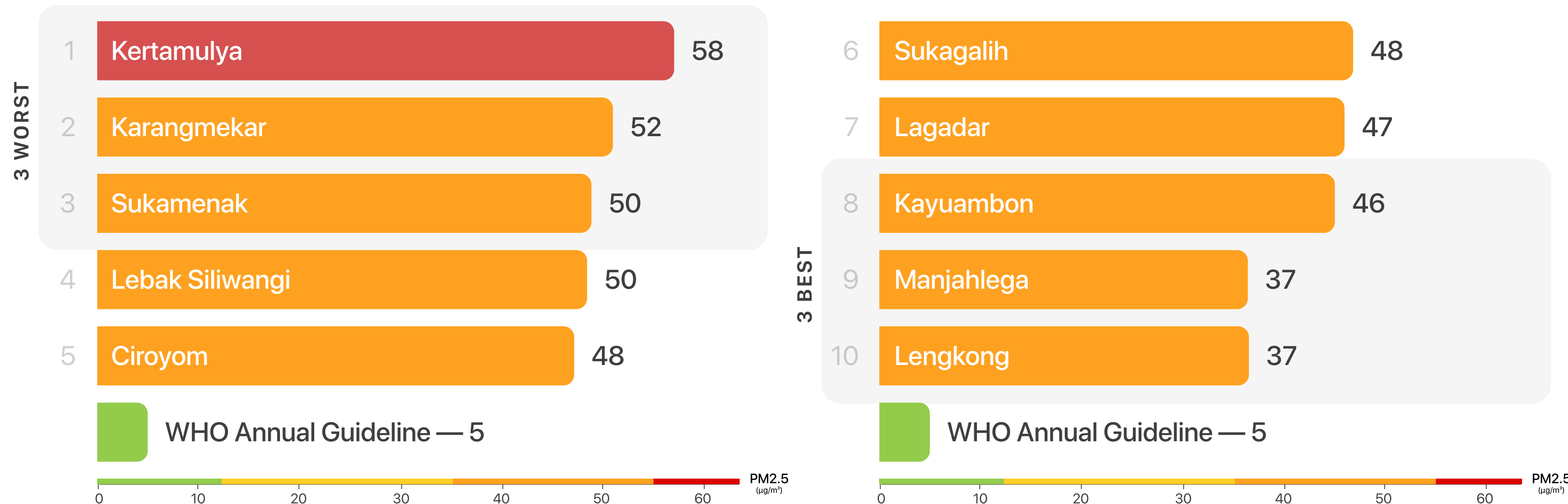
Last September, Greater Bandung **climbed one spot from rank 6 to position 5**. Overall, its average air quality was slightly worse than that of DKI Jakarta.

GREATER BANDUNG VS DKI JAKARTA

8%
Worse than
DKI Jakarta



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



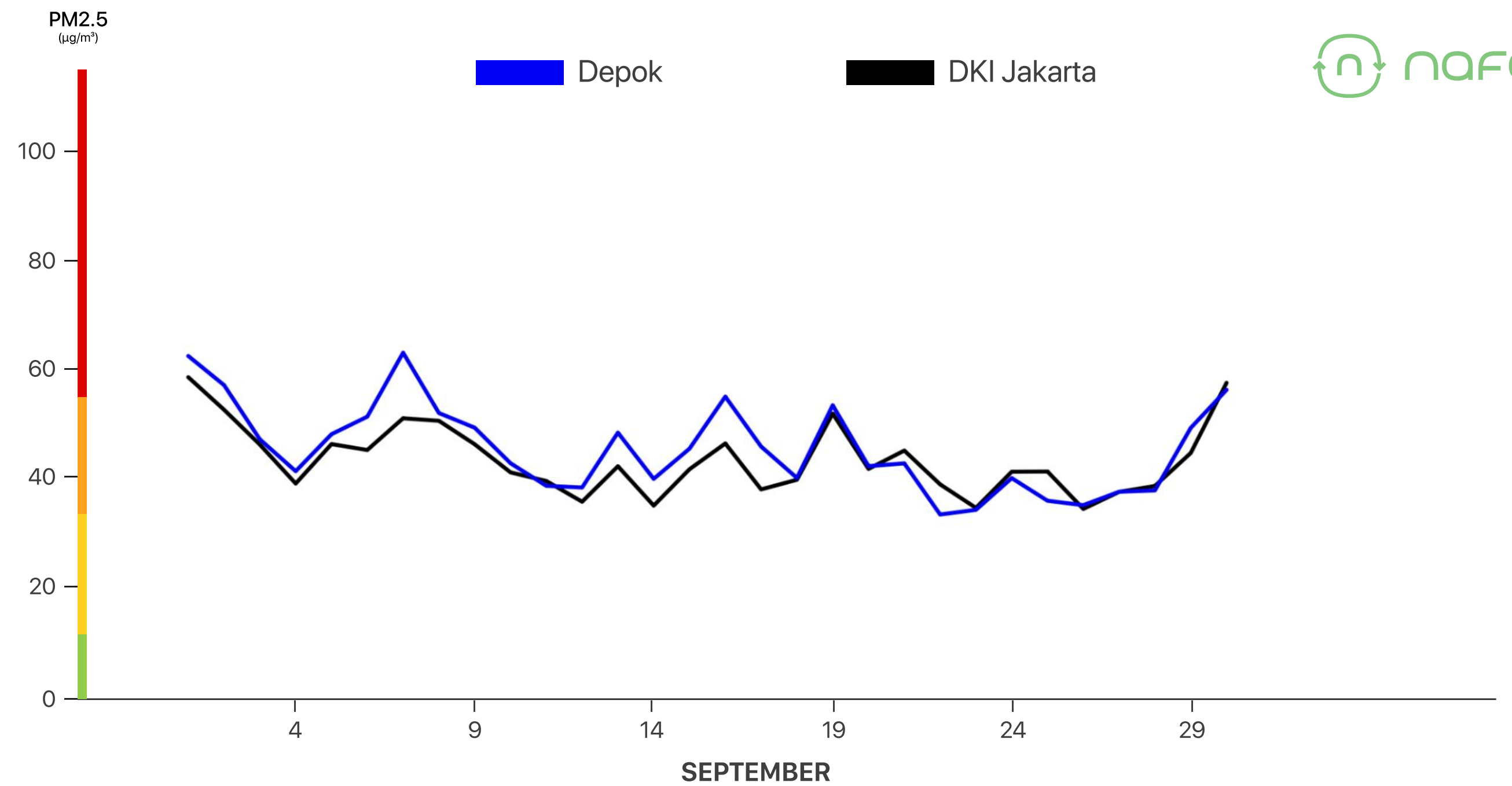
Depok

September 2023

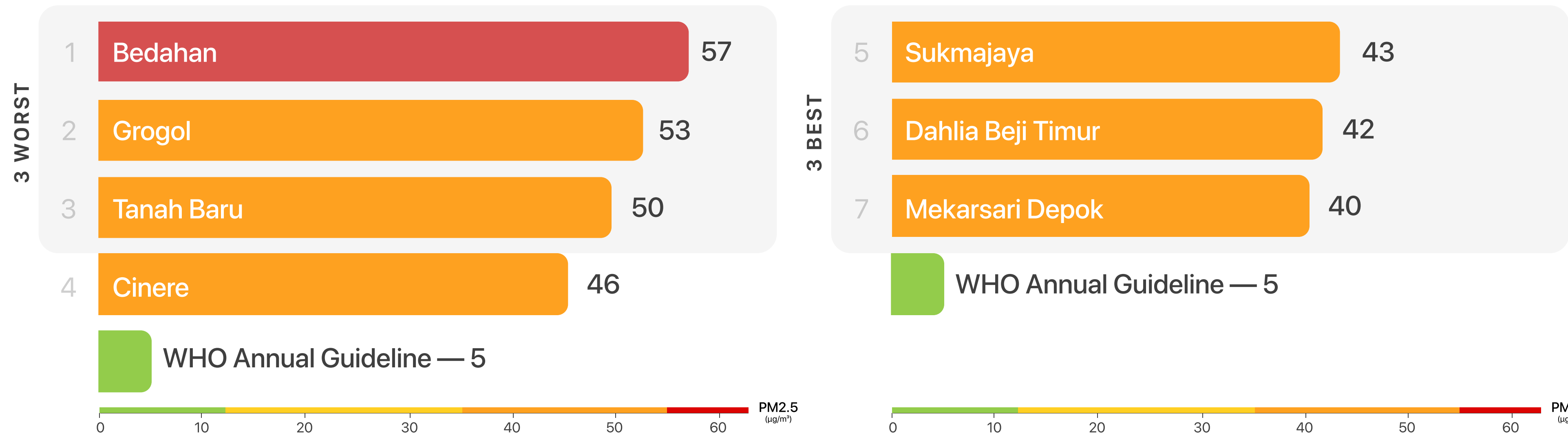
Often associated with peculiarities, the average air pollution level in Depok actually saw a slight decrease compared to August. However, the air quality throughout Depok still falls into the **"Unhealthy"** category, both for the general public and sensitive groups.

DEPOK VS DKI JAKARTA

3%
Worse than
DKI Jakarta



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



East Jakarta

September 2023

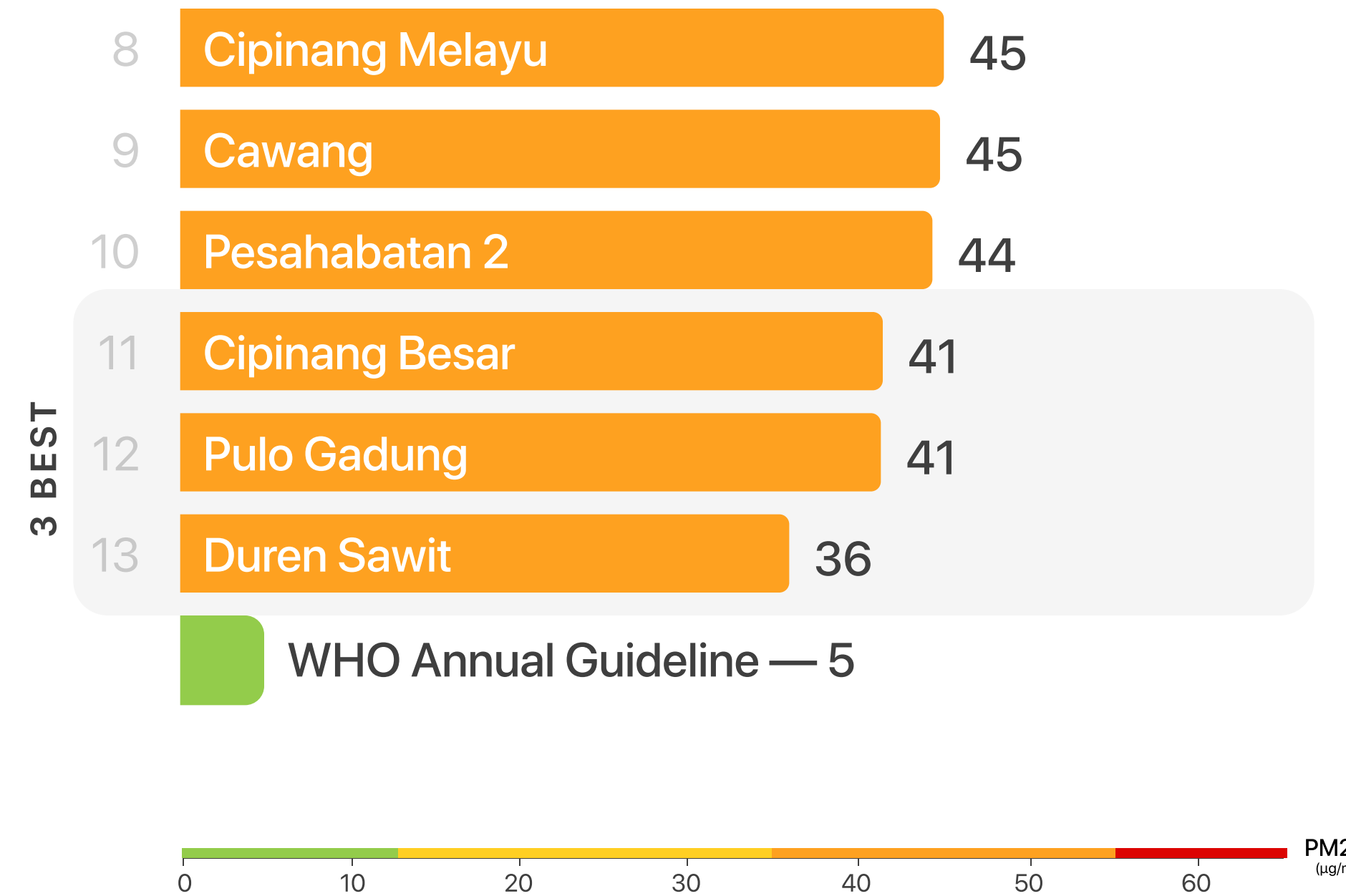
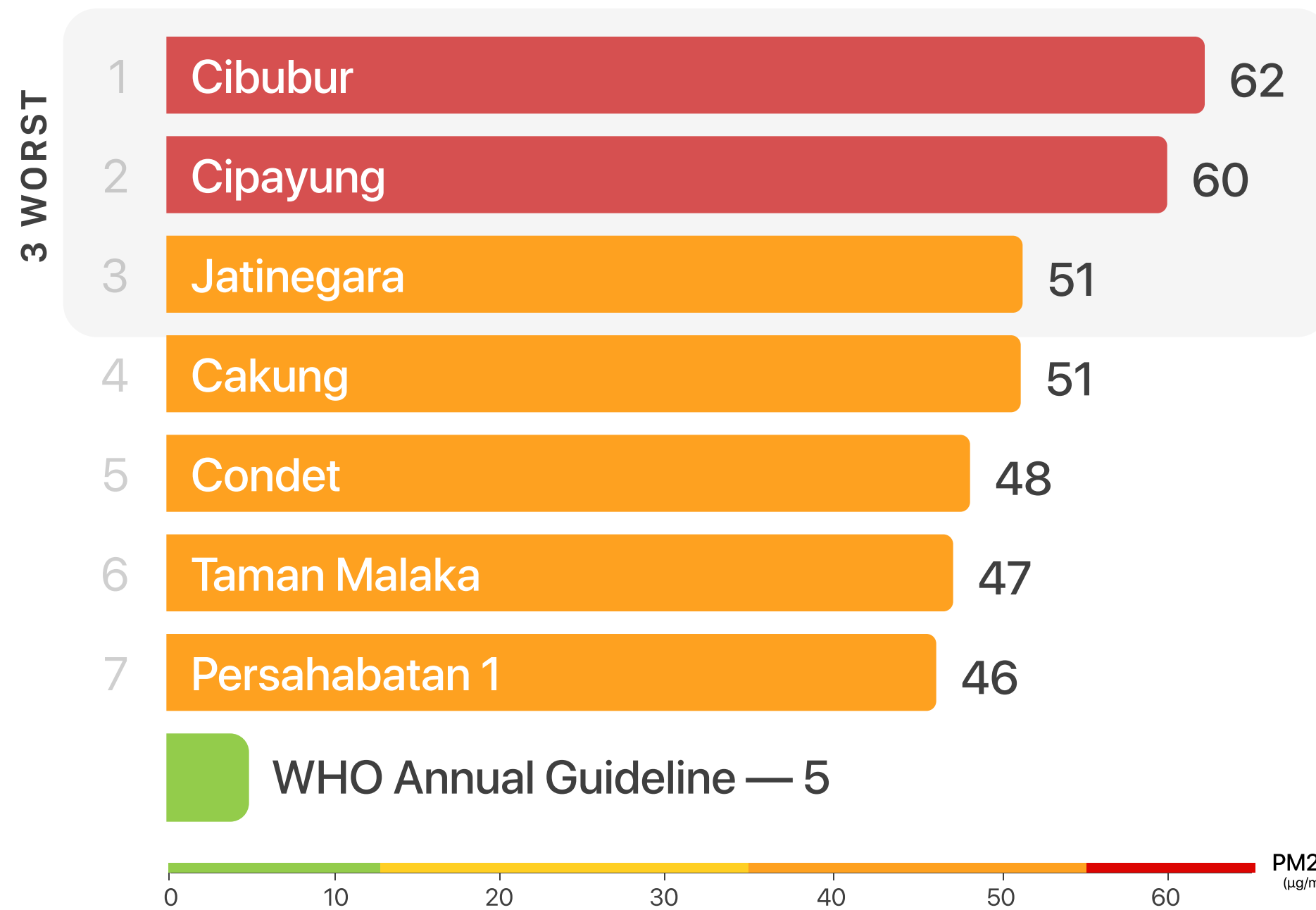
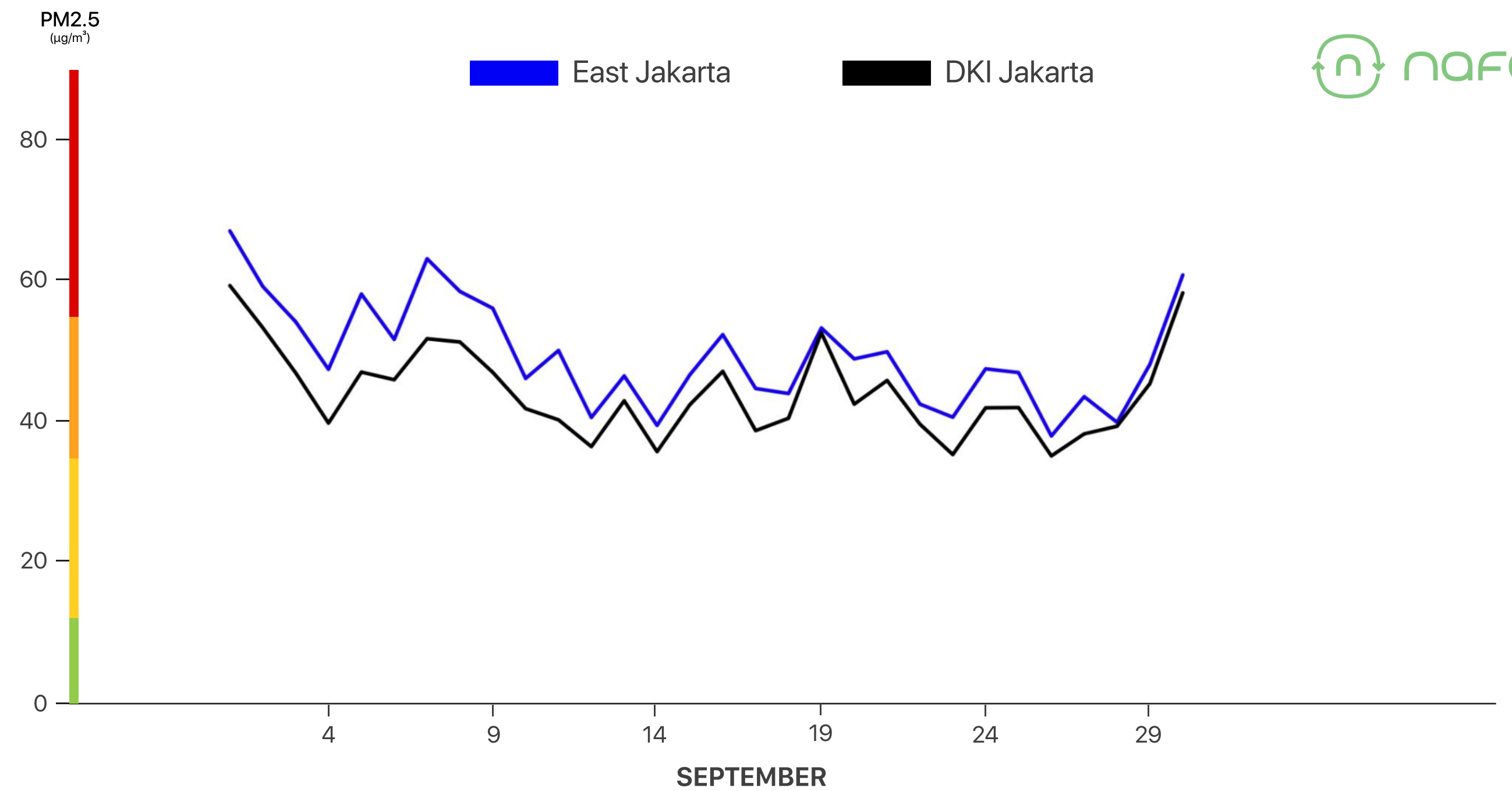
East Jakarta has once again emerged as the municipality with the highest pollution level in DKI Jakarta. **Cibubur and Cipayung remain the two most polluted locations**, with average monthly air quality reaching 15 times above the WHO's annual exposure limits.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



EAST JAKARTA VS DKI JAKARTA

11%
Worse than
DKI Jakarta



West Jakarta

September 2023

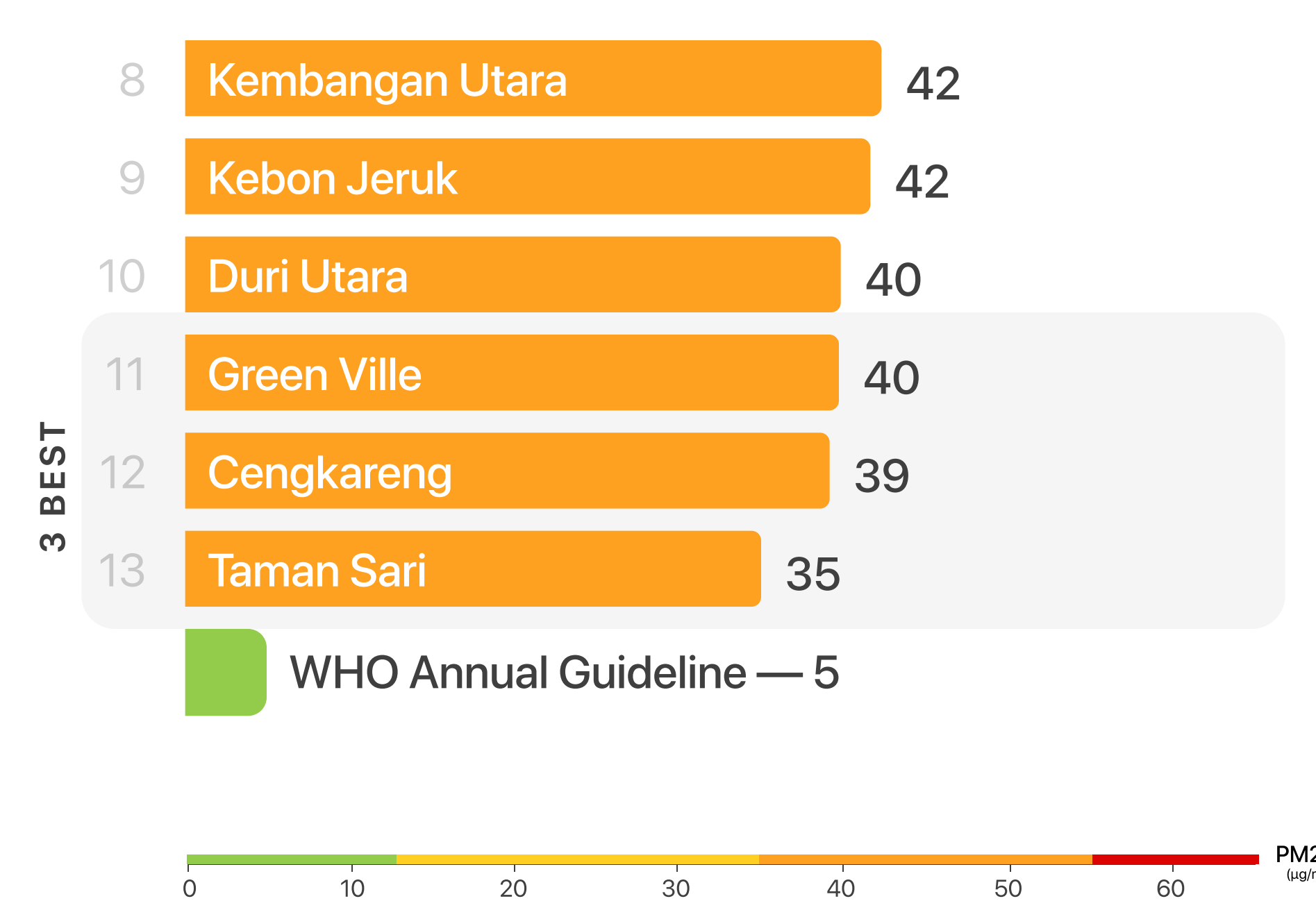
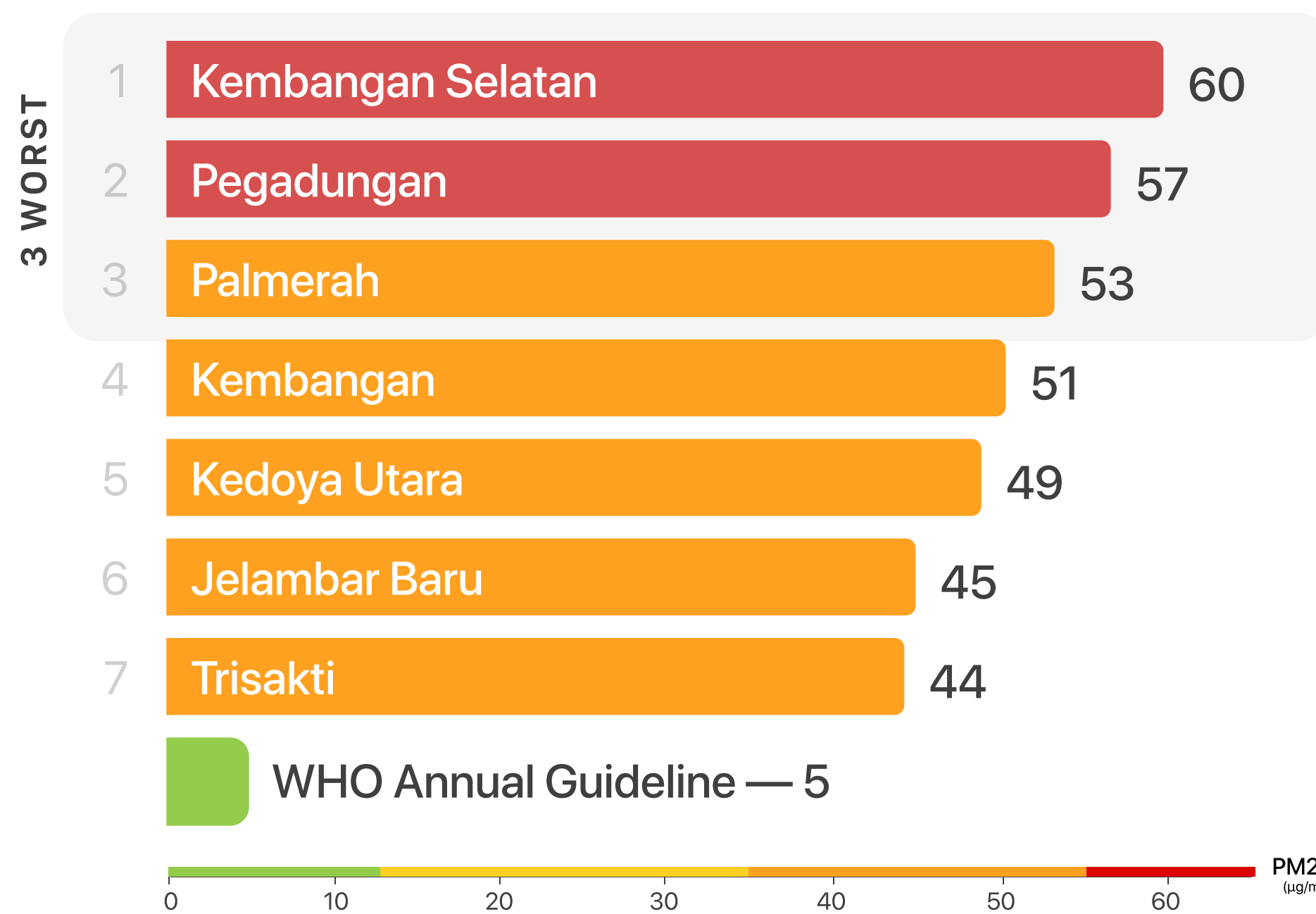
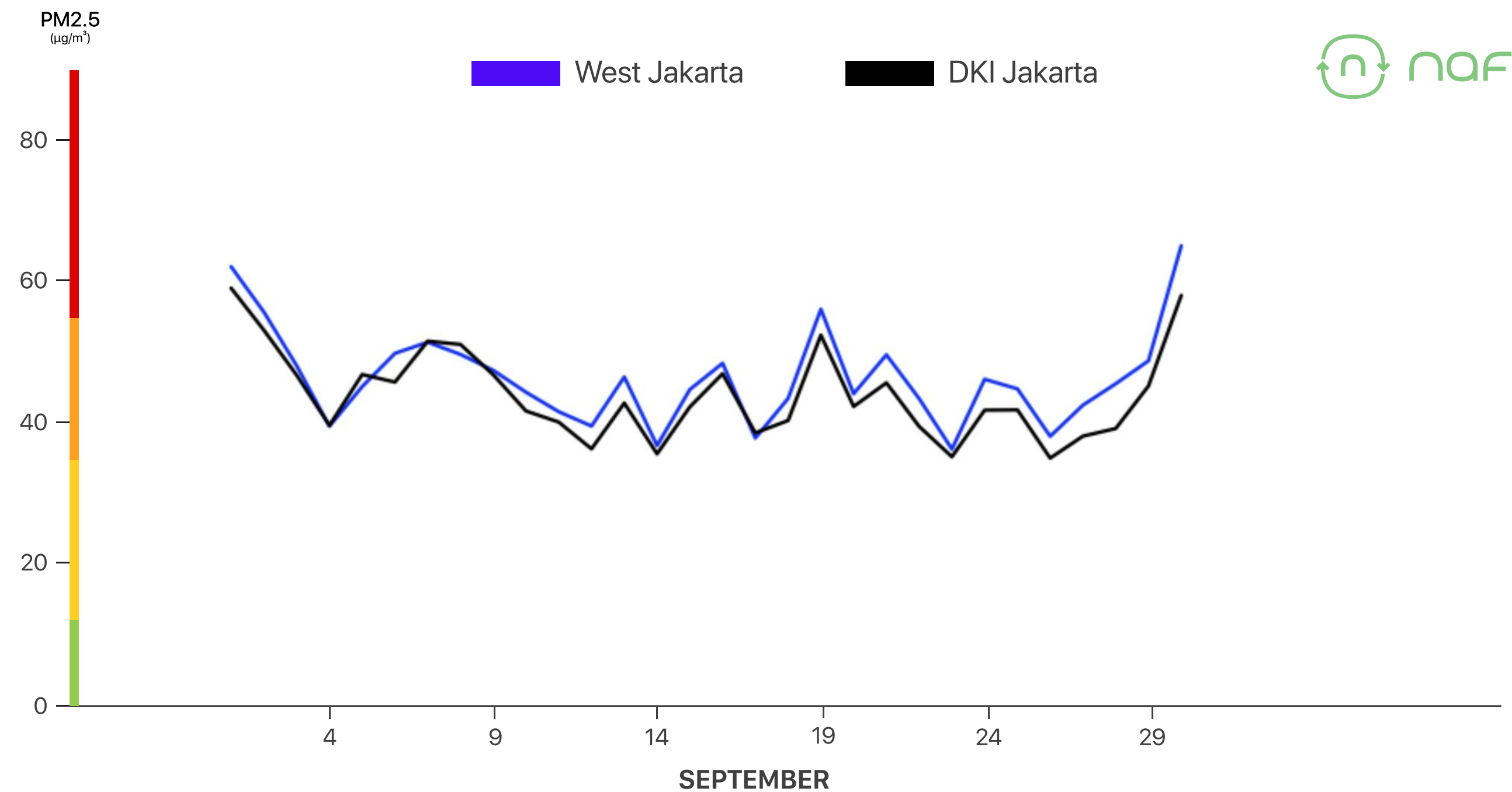
Overall, the air quality in West Jakarta was 6% worse than the DKI Jakarta average.

Special attention should be given to the residents of South Kembangan and Pegadungan, which were the two areas with the highest pollution levels in West Jakarta during September.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

WEST JAKARTA VS DKI JAKARTA

6%
Worse than
DKI Jakarta



South Jakarta

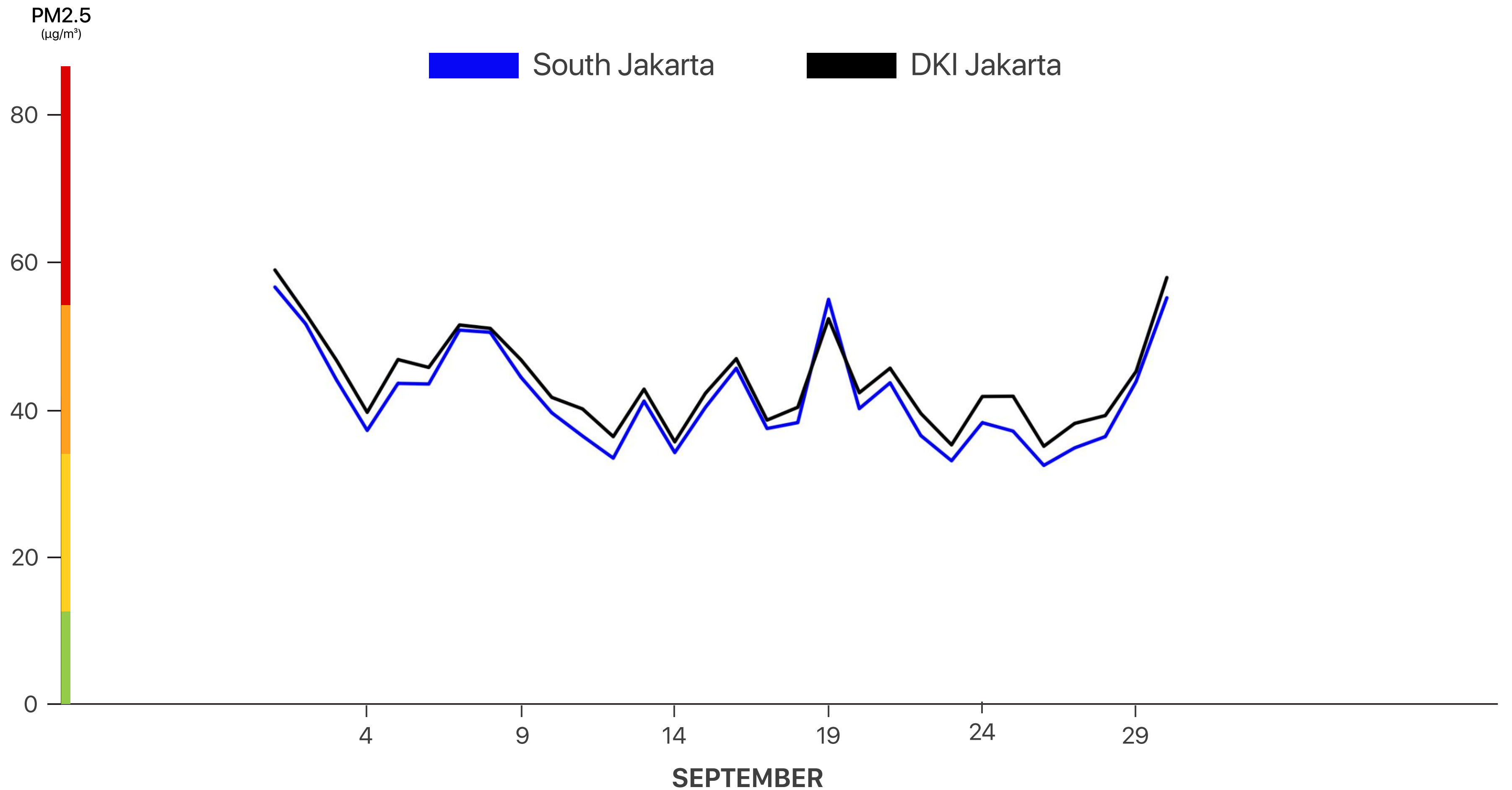
September 2023

Out of the 37 areas in South Jakarta, only **West Cilandak, Kebayoran Baru, and Rawa Barat** have air quality that falls into the "**Moderate**" (Fairly Good) category. Meanwhile, residents living in the remaining areas should be cautious, as the average air quality is categorized as "**Unhealthy**" for both the general public and sensitive groups.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

SOUTH JAKARTA VS DKI JAKARTA

5% Better than DKI Jakarta



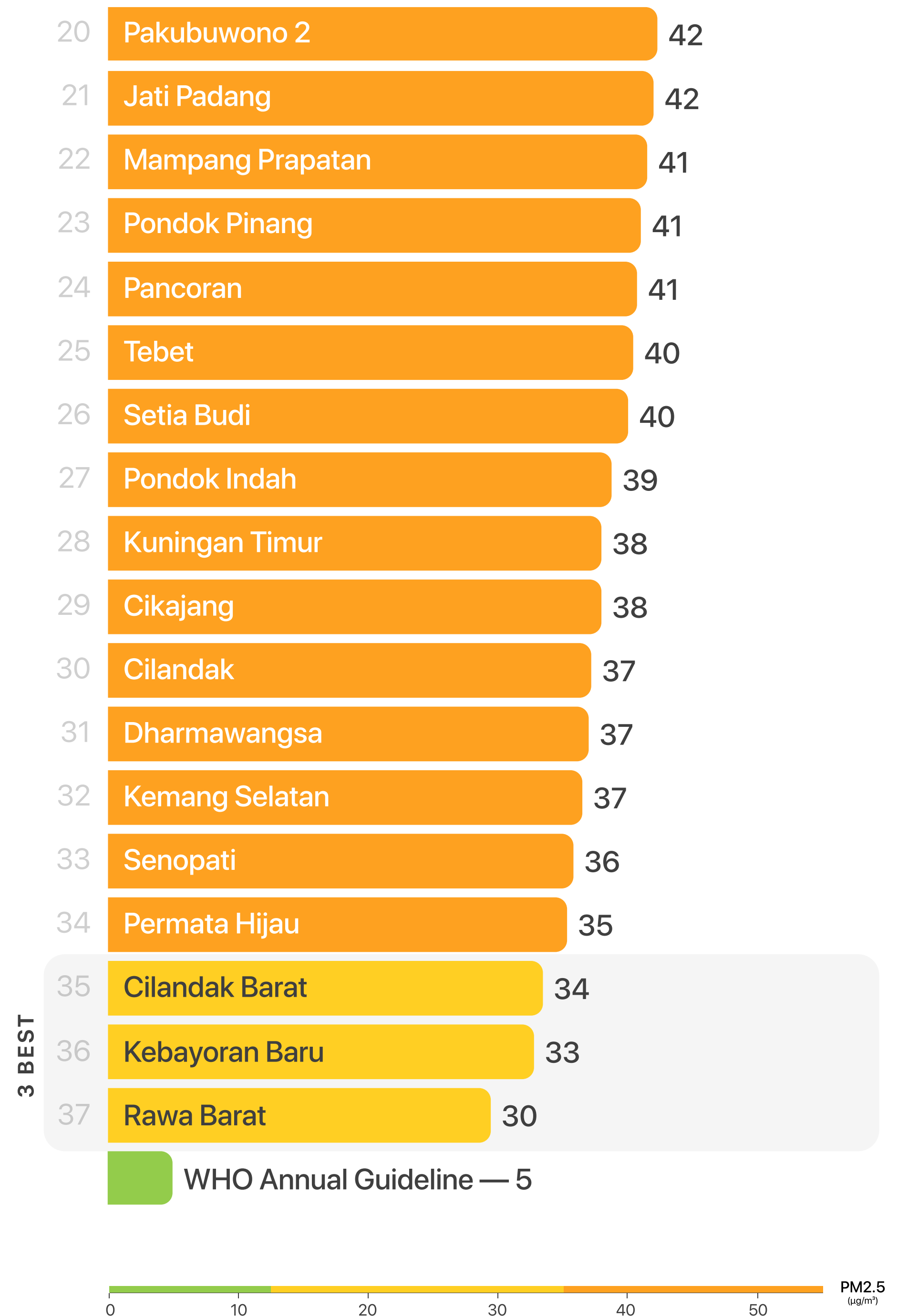
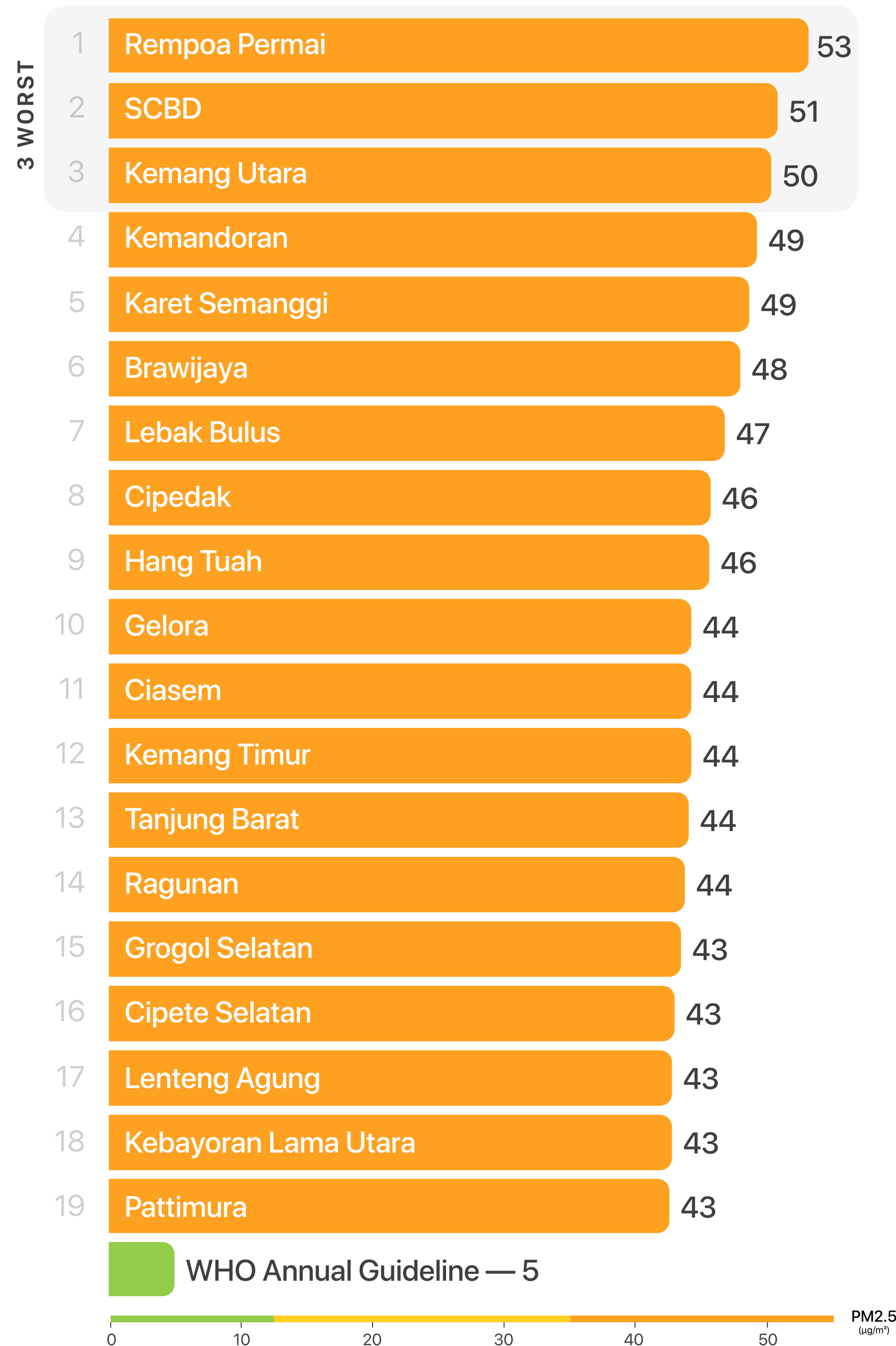
South Jakarta

September 2023

Out of the 37 areas in South Jakarta, only **West Cilandak, Kebayoran Baru, and Rawa Barat** have air quality that falls into the "**Moderate**" (Fairly Good) category. Meanwhile, residents living in the remaining areas should be cautious, as the average air quality is categorized as "**Unhealthy**" for both the general public and sensitive groups.



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



Central Jakarta

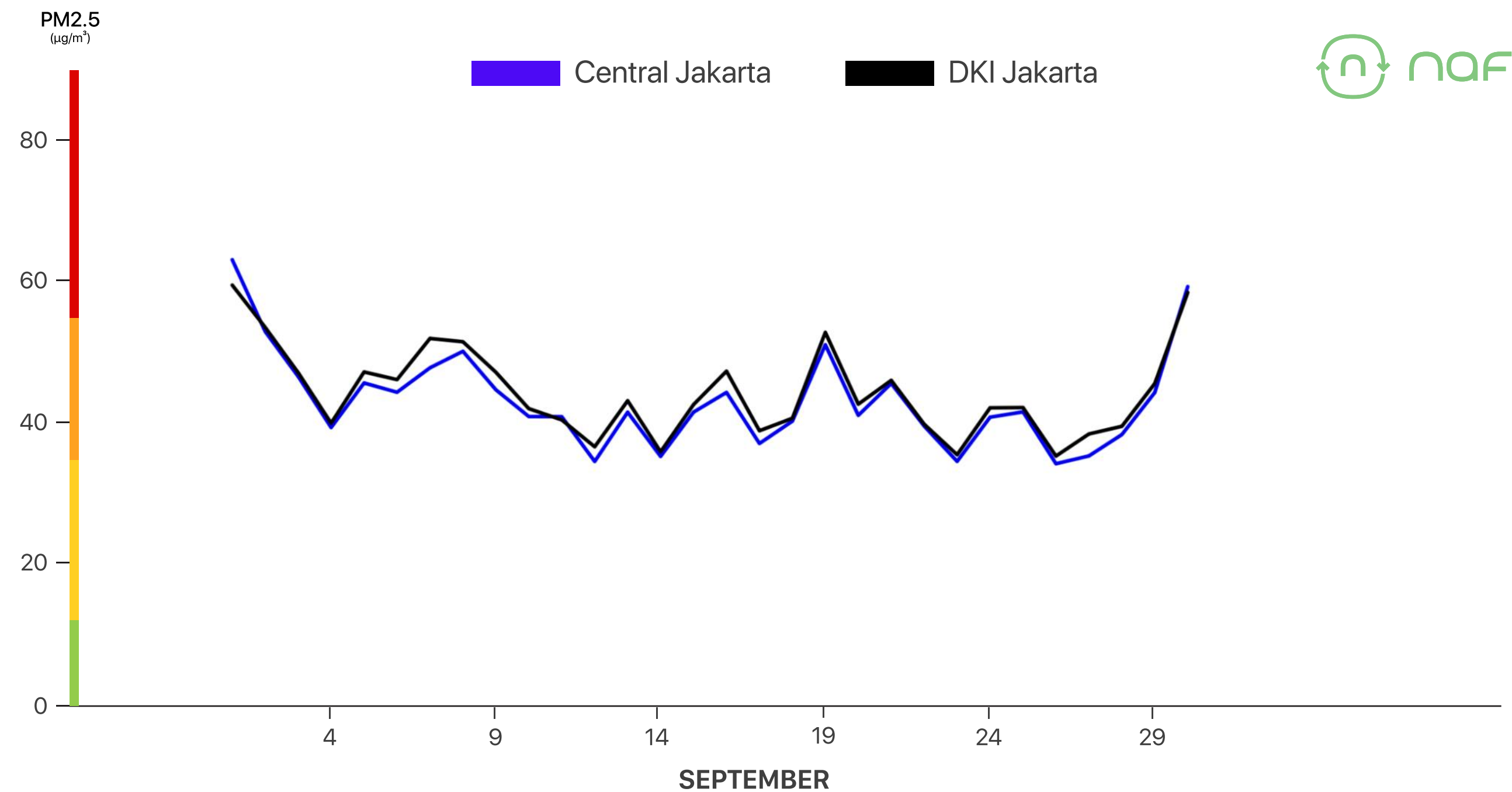
September 2023

Overall, the air quality in Central Jakarta is slightly better than the average for DKI Jakarta. However, data from the Nafas sensors installed in the five areas of Central Jakarta indicate an average air quality that is "Unhealthy for Sensitive Groups."

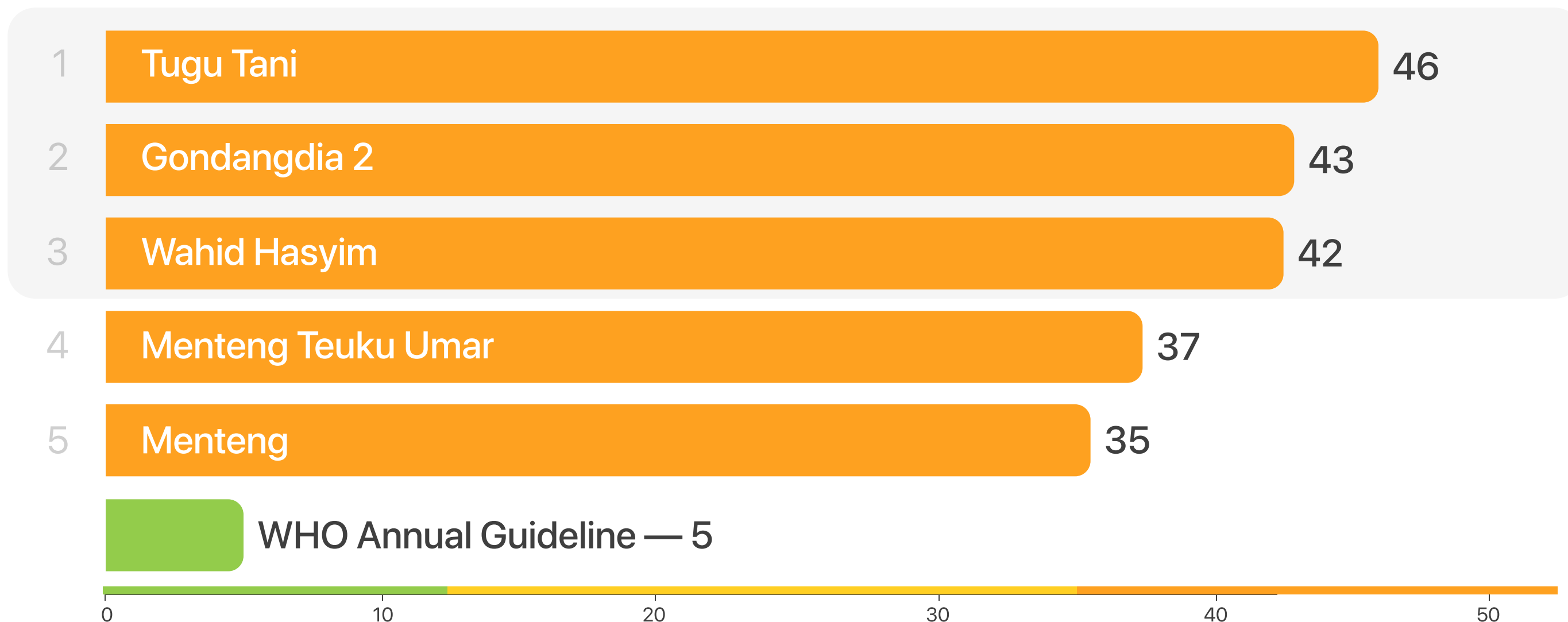
- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

CENTRAL JAKARTA VS DKI JAKARTA

3%
Better than
DKI Jakarta



3 WORST



PM2.5 (µg/m³)

North Jakarta

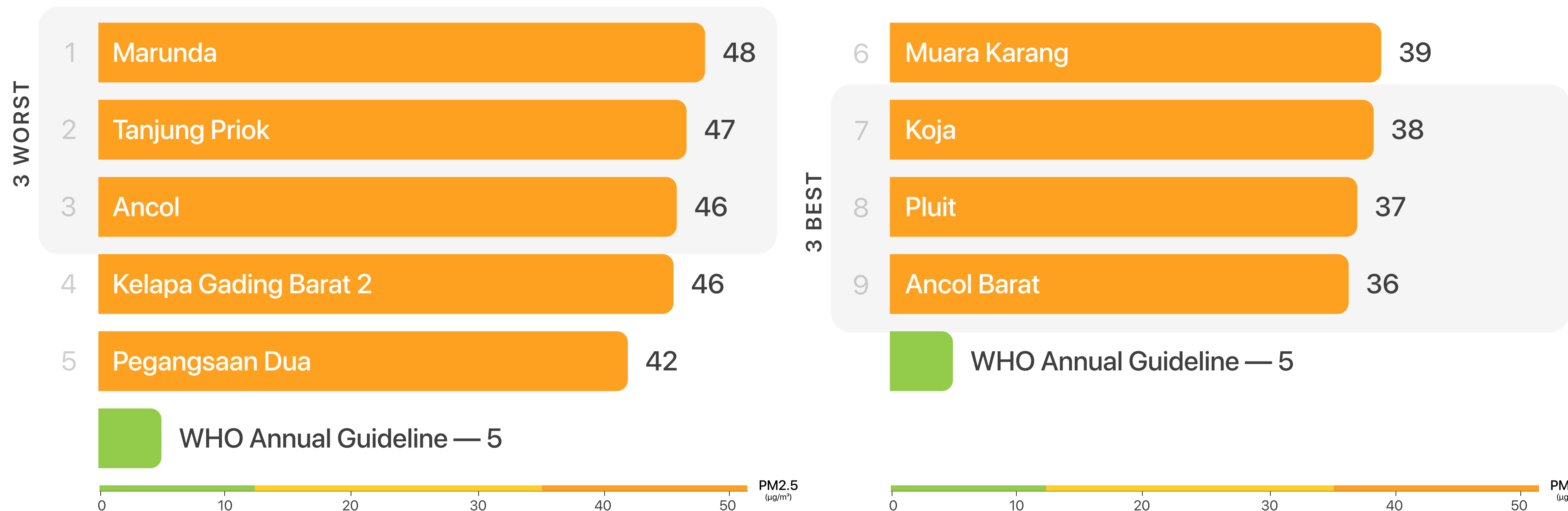
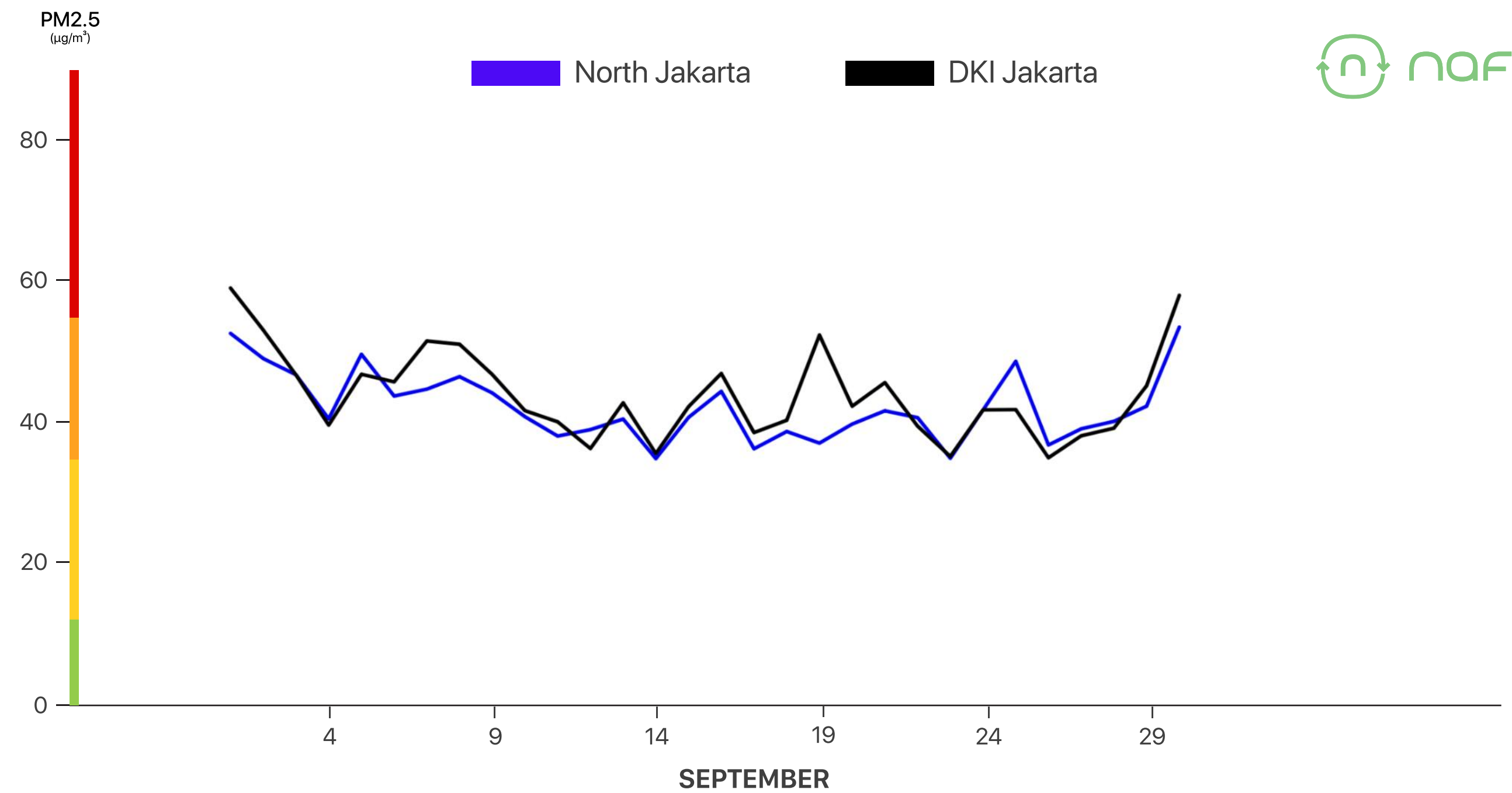
September 2023

Being closest to the sea doesn't necessarily guarantee North Jakarta's air is clean and free from pollution. Although, on average, its air quality is slightly better than the DKI Jakarta average.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

NORTH JAKARTA VS DKI JAKARTA

4%
Better than
DKI Jakarta



Semarang

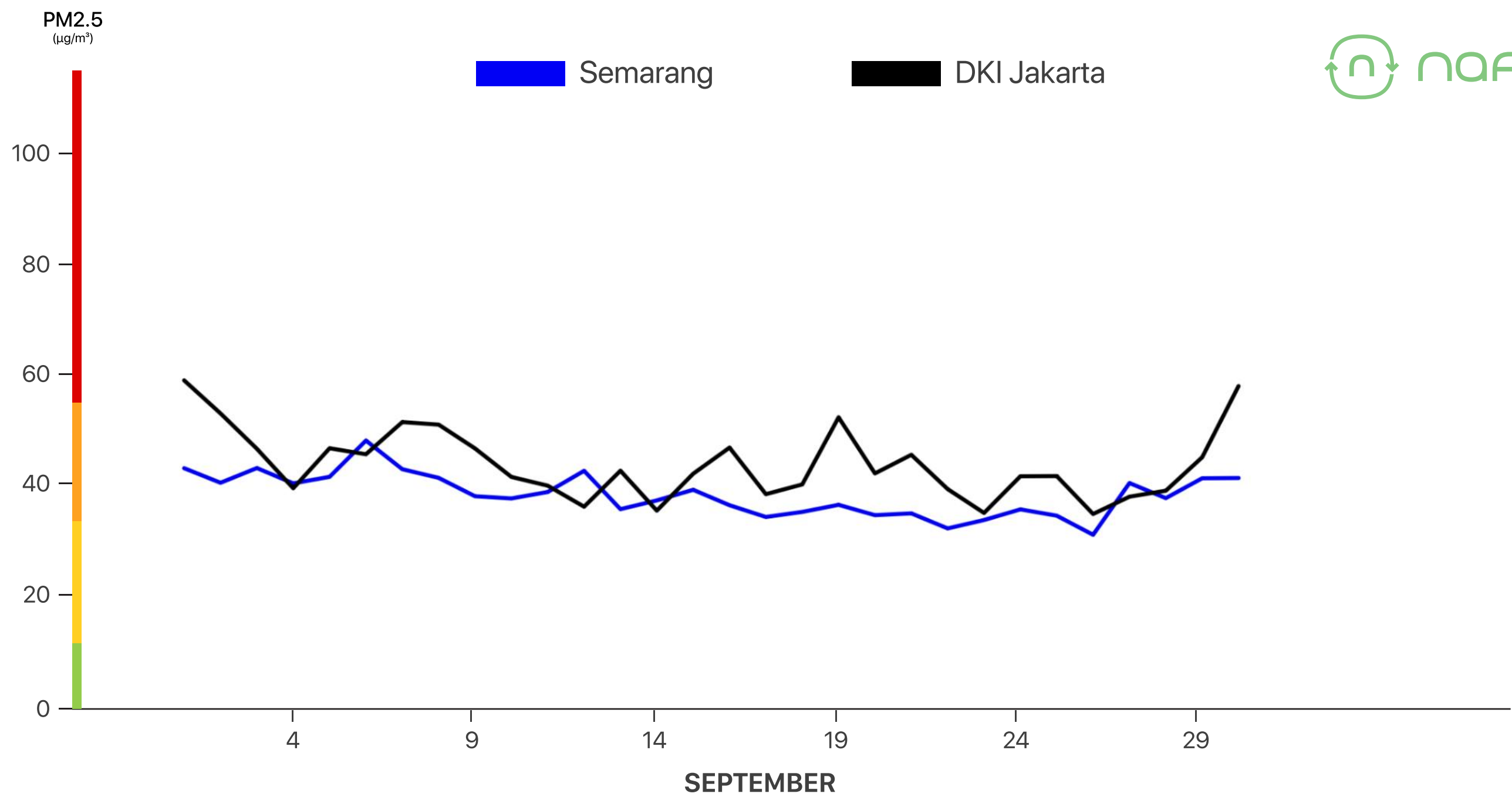
September 2023

Air pollution levels in Semarang were observed to fluctuate throughout September. The overall air quality there was still 12% better than the DKI Jakarta average.

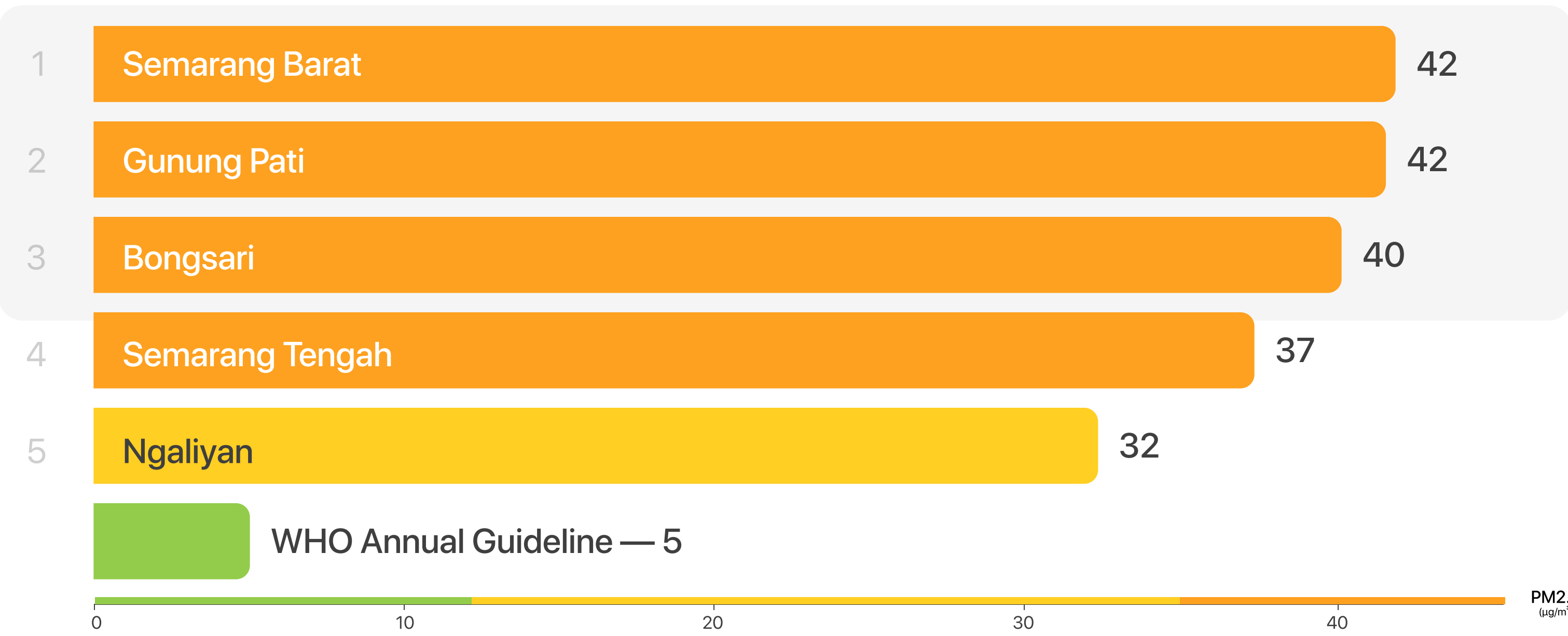
SEMARANG VS DKI JAKARTA

12%

Better than
DKI Jakarta



3 WORST



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

PM2.5 (µg/m³)

Daerah Istimewa Yogyakarta

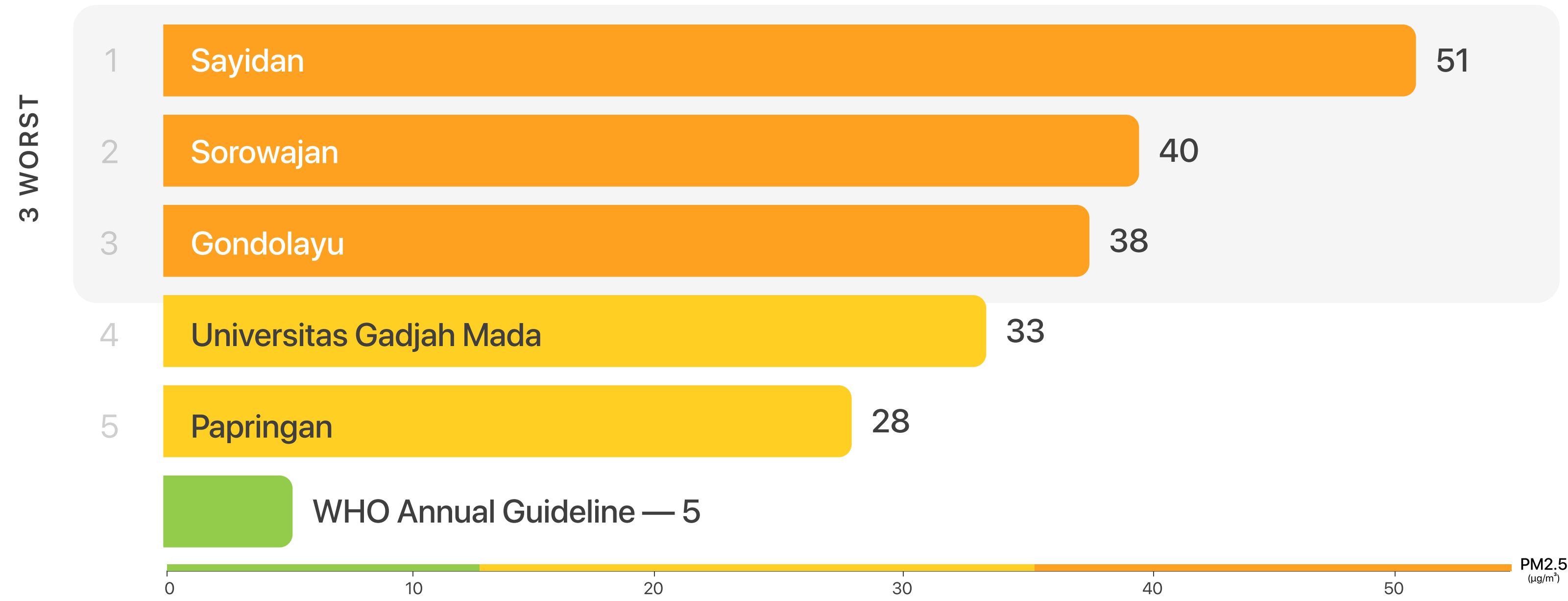
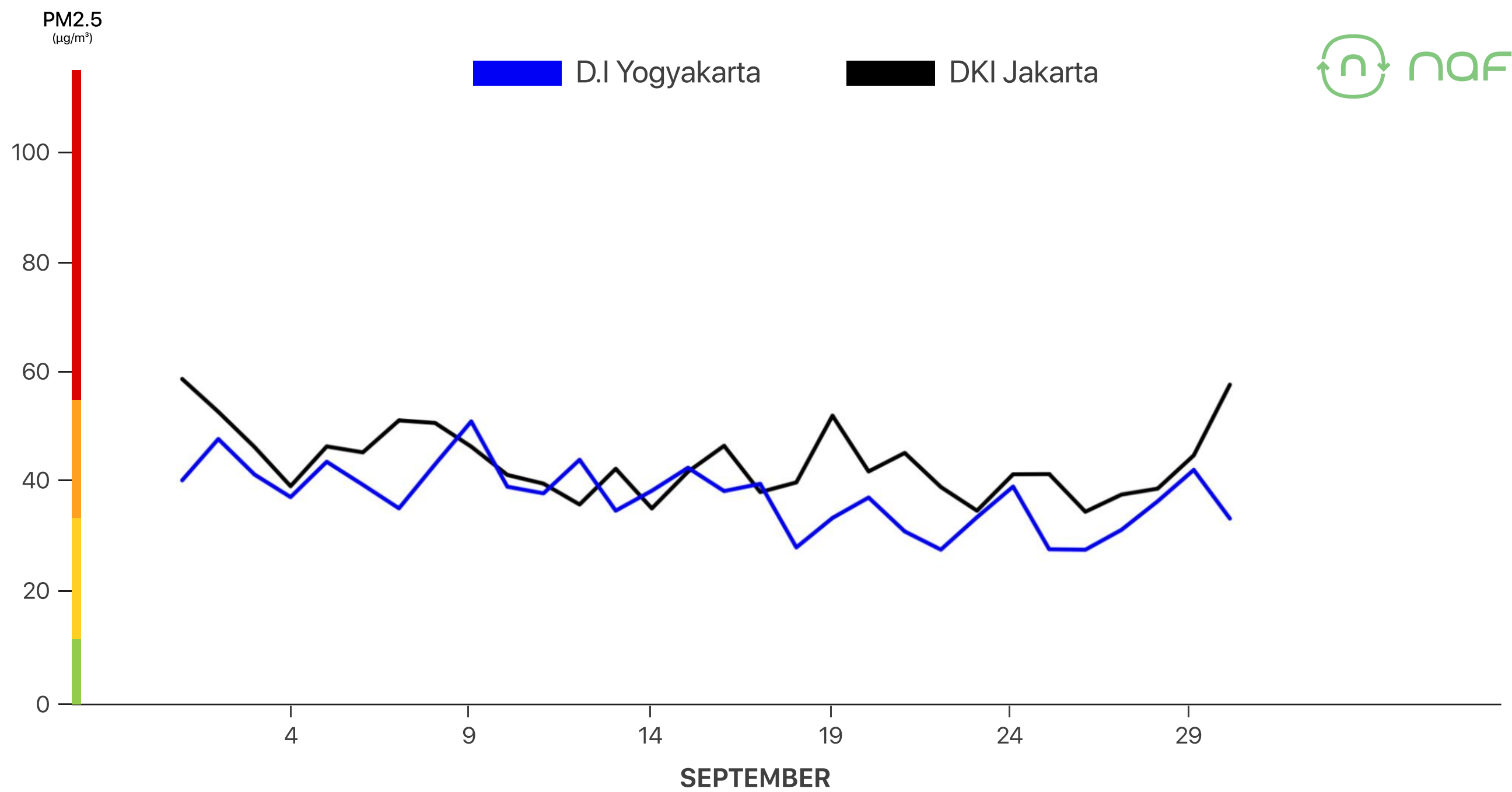
September 2023

Although the average monthly air quality is much better than Jakarta's, there are still areas in D.I. Yogyakarta where the air quality for September falls into the **"Unhealthy for Sensitive Groups"** category, such as **Sayidan, Sorowajan, and Gondolayu.**

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

D.I YOGYAKARTA VS DKI JAKARTA

14%
Better than
DKI Jakarta



PM2.5 (µg/m³)

Greater Malang

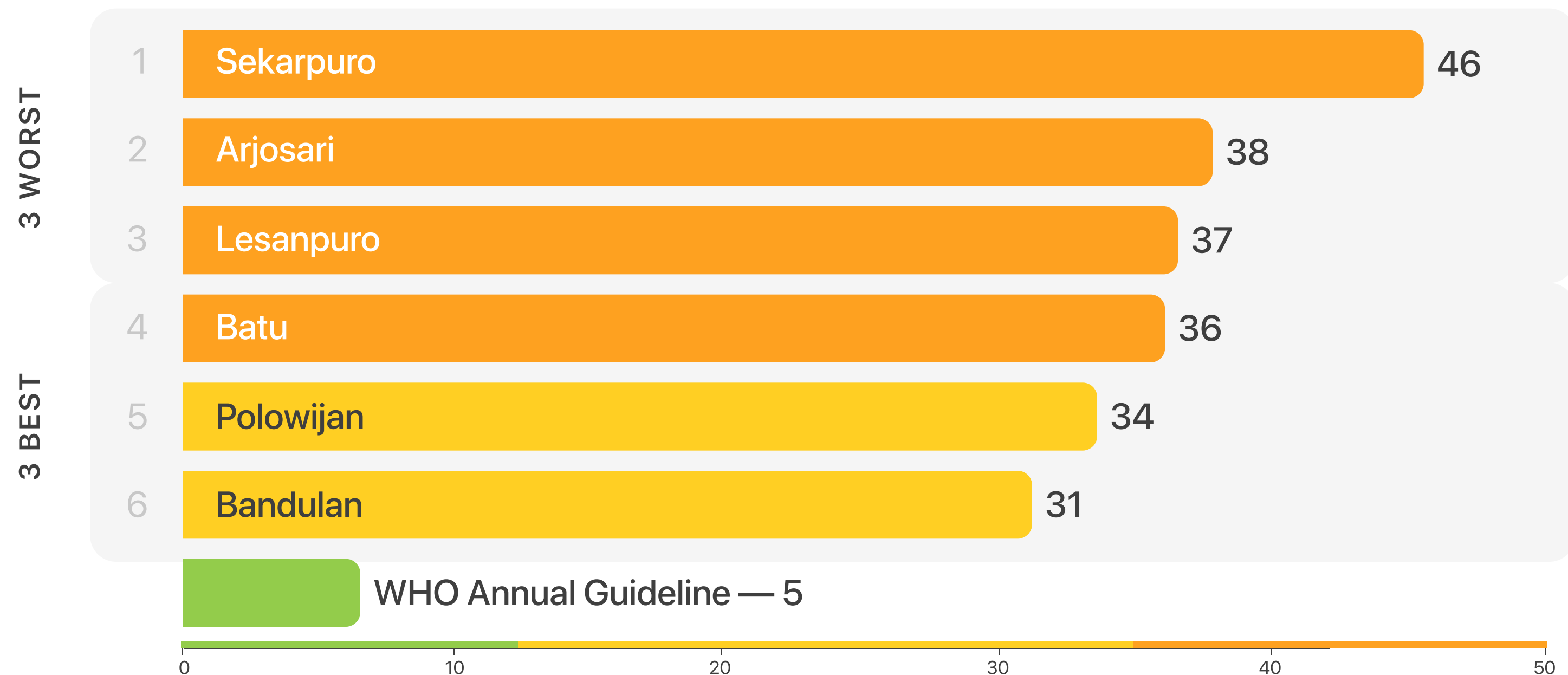
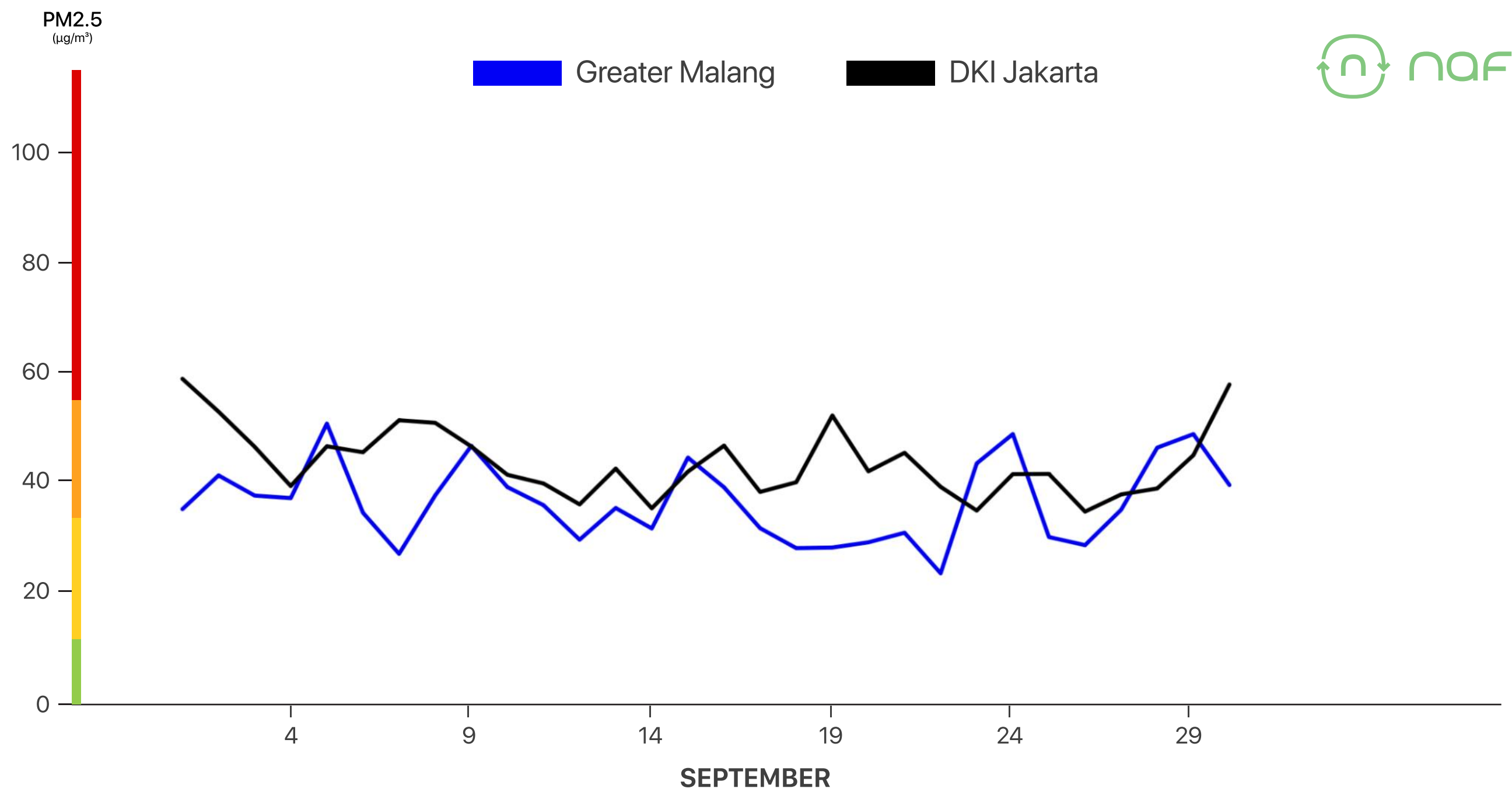
September 2023

The pollution levels in Greater Malang in September experienced a slight decline. However, pollution spikes still occurred daily. The monthly average for **Bandulan** and **Polowijan** is fairly good, unlike other areas which fall into the **"Unhealthy for Sensitive Groups"** category.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

GREATER MALANG VS DKI JAKARTA

16%
Better than
DKI Jakarta



PM2.5 (µg/m³)

Greater Surabaya

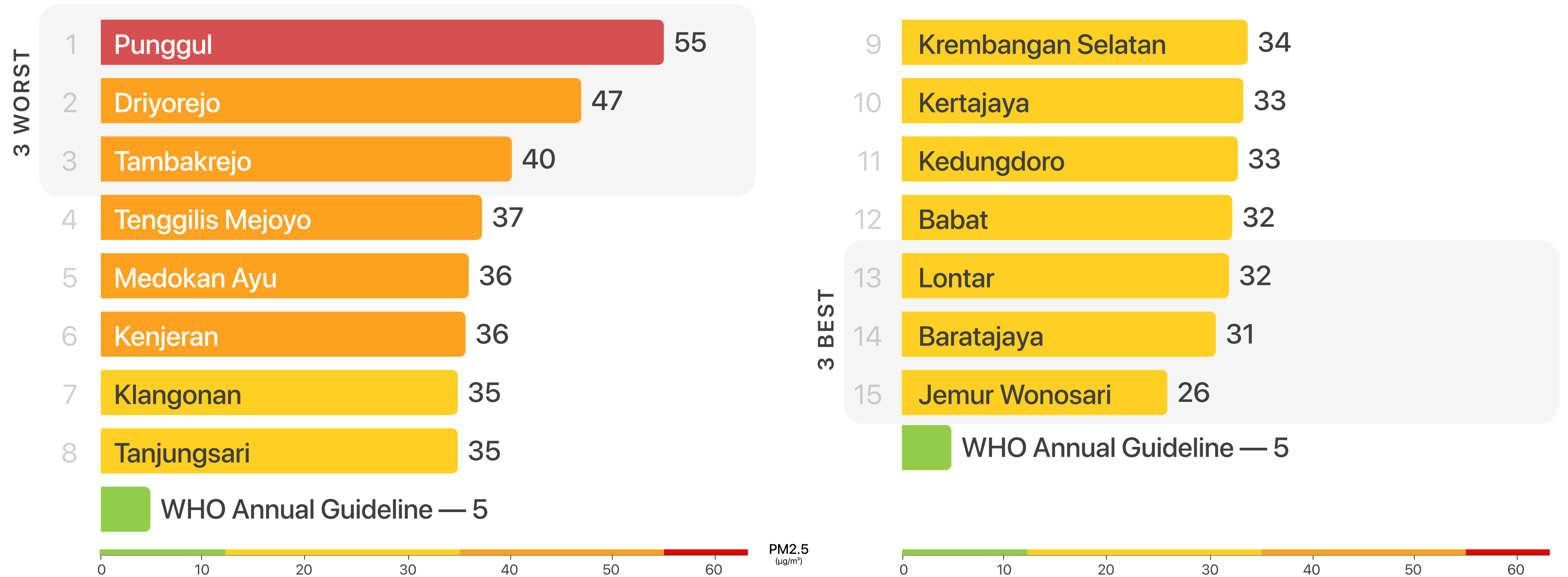
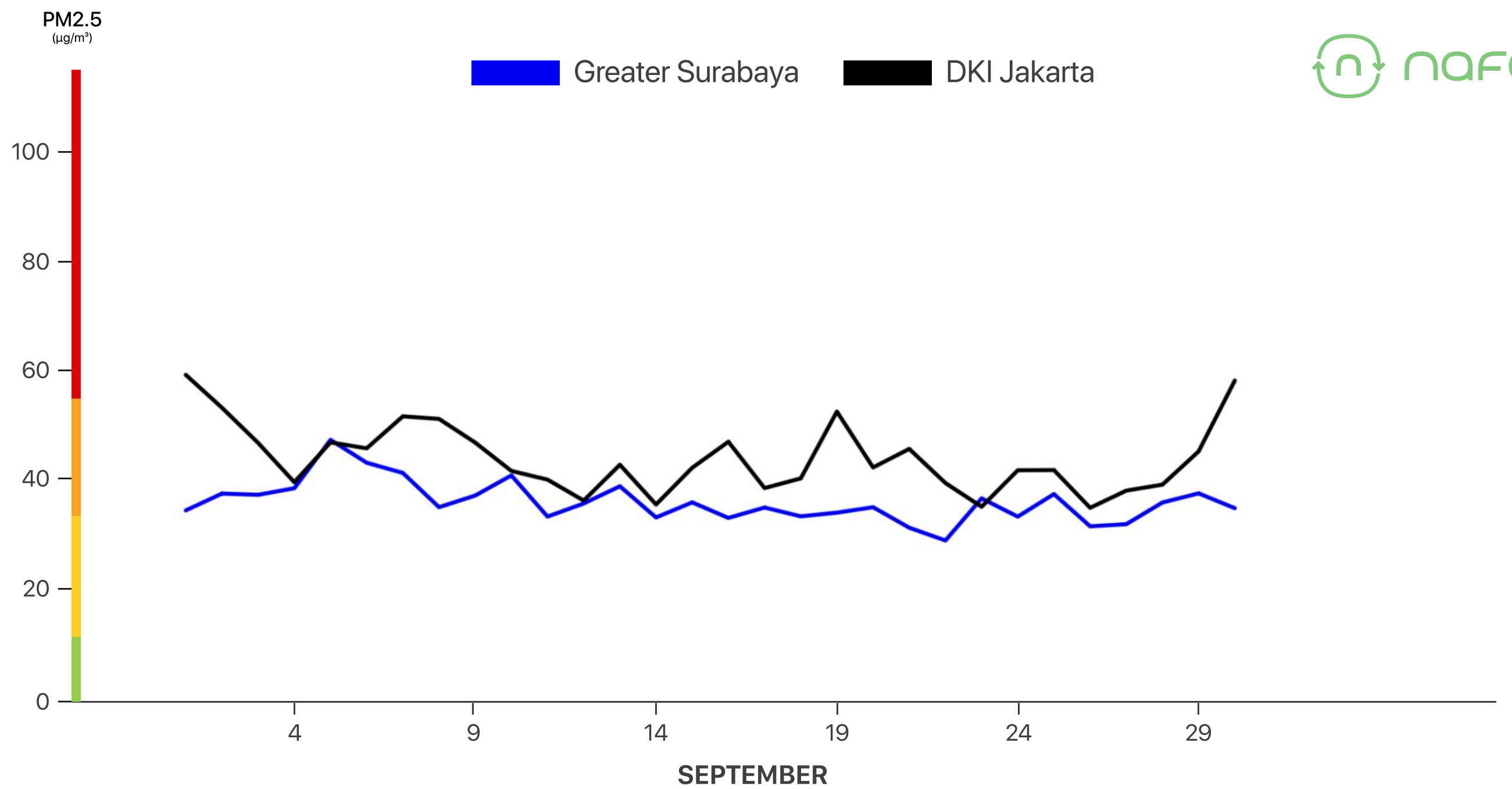
September 2023

Dropping two places to rank 15, the Greater Surabaya area showed an average air quality slightly better than that of DKI Jakarta. However, residents of Punggul consistently experienced air that, on a monthly average, was deemed unhealthy.

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

GREATER SURABAYA VS DKI JAKARTA

18%
Better than
DKI Jakarta



PM2.5 (µg/m³)

PM2.5 (µg/m³)

Kepulauan Seribu

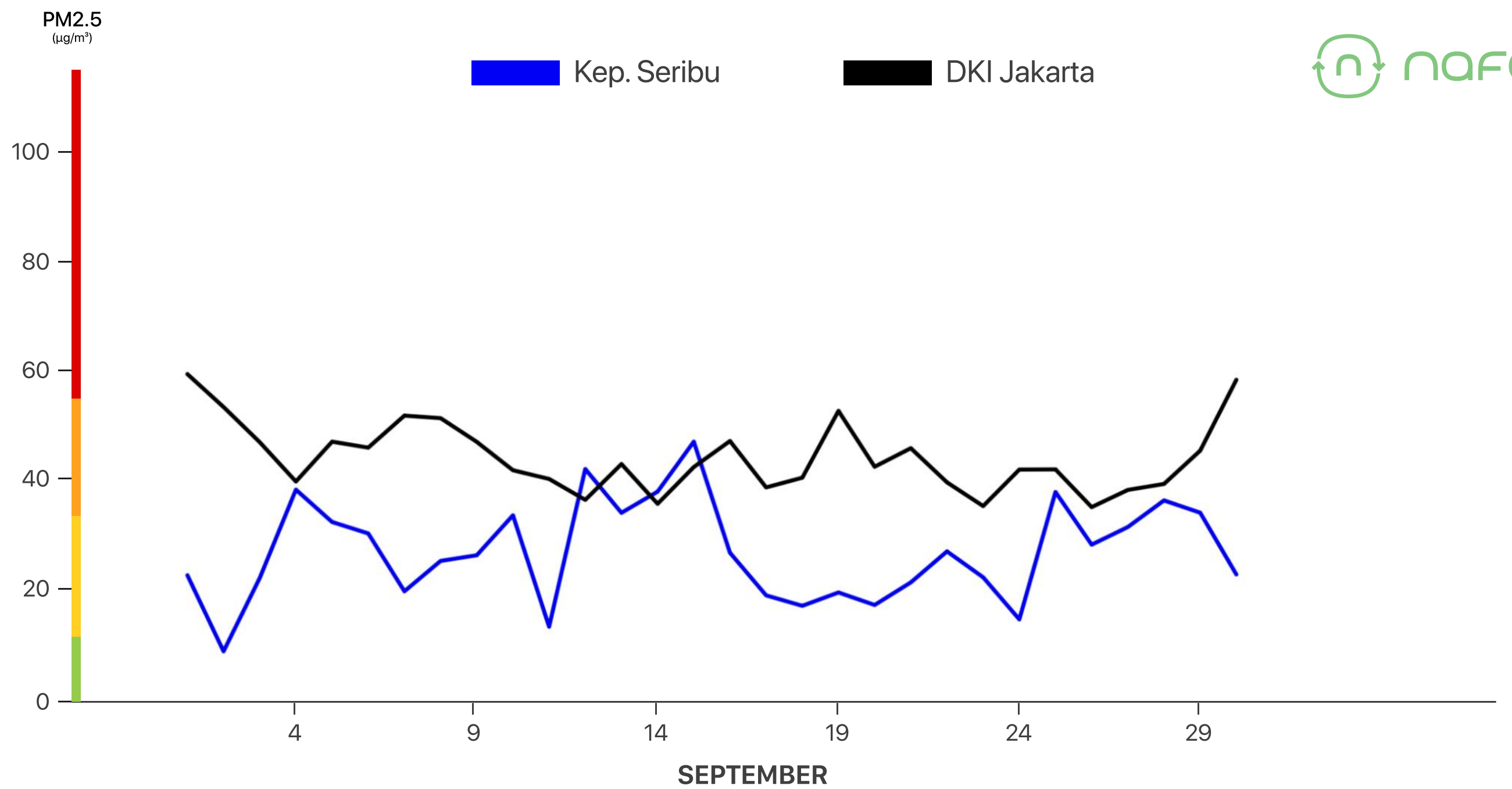
September 2023

Consider adding Kepulauan Seribu to your vacation destinations. Based on the September report, the air quality in Kepulauan Seribu is 38% better than in DKI Jakarta!

38%

Better than DKI Jakarta

KEP. SERIBU VS DKI JAKARTA



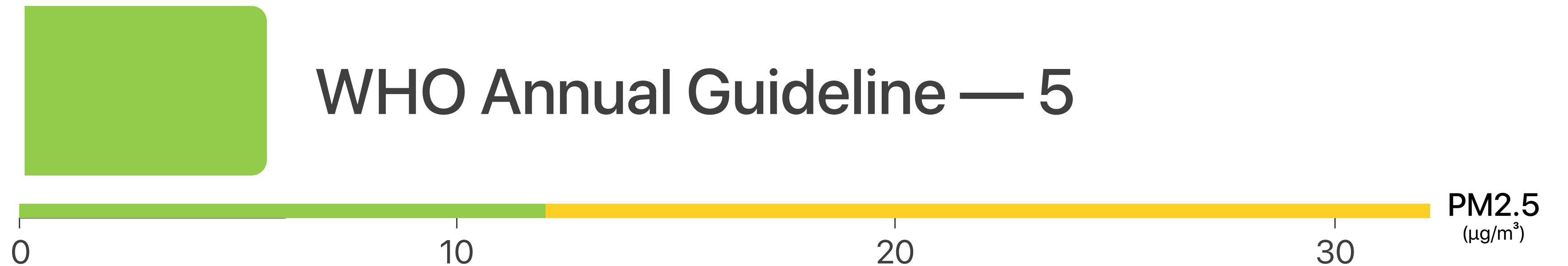
- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

1

Desa Laguna

27

WHO Annual Guideline — 5



Belitung

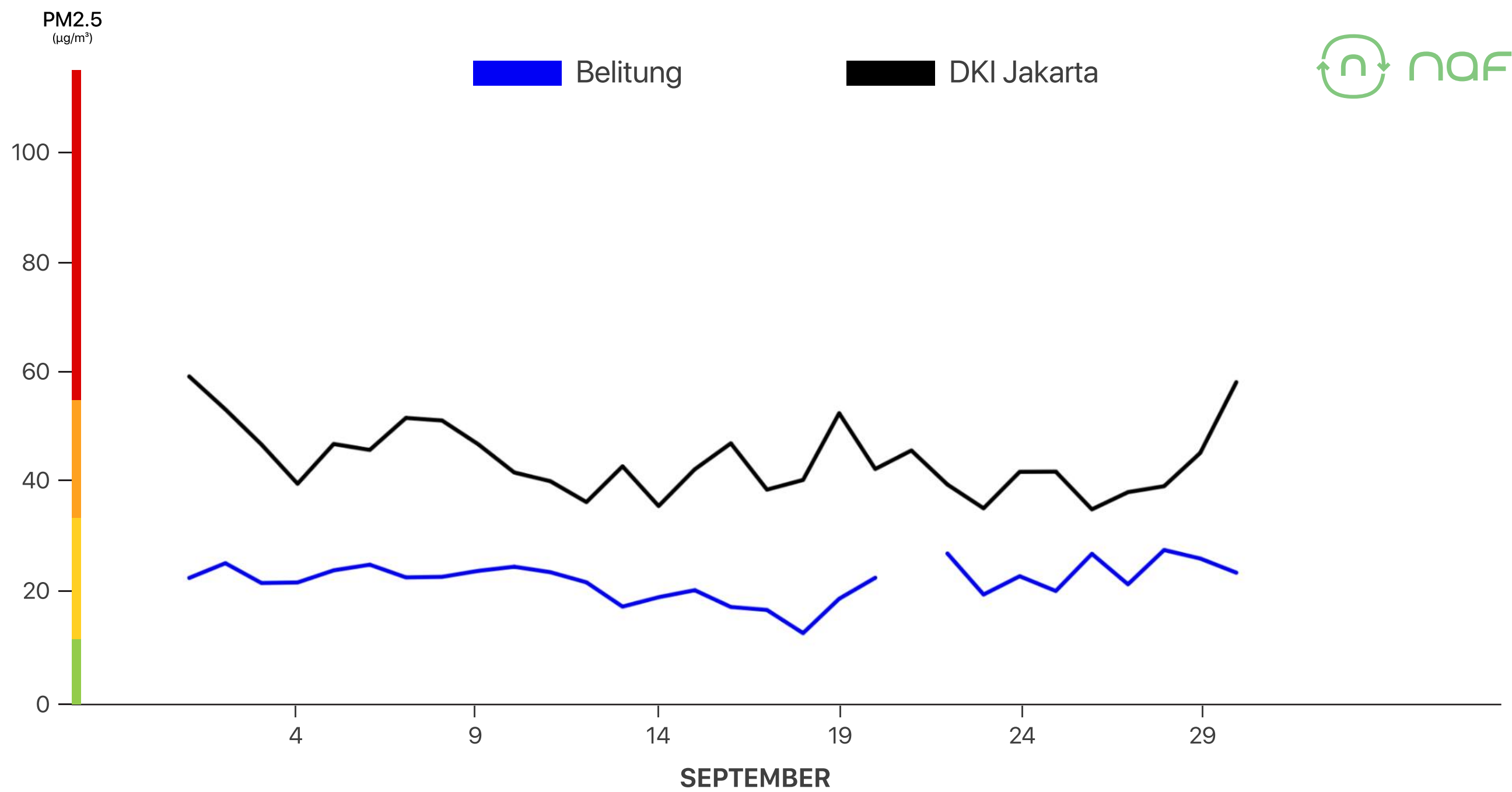
September 2023

With an average monthly PM2.5 level of $22 \mu\text{g}/\text{m}^3$, Belitung successfully maintained its title as one of the regions with the best air quality in the Nafas sensor network.

50%

Better than DKI Jakarta

BELITUNG VS DKI JAKARTA



1

Belitung

22

WHO Annual Guideline — 5

0

5

10

15

20

PM2.5 ($\mu\text{g}/\text{m}^3$)

- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy

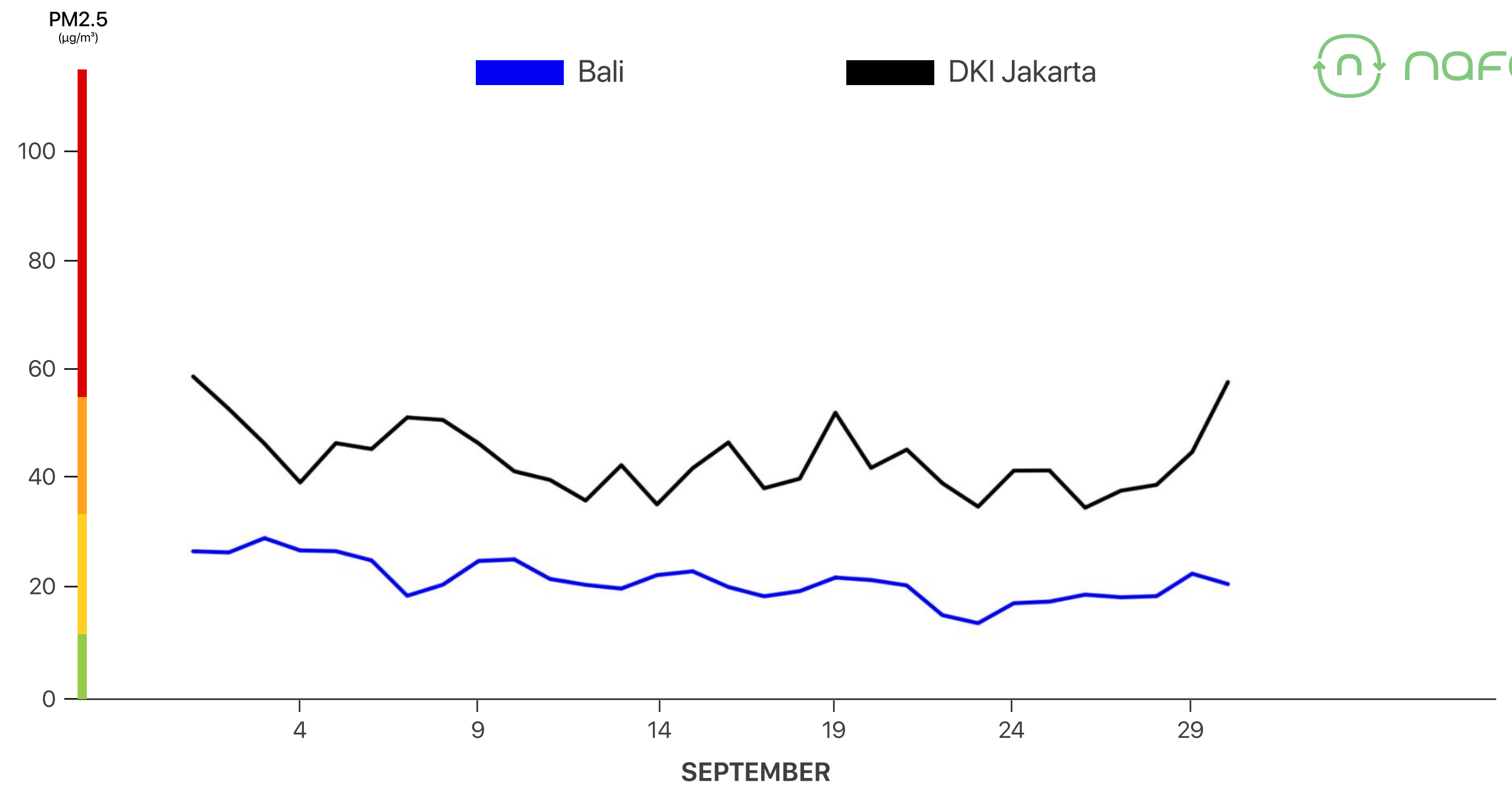
Bali

September 2023

Bali has successfully overtaken Belitung as the region with the best air quality in the Nafas sensor network. Throughout September, its PM2.5 pollution levels consistently remained below the DKI Jakarta average. Congratulations!

BALI VS DKI JAKARTA

51%
Better than
DKI Jakarta



- Good
- Moderate
- Unhealthy for Sensitive Group
- Unhealthy



Almost all outdoor air pollution can penetrate indoors

Given the tiny dimensions of PM2.5 particles, they can easily seep through doors and windows in homes, schools, and campuses. In office buildings, pollutants might infiltrate through malfunctioning central air conditioning systems, causing us to breathe air that's nearly as polluted as the outside atmosphere.

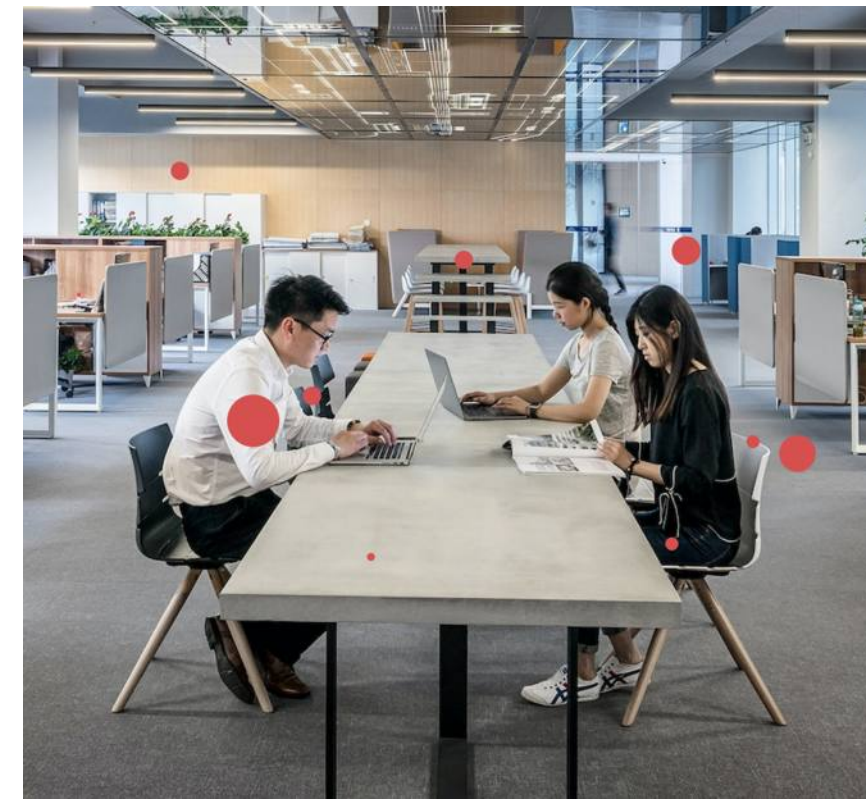
Browse the articles below for a deeper understanding of indoor air quality and its implications for our health.



[Our Buildings are Broken](#)



[How Indoor Air Pollution Impacts Us in Offices](#)



[How Much Pollution Gets Inside Our Offices](#)



[Clean Air at the Office: Just a Benefit or Should It be a Standard](#)



[How Indoor Pollution Impacts Our Children in Schools](#)

Implementing Clean Air Zones: A Proven Solution for Enhancing Office Air Quality

CAZ Stories is a series of articles that spotlight the significant impact of Clean Air Zones on diagnosing and improving indoor air quality issues for businesses in Indonesia.

Browse the articles below to read some of the inspiring CAZ Stories.



[CAZ Stories: Nafas Improved Indoor Air Quality by 89% at Mighty Minds Preschool](#)



[CAZ Stories: How Nafas Reduced Indoor Pollution by 70% at AC Ventures Office](#)



[CAZ Stories: A Threefold Improvement in Indoor Air Quality at Pace Performance](#)

Download the app and check the air quality in your area now!



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